

Worcester Area Intergroup



The **Beacon Weekly**

100 Grove St.,
Suite 314
Worcester MA
01605
(508) 752-9000
(508) 752-0755 (fax)

aaworcester.org

Intergroup Office
Is **CLOSED** until
further notice.

Please call the office
number (shown
above) or email the
Office Manager
(shown below) for
any assistance

The Beacon Weekly Staff

1/2020 — 12/2020

Editor:

John McL
beacon@
aaworcester.org

Office Manager:

Brandy H
officemanager@
aaworcester.org

Keep the chain
going— Pass this
Along

Let us know how
we are doing—
beacon@
aaworcester.org



COVID-19 restrictions pose serious challenges to those in recovery



ABC News NIGHTLINE — <https://abcnews.go.com/Nightline/video/covid-19-restrictions-pose-challenges-recovery-70782123>

District 25 Virtual Scavenger Hunt

When: Friday May 29 6:45PM **Where:** Your home/Zoom, duh!

Meeting ID: 9464 507 6283 **Password:** Hunt

Fellowship 6:45PM —7:15PM Come early to get ready for the fun! The Hunt will begin at 7:15PM and all participants will be placed in a 'breakout room' - so be on time!

See the flyer on page 17

The opinions expressed herein are not to be attributed to A.A. as a whole, nor does the publication of any article imply an endorsement by either A.A., General Services nor Intergroup.



WAI's VIRTUAL LOCAL MEETING SUPPORT APP SOME AREA MEETINGS RESUMING IN-PERSON

<https://so7ey.glideapp.io/>

Worcester Area Intergroup's home page features a Virtual Meeting box with a link to a Web App for WAI activities. There is also spreadsheet listing Virtual A.A. meetings in Massachusetts, and the Worcester area. <https://bit.ly/2WlpfBD> (left tab) The spreadsheet's left tab includes links to **184** meetings in the Central Mass. and surrounding areas.

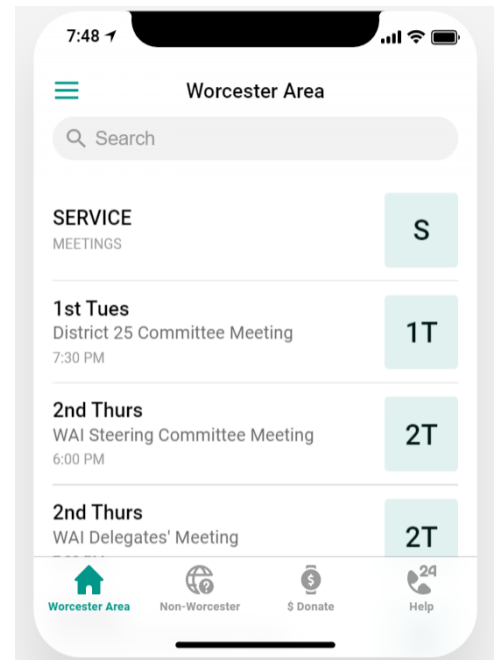


QR CODE
Scan with camera
to install WAI app –
(QR Code App
required)

Beginning this week, **some meetings are returning to in-person status—there are highlighted in yellow in the 'Notes' column on the right.**

[see illustration below]

There is also a link to the Virtual Meeting Request Form to submit a new meeting. The spreadsheet includes a second tab (the right tab) listing **66** online meetings in related areas. All meetings setup using the Worcester Intergroup account require a password to keep 'bots and hackers out — The password for attending is **Sober2020**



Boston Central Service meeting list — https://drive.google.com/drive/u/0/folders/12-gRXU_fNZ2ggNxI2KdCbzODwR9mNvVW
109 meetings

These meetings are not associated with Worcester Area Intergroup. Any questions or concerns must be directed to the meeting itself.

Day	Time (ET)	Meeting Name	Topic/Meeting Format	ZOOM Link	Meeting ID	Password	Phone Number	Notes
Saturday	5:00 PM	RDU Fellowship	Boston Saturday Speaker Discussion	https://zoom.us/j/9963323885	996 332 3885	None	1 929 436 2866	
Saturday	10:00 PM	1 Day at a Time	1 Day at a Time	https://zoom.us/j/773878425	773 878 425	None	1 646 876 9923	
Saturday	10:00 PM	Sober Voices Group	Daily Reflections	https://sites.google.com/site/aatelephonemeetings/home		654443#	1 712 432 0075	Also meeting in person at regular location
		s Group	AA Topic Discussions	https://sites.google.com/site/aatelephonemeetings/home		654443#	1 712 432 0075	

