



The Beacon

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Worcester Area Intergroup

100 Grove St., Suite 314

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www.aaworcester.org

Office Hours:

Monday 10am-2pm

Tuesday 10am-8pm

Wednesday 10am-2pm

Thursday 10am-8pm

Friday 10am-2pm

Saturday 9am-2pm

Sunday CLOSED

The Beacon Staff: January 2010 to December 2010

Editor: Michelle G.

Beacon Committee: Joe P. and John H.

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H.A.L.T. LINE NEWS

Thank you to all the new H.A.L.T. line Volunteers! We still have hours available that need to be covered on the H.A.L.T. line.
WE NEED YOUR HELP!!!

What is the HALT line? One alcoholic talking to another alcoholic. Isn't that what AA is all about?

"Talk to a drunk", you may be the link in the chain that could save their life.

What volunteers do:

- Give out current meeting list information.
- Talk and/or listen to a sober alcoholic in danger of picking up a drink.
- Talk to those seeking help with their drinking problem.

What do you need to volunteer?

A phone

One year of sobriety is recommended.

Meeting list

A phone (touch tone or cell phone)

An hour of your time.

Great way to do service without leaving your home.

If you would like information please email haltline@aaworcester.org or call Ferne at (508) 847 - 3802. Will train the right candidate - great pay - HUGE REWARDS! From time to time the HALT Line will be rewarding volunteers for their time and dedication by awarding someone with a subscription to the GRAPEVINE. Not only will this be a bonus for the lucky person but will help keep the struggling Grape-

Local Service Meetings

Intergroup Steering Committee - St. Mary of the Hills 630 Cross St
Boylston - 2nd Thursday of each month—6:00pm

Intergroup Delegates - St. Mary of the Hills 630 Cross St Boylston -
2nd Thursday of each month—7:00pm

Joint Public Information Committee— Worcester Area Intergroup Of-
fice 100 Grove St. Suite 314—4th Monday of each month—7:00pm



STEP SIX: Were entirely ready to have God remove all these defects of character.

TRADITION SIX: An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.

TRADITIONS CHECKLIST:

Tradition Six:

An AA group ought never endorse, finance, or lend the AA name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.

Should my fellow group members and I go out and raise money to endow several AA beds in our local hospital?

Is it good for a group to lease a small building?

Are all the officers and members of our local club for AAs familiar with "Guidelines on Clubs" (which is available free from GSO)?

Should the secretary of our group serve on the mayor's advisory committee on alcoholism?

Some alcoholics will stay around AA only if we have a TV and card room. If this is what is required to carry the message to them, should we have these facilities?

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On-Line 12 Steps & 12 Traditions, Articles, and Tradition Checklists

www.aagrapevine.org

Traditions Checklist

These questions were originally published in the AA Grapevine in conjunction with a series on the Twelve Traditions that began in November 1969 and ran through October 1971. While they were originally intended primarily for individual use, many AA groups have since used them as a basis for wider discussion.

Are you willing to CARRY THE MESSAGE to an alcoholic in need?

Are you willing to help an alcoholic in need? The intergroup delegates are working to devise an updated list of people willing to volunteer for "12 Step calls". This information will be kept CONFIDENTIAL and only be used by the HALT line chair and other appropriate individuals. Please complete the "12 Step Volunteer Application" on page 6 and return to your groups Intergroup representative or drop of at the Intergroup office. You may also mail the completed application to: Worcester Area Intergroup 100 Grove St, Suite 314 Worcester, MA 01605

DAILY REFLECTIONS EXCERPTS

A Changed Outlook

Our whole attitude and outlook upon life will change.

ALCOHOLICS ANONYMOUS, p. 84

When I was drinking, my attitude was totally selfish, totally self-centered; my pleasure and my comfort came first. Now that I am sober, self-seeking has started to slip away. My whole attitude toward life and other people is changing. For me, the first "A" in our name stands for *attitude*. My attitude is changed by the second "A" in our name which stands for *action*. By working the Steps, attending meetings, and carrying the message, I can be restored to sanity. Action is the magic word! With a positive, helpful attitude and regular A.A. action, I can stay sober and help others to achieve sobriety. My attitude now is that I am willing to go to any length to stay sober!