Worcester Area meeting list

Non-Worcester Area meeting list

Yellow Highlight — In-Person Meetings Resuming



Step Five -

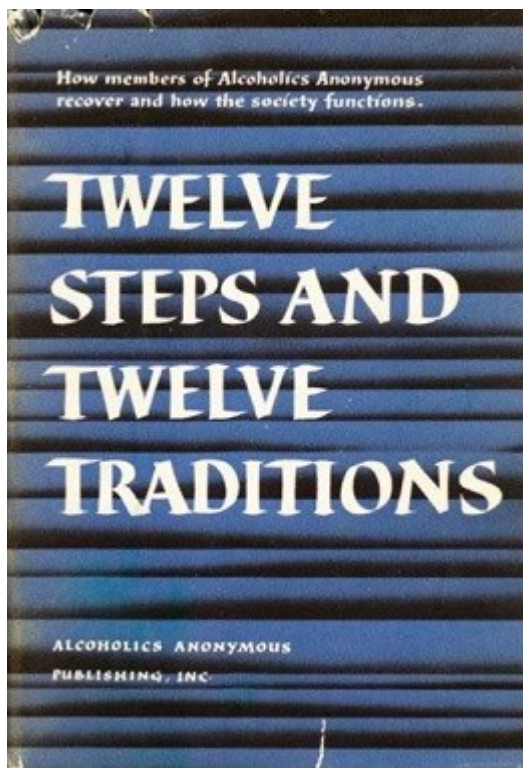
“Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.”

‘Forgiveness’

“Through the vital Fifth Step, we began to get the feeling that we could be forgiven, no matter what we had thought or done.

Often it was while working on this Step with our sponsors or spiritual advisers that we first felt truly able to forgive others, no matter how deeply we felt they had wronged us.

Our moral inventory had persuaded us that allround forgiveness was desirable, but it was only when we resolutely tackled Step Five that we inwardly knew we'd be able to receive forgiveness and give it, too. “



Cover of the First Edition
of the 12&12, 1953

TWELVE AND TWELVE, P. 57, 58 © 1953 AA World Service New York, NY



Local A.A. Meetings adapt to social distancing (Omaha NE)

<https://www.3newsnow.com/news/local-news/local-a-a-meetings-adapt-to-social-distancing>



OMAHA, Neb. (KMTV) -- — Through these difficult times, local groups with Alcoholics Anonymous want you to know that they're still having meetings just in a different way.

The Omaha Area Central Office of Alcoholics Anonymous indicates there haven't been in person meetings for 6-8 weeks but they have still been getting together to help each other.



Physically Distanced but Digitally Connected The Alcoholics Anonymous Message Carries On Amid Coronavirus (COVID-19) - (From: GSO)

A.A. in the digital age has certainly taken on a new meaning in these challenging times. Alcoholics Anonymous is not a place or an event; it exists in the hearts, minds and help freely offered by its members.

Most recently, Coronavirus (COVID-19) has affected many A.A. groups that normally would meet in-person. The General Service Office (G.S.O.) of Alcoholics Anonymous U.S./Canada, which functions as a repository for A.A. members and groups who are looking for shared experience from the A.A. Fellowship, has some general experience to share regarding this issue.

Some A.A. members have shared that meeting online has been an adjustment and has at times had its challenges. Adhering to state/provincial and federal guidelines, many A.A. members have switched from “in-person” meetings to digital meetings, on platforms such as Zoom, Google Hangouts, Conference Calls, GoToMeeting and What's App, allowing the group to continue to focus on A.A.'s primary purpose: to carry its message of recovery to the alcoholic who still suffers.

In a sense, however, this current experience is not necessarily new for A.A. From its earliest beginnings, the A.A. founders recognized the need to reach beyond the face-to-face transmission of the A.A. message, giving rise to the development of A.A.'s basic text, the book *Alcoholics Anonymous*. This book and other A.A. materials which are widely available on multiple platforms – digital, audio and video – has literally circled the globe and opened the door to recovery for thousands of alcoholics looking for help. Even prior to this pandemic many A.A. members around the world – whether homebound, living in remote areas, or service members stationed in far-flung places – have counted on participating in A.A. remotely through A.A. literature, phone calls with other members, correspondence by letter or email and meetings online.

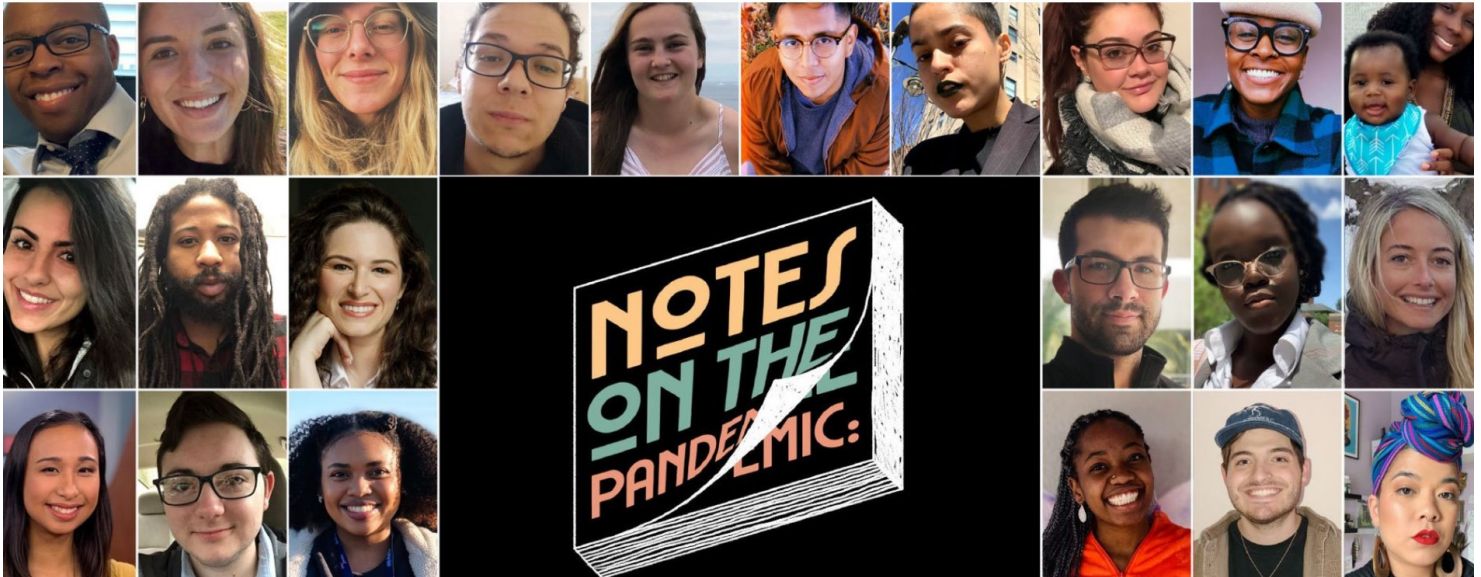
While many A.A. members are for the first time reporting the shift from in-person meetings to digital platforms, for many alcoholics around the world, remote connections and digital platforms are how they initially encountered and maintain their recovery in A.A. even prior to the pandemic.

Many A.A. groups have shared with G.S.O. that they are now finding great connection in digital meetings and want to offer that same experience to anyone who has yet to attend their first meeting.

There are a number of other A.A. resources as well and those seeking help with a drinking problem can get local A.A. information through G.S.O.'s website https://www.aa.org/pages/en_US/find-aa-resources or download G.S.O.'s free of charge A.A.W.S. Meeting Guide App.



THE WALL STREET JOURNAL.



Notes on the Pandemic—Dealing With the Coronavirus

‘We are all living in limbo now, trying to adjust, day by day, to the realities of life in the era of Covid-19. Some of us are battling the virus itself, or trying to cope as it attacks people in our lives. Others are grappling with campus and workplace closures, job losses, risky working conditions, moves back home, relationship strains, and uncertainty.’

<https://www.wsj.com/articles/dealing-with-the-coronavirus-11584656767>

READING EAGLE

Those struggling with addiction are among those caught in the pandemic's wake

https://www.readingeagle.com/coronavirus/those-struggling-with-addiction-are-among-those-caught-in-the-pandemics-wake/article_4b13ff26-9acc-11ea-b387-83e8ed9c8f39.html



A.A.— Related Podcasts—Another Tool to Stay Sober during the COVID-19 Crisis

Dozens of different topic areas plus daily readings

Well....now that are all digital media and A.A. virtual meeting professionals, more digital recovery tools are available at—

<https://player.fm/podcasts/Alcoholics-Anonymous>

Hosted at Player.FM, this site offers a library of podcasts on recovery, the 12 Steps, and content produced by individuals and Alcoholics Anonymous groups across the country including an A.A. radio show —

<https://player.fm/series/alcoholics-anonymous-radio-show-2336394>



<https://play.google.com/store/apps/details?id=fm.player>



<https://apps.apple.com/us/app/podcast-app-by-player-fm/>



Meditation: A simple, fast way to reduce stress

Meditation can wipe away the day's stress, bringing with it inner peace. See how you can easily learn to practice meditation whenever you need it most.