Living Our Amends

"Years of living with an alcoholic is almost sure to make any wife or child neurotic. The entire family is, to some extent ill."

ALCOHOLICS ANONYMOUS, p. 122

It is important for me to realize that, as an alcoholic, I not only hurt myself, but also those around me. Making amends to my family, and to the families of alcoholics still suffering, will always be important. Understanding the havoc I created and trying to repair the destruction, will be a lifelong endeavor. The example of my sobriety may give others hope, and faith to help themselves.

"A.A. Regeneration"

Such is the paradox of A.A. regeneration: strength arising out of complete defeat and weakness, the loss of one's old life as a condition for finding a new one.

A.A. COMES OF AGE, p. 46

A thousand beatings by John Barleycorn did not encourage me to admit defeat. I believed it was my moral obligation to conquer my "enemy-friend." At my first A.A. meeting I was blessed with a *feeling* that it was all right to admit defeat to a disease which had nothing to do with my "moral fiber." I knew instinctively that I was in the presence of a great love when I entered the doors of A.A. With no effort on my part, I became aware that to love myself was good and right, as God had intended. My feelings set me free, where my thoughts had held me in bondage. I am grateful.

A Gift That Grows With Me

For most normal folks, drinking means conviviality, companionship and colorful imagination. It means release from care, boredom and worry. It is joyous intimacy with friends and a feeling that life is good.

ALCOHOLICS ANONYMOUS, p. 151

The longer I chased these elusive feelings with alcohol, the more out of reach they were. However, by applying this passage to my sobriety, I found that it described the magnificent new life made available to me by the A.A. program. "It" truly does "get better" one day at a time. The warmth, the love and the joy so simply expressed in these words grow in breadth and depth each time I read it. Sobriety is a gift that grows with time.

ANNIVERSARIES: The Greendale group will be celebrating their **61st Anniversary** on Friday June 18th! Food will be served at 7:30 p.m., prior to the meeting. The meeting will be held from 8:30p.m.—10:00 with **no breaks**.

MEETING NEWS

NEW MEETING: Closed Women's 12 step meeting in Charlton. Will be held on Wednesday nights at the Charlton City Depot Mill, 6 City Depot Rd. Meeting from 6:15—7:15.

THE GRAPEVINE: AA's meeting in print IS IN TROUBLE! PLEASE HELP BY PURCHASING A SUBSCRIPTION!

The AA Grapevine is the international journal of Alcoholics Anonymous. Written, edited, illustrated and read by AA members and others interested in the AA program of recovery from alcoholism, the Grapevine is a lifeline linking one alcoholic to another. The AA Grapevine communicates the experience strength and hope of its contributors and reflects a broad geographic spectrum of current AA experience with recovery, unity and service. ©GRAPEVINE

7 Issues = \$17

1 year (12 Issues) = \$27

You may order the Grapevine in one of three ways

1. Call 1 (800) 631-6025
2. Online at: <http://www.aagrapevine.org/catalog/shopgvsuborder.php>
3. Mail completed subscription form (see below) with payment to: GRAPEVINE; PO Box 422488; Palm Coast, FL 32142-6997

<p>YES I want to receive the experience, strength, and hope of Grapevine.</p> <p><input type="checkbox"/> 7 issues \$17 <input type="checkbox"/> 1 year (12 issues) \$27</p> <p>ORDER NOW!</p>	<p>Name _____</p> <p>Address _____</p> <p>City _____ State/Province _____ Zip/Postal Code _____</p> <p>Country _____</p> <p>Email address _____</p>
<p>PAYMENT METHOD:</p> <p><input type="checkbox"/> Check/money order enclosed for \$ _____ . <input type="checkbox"/> Bill me.</p> <p>Charge my <input type="checkbox"/> Visa <input type="checkbox"/> Mastercard _____ / _____ Exp. Date _____</p> <p>Card Number _____</p> <p>Signature _____</p>	
<p><small>Make checks or money orders payable to Grapevine and mail to PO Box 422487, Palm Coast, FL 32142-2487, Canadian orders: 7 issues US \$21, 1 year (12 issues) US \$31; GST included. Outside the US or Canada 7 issues US \$29; 1 year US \$39.</small></p>	
<p>Order by phone 1-800-631-6025 (US) 1-386-246-0148 (International)</p> <p><small>AA Grapevine does not accept group contributions. It is self-supporting through the sale of magazine subscriptions and Grapevine items. Grapevine and all Grapevine items are mailed in packaging that protects anonymity.</small></p> <p>60DHHH</p>	