Did you know that with just a minute a day, you can decrease stress and anxiety with meditation? We are a busy society that thrives off of a crammed schedule and

multi-tasking. Just taking a moment to quiet our mind has amazing benefits.

Meditation can also reduce the potential negative effects of anxiety, chronic pain, depression, heart disease and high blood pressure.

"The heart rate drops, your respiratory rate drops. There is decreased oxygen consumption, decreased carbon dioxide expired. The body is healing itself and starting repair." For more information on the benefits of meditation, go to:

<https://www.mayoclinic.org/tests-procedures/meditation/in-depth/meditation/art-20045858>



Alcoholics Anonymous Mumbai Using Virtual Meetings To Cope With Lockdown Stress

Battling addiction during enforced isolation is far from easy, but Alcoholics Anonymous Mumbai is using virtual meetings and daily voice calls to keep the fight alive

“In Mumbai, members of Alcoholics Anonymous (AA), a social support network for those trying to achieve recovery, found themselves cut off from peer support when a national lockdown was announced in March to facilitate isolation and break the chain of the Coronavirus outbreak. Like for many others, technology has come to the rescue.

Sessions that were scheduled in schools, hospitals and churches, are now held using the Zoom app. Since the lockdown. AA has conducted 200 online meetings across India, including with members in Jammu and Shillong, across languages.”

<https://www.mid-day.com/articles/we-are-anonymous-but-not-alone/22803227>

Group Anniversary— It All Starts Here Beginners Meeting 7th Anniversary—Sunday – 6/7/2020

2 Great speakers!

Zoom Meeting ID# 320-501-517 Password – Sober2020

See the flyer on page 18

WAI's ONLINE BOOKIE EXCHANGE

The WAI Bookie Exchange portal enables Bookies from local towns to quickly find groups seeking commitments and/or post a request.

Open slots are listed by town.

Contact — BookieXchange.aaWorcester.org

PAIN

“In every A.A. story, pain has been the price of admission into a new life. But this admission price purchased more than we expected. It let us to a measure of humility, which we soon discovered to be a healer of pain. We began to fear pain less, and desire humility more than ever.” TWELVE AND TWELVE, P. 75



Find a Meeting—Local or Anywhere!

Find a local meeting fast on a Map, a grid, or on a list!

MeetingMap.aaWorcester.org



Alcoholics Anonymous World Services Meeting Guide

The official Meeting Guide is a free of charge meeting finder app for iOS and Android that provides meeting information from A.A. service entities in an easy-to-access format. Meeting Guide syncs with area, district, intergroup/central offices and international General Service Office websites (some of which are listed on A.A. Near You), relaying meeting information from more than 300 A.A. service entities directly to you. Over 100,000 weekly meetings are currently listed, and the information is refreshed twice daily. This app gives A.A. service entities full control of their local meeting information while collecting it in one place, making it easy for anyone to find a meeting.

New & Enhanced Features

Search — Find A.A. meetings by name or location, in addition to day and time

Daily Reflections — a selection of reflections by and for A.A. members

Enhanced location functionality

Expanded user interface, with a new menu bar and “Contact” feature.

“News” — Learn about events at the General Service Office (G.S.O.) and Grapevine, as well as information about updates within the app.



<https://play.google.com/store/apps/details?id=org.meetingguide>



[apps.apple.com > app > meeting-guide](https://apps.apple.com/app/meeting-guide)

Google Play and the Google Play logo are trademarks of Google LLC. The App Store and iOS are registered trademarks of Apple Inc.

Treatment Facilities Service Opportunities

Due to COVID-19, treatment commitments are being revamped. Contact the Treatment Committee for updates—Raymond M.—treatment@aaworcester.org



The GRAPEVINE AND LA VIÑA ARE HERE TO HELP

Home Group

Spanish issues



APRIL 2020



LA VIÑA

Due to the current COVID-19 pandemic, many AA meetings across the U.S. have closed. To help members during this time, The AA Grapevine, Inc., publisher of the *International Journal of Alcoholics Anonymous*, is providing free access to most of 2020's *Grapevine* and *La Viña* issues. The AA Grapevine, Inc., notes, "Grapevine and *La Viña* were created for such a time as this." See this link to download available issues: [<https://www.aagrapevine.org/we-are-here-to-help>]

Please share with your fellows.

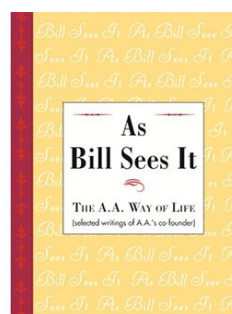
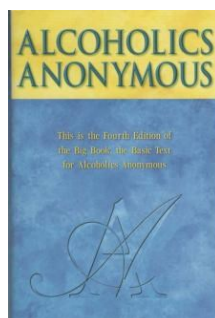
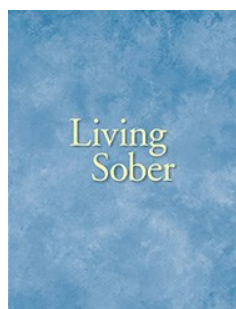
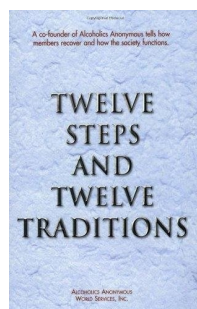
Worcester Area Intergroup's Online Bookstore

WAI has launched a new Online Bookstore, enabling local A.A.'s to order coins, books, and cards. The site also includes a printable PDF listing these items, which can be filled out and mailed in if that is more convenient for some buyers.

If you don't know it, sales of books and other items from the WAI Bookstore helps support local A.A. activities (such as the Intergroup Office and Alcathons), so help the local recovery community by buying your A. A.-related items from the WAI bookstore. Gift certificates are now available for the WAI Bookstore and can be used for anything in the bookstore or for special orders.

Find it here: <http://bookstore.aaworcester.org>

Please remember to check off the 'shipping' box—we are not offering in-person orders. Please remember to close out the transaction after Paypal returns you to the bookstore.



VIRTUAL A.A. MEETINGS WORLDWIDE

The COVID-19 crisis isn't only happening in the U.S. Worldwide, A.A.'s have stepped up to the challenge of service to their fellows by launching virtual meetings almost everywhere A.A. is— we count **1,082** meetings here:

www.bit.ly/aaonline2020





Worcester Area Intergroup Information

Until further notice, the Intergroup Steering Committee, District 25 meeting and Intergroup Delegates monthly meeting has been changed to a virtual event—

Information for these meetings is listed at the top of the virtual meeting list at aaworcester.org.

**The Intergroup meetings occur the second THURSDAY of each month.*

District 25 General Service Committee—meets first Tuesday of the month 7:30 pm

District 26 General Service Committee—Madonna of the Holy Rosary Church Hall, 118Theresa St., Fitchburg, meets first Thursday of the month 7:00pm AA members welcome—please come join us!

AREA 30 Eastern Mass. General Service Committee — Belmont / Watertown United Methodist Church 421 Common St., Belmont—4th Wednesday 8:00pm

Intergroup Officers & Committee Chairpersons (as of 5/26/20)

<u>Position</u>	<u>Name</u>	<u>email address</u>	<u>Bold = new in 2020</u>
Chairperson	Steve O	chair@aaworcester.org	
Alt. Chair	OPEN	altchair@aaworcester.org	
Secretary	Hilary D	secretary@aaworcester.org	
Alt. Secretary	OPEN	altsecretary@aaworcester.org	
Treasurer	Ted K	treasurer@aaworcester.org	
Alt. Treasurer	OPEN	alttreasurer@aaworcester.org	
Trustee	Fred F.	trustee1@aaworcester.org	
Trustee	Kim N.	trustee2@aaworcester.org	
Trustee	Alice B.	trustee3@aaworcester.org	
Trustee	Emily D.	trustee4@aaworcester.org	
Office Manager	Brandy H.	officemanager@aaworcester.org	
Alcathon (WAI)	Brandy H.	alcathon@aaworcester.org	
Beacon Editor	John Mcl	beacon@aaworcester.org	
Treatment Facilities	Raymond M.	treatment@aaworcester.org	
Corrections	Steve O.	corrections@aaworcester.org	
HALTline	Donna H.	haltline@aaworcester.org	
Liaison to District 25	Steve O.		
Liaison to District 26	Jenn C.		
Liaison to Area 30	Jim B.		

Worcester Intergroup Service Opportunities—Step Up!