Intergroup Officers & Committee Chairpersons

Position	Name	email address
Chairperson	Billy B.	chair@aaworcester.org
Alt. Chair	Maura R.	
Secretary	Marc B.	secretary@aaworcester.org
Treasurer	Dot B.	treasurer@aaworcester.org
Alt. Treasurer	Ginny S.	
Trustees	Bob L., Joe N., Michelle N., Mike B.	
Office Manager	John H.	steps@aaworcester.org
Joint Treatment Facilities	Rich D.	treatment@aaworcester.org
Joint Correctional Facilities	Joe N.	corrections@aaworcester.org
Halt Line	Ferne S.	haltline@aaworcester.org
Social Committee	Maura R.	social@aaworcester.org
Joint Public Information	Hermis Y. (Junior)	pichair@aaworcester.org
Webmaster	John H.	webmaster@aaworcester.org
Joint Alcathon Committee	Michelle N.	
Beacon Editor	Michelle G.	beacon@aaworcester.org
Liaison to District 25	Jane P.	
Liaison to District 26	Richard M.	
Liaison to Area 30	Richard M.	

From the Office Manager

Worcester Area Intergroup (WAI) has UPDATED MEETING LISTS AVAILABLE at the Intergroup office. Also, don't forget the WAI office now accepts credit cards.

UPCOMING AA EVENTS

First Annual District 25 Family Picnic

All AA's and their families are welcome. SUNDAY June 27, 2010. Noon - 4:00 PM
Green Hill Park Pavilion Worcester, MA

Bring a chair or blanket and joint the fun. Fellowship and sharing.

PETTING ZOO and playground for the kids

BRING YOUR OWN BURGERS!! (or hotdogs, sandwiches, etc.)

GRILLS WILL BE AVAILABLE

Bring a dish to share. Coffee and Soda will be provided.

For more information contact: Linda V (508)277-0877; Rich D (508)340-3210

AA Literature donations for inmates accepted



Subscription

Form

Please fill out form, enclose your payment, and mail to
The Beacon
 100 Grove Street Suite 314
 Worcester Mass. 01605

NAME _____

ADDRESS _____

CITY/STATE _____ ZIP _____

COUNTRY (If other than USA) _____

E-MAIL ADDRESS _____

Subscriptions to The Beacon are \$5.00 per year to defray the cost of production and postage. Additional donations from members are gratefully accepted. Worcester Area Intergroup is a non-profit organization, dependent on members' contributions. Please make checks payable to Worcester Area Intergroup.

12 Step Volunteer Application

Name (First name and last initial): _____

Telephone Number: _____

Towns you will accept calls from: _____

Hours that you are available: _____

I wish to help: Males Only Females Only Both

Ages I am willing to work with: Teens 20 to 30 30 to 40 40 to 50 50 to 60 Over 60

Other (Please specify) _____

MAIL TO: Worcester Area Intergroup
100 Grove St., Suite 314
Worcester, MA 01605

I am willing to: (please circle all that apply)

Talk to a person on the phone Go to a persons home to talk *

Give rides to AA Meetings Give rides to Detox *

Meet someone at a meeting Other (please specify) _____

*It is suggested that a person NOT go on a twelfth step call alone to help an alcoholic who is still suffering. Also you should NOT drive a wet drunk to a treatment facility (detox) without having another A.A. member with you. If you circled either of these items, please be sure that you have another member of A.A. that is willing to go along with you.