Worcester Intergroup has three open positions (see above) for A.A.'s seeking an opportunity to serve — Please contact officemanager@aaworcester.org for more info



Online Intergroup—Online Meetings Directory

<http://aa-intergroup.org/directory.php>

The Online Intergroup URL listed is a resource and starting point for finding an online meeting format and time that suits you, including by Email, Chat (text), Audio/Video, Discussion Forums, and Telephone

Online Intergroup
Alcoholics Anonymous®
www.aa-intergroup.org

Get Help Now | Online Meetings | Worldwide Events | About AA | Members

Čeština/Slovenčina | Dansk | Deutsch | Español | Farsi | Français | Ελληνικά | Italiano
日本語 | Polski | Português | Russki | Slovenčina | Svenska

The Directory lists different meeting formats—Regular, Men/Women, Men only, Women only, Gay/Lesbian/Bisexual/Transgender, Deaf/Hard of Hearing, Blind/Visually Impaired, Loners/Internationalists, Atheist/Agnostic, Regional / Ethnic, Profession Specific, Closed or Open

This directory lists over 100 different Groups—each group hosting from 1 to more than a dozen scheduled ‘meetings.’ Each group listed displays how to connect or enter the group, the time(s) of the meetings (in local or Daylight Savings time), a brief description of the format style of the meeting, and URLs/telephone numbers or other relevant access info. Besides English, the list includes meetings offered in 12 other languages, and, meetings hosted in the U.S., Canada, and many other countries.

The Directory also offers information on the Guidelines for Submitting a Meeting for incorporation in the Directory here: http://aa-intergroup.org/directory_form.php

The Directory offers a confidential “Get Help Now” page, a Calendar section displaying info on A.A.-related local, regional, national and international A.A.-related events.

The Online Intergroup aids its member groups in their common purpose of carrying the AA message to the alcoholic who still suffers.



NOTICE ABOUT EXTERNAL LINKS This newsletter provides links to other websites, including websites affiliated with other organizations. Linking to any other website, including but not limited to websites affiliated with other organizations inside the Alcoholics Anonymous (A.A.) service structure, does not constitute the endorsement, sponsorship, or approval of such other website by Alcoholics Anonymous World Services, Inc. (A.A.W.S.), or any products, services, or content displayed, provided, promoted, or offered by such other website. Please be aware that A.A.W.S. is not responsible for the content, practices, policies, or methods of any other website, including, without limitation, any other website's collection, dissemination, use, and protection of personal information, its use of tracking technology, or its level of computer security. Additionally, A.A.W.S. cannot attest to the accuracy, relevancy, timeliness, legality, or completeness of information provided by any other website.



SUPPORT LOCAL VIRTUAL MEETINGS and WAI

One element in online meetings which is different is that the digital world needs a special method to 'Pass the (Virtual) Basket' for the Seventh Tradition. Online hosting—(such as Zoom meetings) - cost money to operate, and area A.A. activities still need support to provide ongoing services, so a link to a contribution page is included [http://aaworcester.org/contribution_page.html] on www.aaworcester.org. Please help keep local A.A. resources available for the alcoholic who still suffers. Payment services charge WAI a *per transaction* fee - so when using them, please contribute less frequently but in larger amounts—reducing transaction fees. The contribution page offers PayPal or Square Cash/Cash App payment options, and both offer an app for download.



<https://www.paypal.com/>



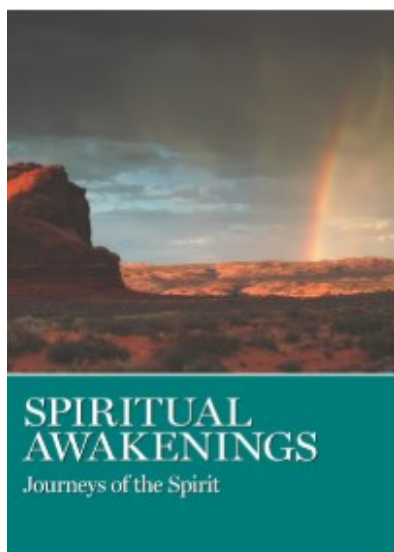
Square

[\\$WAIintergroup](#)

You can specify that your contribution be credited to your home group—and acknowledge that in your transaction. If your group is looking to add digital contributions, this link offers an overview adding a digital Seventh Tradition capability to a group — [<https://aasfmarin.org/online-contributions-your-digital-7th-tradition-guide-to-best-practices>] ('Best Practices For a Digital 7th Tradition').

GRAPEVINE Daily Quote

May 27, 2020



"If I was to recover the wholeness, the oneness of my personality, if I truly wanted a rebirth of my human spirit, a taste of the joy of living, then ... I had to surrender, not only to alcohol as an alcoholic, but to life as a person."

April 1970, "A Gift That Surpasses Understanding," 'Spiritual Awakenings'

<https://store.aagrapevine.org/spiritual-awakenings-journeys-of-the-spirit-soft-cover>



12 Step Volunteer Application

Name (First name and last initial): _____

Telephone Number: _____

Towns you will accept calls from: _____

Hours that you are available: _____

I wish to help (please circle *all* that apply): Males Only Females Only Both

Ages I am willing to work with people ages:

Teens

20 to 30

30 to 40

40 to 50

50 to 60

Over 60

I am willing to (please circle):

Talk to a person on the phone

Go to a persons home to talk *

Give rides to AA Meetings

Give rides to Detox *

Meet someone at a meeting

Other (please specify) _____

**It is suggested that a person NOT make a Twelfth Step call alone to help an alcoholic who is still suffering. Also you should NOT drive a wet drunk to a treatment facility (detox) without having another A.A. member with you. If you circled either of these items, please be sure that you have another member of A.A. that is available and willing to go along with you.*

Anniversary Donation

Name: _____

City/Home Group: _____

Sobriety Date: _____ Amt. Enclosed: _____

Mail to: **Worcester Area Intergroup**—address on page 1. All Anniversaries submitted will be published the month following submission. Please contact the newsletter Editor at beacon@aaworcester.org if an Anniversary has not been published for two months following submission.

HALT LINE NEEDS VOLUNTEERS

The Intergroup HALT line needs volunteers to cover open time slots. The HALT line is there to assist any alcoholic needing to find a meeting. This is service work that really matters.

See the flyer on page 16



OPTIONS FOR CREATING AN ONLINE MEETING

A. A. General Services offers suggestions and shared experiences for creating online meetings here— [https://www.aa.org/pages/en_US/options-for-meeting-online] This outline includes points to consider and links to other pages:

- Decide if you want to create your own online meeting or attend one that already exists.
- To create your own online meeting, choose a platform to use, and provide group members with relevant info/instructions for your meeting.

A.A. does not endorse any specific way to meet as a group digitally. Each group must decide what works best for their needs - and several providers offer information on how to use their platforms to set up an online meeting are -

- Google Hangouts/Meet
- Zoom
- Free Conference Call

Getting additional help

You may be able to request additional help and guidance on this topic by reaching out to your local A.A. office, technology committees, or the online Technology in A.A. forum [https://www.aa.org/pages/en_US/disclaimer?u=https://ttaa-forum.org/] Page 8 in this newsletter outlines issues of working with the popular Zoom platform.

NEED HELP? A.A. Worcester Intergroup offers in-depth user training called **Zoom Trooper Boot Camp**—training assistance for using Zoom—please contact Brandy, WAI Office Manager, for info: officemanager@aaworcester.org (508) 752-9000

In online meetings—don't forget Tradition Twelve

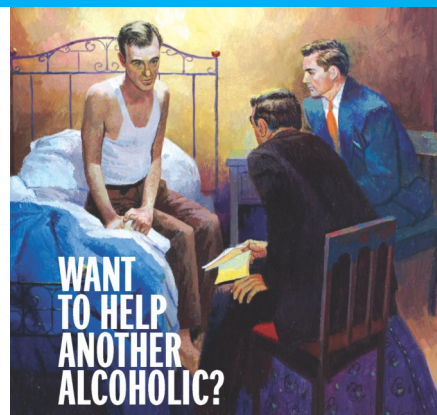
Especially in the digital universe—anonymity matters: See this link to a booklet including guidance and suggestions:

https://www.aa.org/assets/en_US/p-47_understandinganonymity.pdf

Want To Help Another Alcoholic?

Join Us in our 2020
*Carry The Message
Project*

To learn more, visit our website at
aagrapevine.org/carry-the-message
or visit our YouTube channel at
youtube.com/aagrapevine





A Guide to using Zoom as a Virtual Meeting Platform

Highlights from the New York Intergroup's suggestions for developing and managing virtual meetings using Zoom

<https://www.nyintergroup.org/remote-meetings/join-the-nyig-zoom-meeting-room/what-is-the-aa-zoom-room/nyig-zoom-room-support/>

The NYC Intergroup has a helpful guide for using Zoom as a virtual meeting platform, addressing topics such as:

- The Account Setup Guide, and, How to use Zoom
- A Guide for Meeting Chairs
- Managing anonymity in virtual meetings
- Support— Zoom offers support videos and other resources—explore <https://support.zoom.us>
- Member and Group resources

Virtual Meetings face their own challenges

Some A.A. groups hosting virtual meetings on Zoom have had problems with internet trolls who are jumping into public Zoom calls and using the screen-sharing feature to project graphic (and sometimes pornographic) content to unwitting conference participants, forcing hosts to shut down their events. This practice is apparently called “Zoom Bombing.”

Thankfully, the Inter-Group Association of A.A. New York offers a helpful 4 page guide, ‘**NYIG Toolkit for Handling Unwanted Meeting Disruptions**’ [download: https://www.nyintergroup.org/wp-content/uploads/2020/03/NYIG_Zoom-Protection-Guide_033020.pdf] addressing concerns such as:

- What should you do if your meeting is disrupted?
- Turn off a Participant's Video and Remove Participant, and, Locking a Meeting
- Preventing “Zoom Group Chat” Abuse, and, Preventing “Share Screen” Abuse

Zoom offers a security guide - How to Keep Uninvited Guests Out of Your Zoom Event — [<https://blog.zoom.us/wordpress/2020/03/20/keep-uninvited-guests-out-of-your-zoom-event/>]

WAI's ZOOM WARRIOR COMMITTEE TO THE RESCUE!!

Worcester Intergroup's new committee—The ZOOM Warriors— consists of 12 Zoom Warriors and 2 Honorary Warriors, along with over 70 Zoom Troopers, who's mission is to help keep local A.A. meetings going when our physical locations are closed by giving technical support to groups adding online sessions. Need help? The Warriors have a useful guide to Zoom, and, offer training assistance for using Zoom—contact Brandy, WAI Office Manager,



HALT Line Volunteers needed

What the HALT line is:

One alcoholic talking to another alcoholic --- Isn't that what A.A. is all about?

One might:

- *Give out meeting time and location information.
- *Talk and/or listen to a sober alcoholic in danger of picking up a drink.
- *Talk and/or listen to a sober alcoholic who is visiting the area.
- *Talk to a "drunk". You may be the link in the chain that could save their life.
- *Refer a caller to the Intergroup Office and inform them of the office hours.

This is a very easy way to do service from the convenience of your own home.

What you need to be a volunteer:

- *1 year of sobriety is suggested because the first year needs focus on recovery

<https://www.couricenter.com/story/news/health/2020/05/08/coronavirus-pandemic-boosts-suicide-alcohol-drug-death-predictions/3081706001/>

*Meeting lists (we suggest District 26 and Worcester Area). These are available free of charge from Worcester Area Intergroup and are available on the Website www.aaworcester.org or use the App MeetingGuide on your cell phone.



*3 or more hours of time during the week that you will be available to answer calls. This is done from your own home or cell phone. You do not have to answer as A.A. you can simply answer and when asked say you are "Answering for Worcester Area Intergroup, how can I help you?"



Please call Donna H., the HALT Line chair, at 508-735-8559 or email her at donnaaham@charter.net or send an email to haltline@aaworcester.org



JOIN US...

for the 1st ever District 25 Virtual Scavenger Hunt!!

When: Friday, May 29

Where: Your home/Zoom, duh!

Meeting ID: 946 4507 6283

Password: Hunt

Starts at 6:45pm

Goes until the game ends

Fellowship 6:45-7:15pm
Come early to get ready
for the fun!

GENERAL INFO:

“The hunt” will begin promptly at 7:15 and everyone will be placed in a breakout room at that point. So, be on time or you’ll miss the fun!

How “the hunt” works: Participants will be muted upon entry. There will be a moderator in each room who will announce the game rules and items to find around your home. The first person to find, unmute, and announce “got it” will receive a point. The person with highest score in each room will receive a prize.

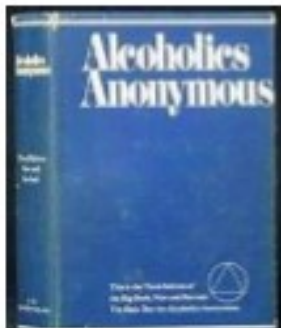




Join us via Zoom

7th Anniversary

It All Starts Here Beginners Meeting



Sunday – 6/7/2020 Meeting at 6:00

2 Great speakers!

Meeting ID# 320-501-517

Password – Sober2020

