



# The Beacon

Volume 12 Issue 5

May 2010

## Worcester Area Intergroup

100 Grove St., Suite 314

Worcester, MA 01605

(508) 752-9000

(508) 752-0755 (fax)

[www.aaworcester.org](http://www.aaworcester.org)

### Office Hours:

Monday 10am-2pm

Tuesday 10am-8pm

Wednesday 10am-2pm

Thursday 10am-8pm

Friday 10am-2pm

Saturday 9am-2pm

Sunday CLOSED

*The Beacon Staff:* January 2010 to December 2010

**Editor:** Michelle G.

**Beacon Committee:** Joe P. and John H.

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## H.A.L.T.LINE NEWS

**Thank you to all the new H.A.L.T. line Volunteers!** We still have hours available that need to be covered on the H.A.L.T. line.  
**WE NEED YOUR HELP!!!**

What is the HALT line? One alcoholic talking to another alcoholic. Isn't that what AA is all about?

*"Talk to a drunk", you may be the link in the chain that could save their life.*

### What volunteers do:

- Give out current meeting list information.
- Talk and/or listen to a sober alcoholic in danger of picking up a drink.
- Talk to those seeking help with their drinking problem.

### What do you need to volunteer?

A phone

One year of sobriety is recommended.

Meeting list

A phone (touch tone or cell phone)

An hour of your time.

### Great way to do service without leaving your home.

If you would like information please email [haltline@aaworcester.org](mailto:haltline@aaworcester.org) or call Ferne at (508) 847 - 3802. Will train the right candidate - great pay - HUGE REWARDS! From time to time the HALT Line will be rewarding volunteers for their time and dedication by awarding someone with a subscription to the GRAPEVINE. Not only will this be a bonus for the lucky person but will help keep the struggling Grapevine afloat.

## Local Service Meetings

**Intergroup Steering Committee** - St. Mary of the Hills 630 Cross St  
Boylston - 2nd Thursday of each month—6:00pm

**Intergroup Delegates** - St. Mary of the Hills 630 Cross St Boylston -  
2nd Thursday of each month—7:00pm

**Joint Public Information Committee**— Worcester Area Intergroup Of-  
fice 100 Grove St. Suite 314—4th Monday of each month—7:00pm



On-Line 12 Steps & 12 Traditions, Articles, and Tradition Checklists

[www.aagrapevine.org](http://www.aagrapevine.org)

#### Traditions Checklist

These questions were originally published in the AA Grapevine in conjunction with a series on the Twelve Traditions that began in November 1969 and ran through October 1971. While they were originally intended primarily for individual use, many AA groups have since used them as a basis for wider discussion.

**STEP FIVE:** Admitted to God, to ourselves and to another human being the exact nature of our wrongs.

#### **TRADITION FIVE:**

Each group has but one primary purpose — to carry its message to the alcoholic who still suffers.

#### **TRADITIONS CHECKLIST:**

*Tradition Five: Each group has but one primary purpose - to carry its message to the alcoholic who still suffers.*

Do I ever cop out by saying, "I'm not a group, so this or that Tradition doesn't apply to me"?

Am I willing to explain firmly to a newcomer the limitations of AA help, even if he gets mad at me for not giving him a loan?

Have I today imposed on any AA member for a special favor or consideration simply because I am a fellow alcoholic?

Am I willing to twelfth-step the next newcomer without regard to who or what is in it for me?

Do I help my group in every way I can to fulfill our primary purpose?

Do I remember that AA old-timers, too, can be alcoholics who still suffer? Do I try both to help them and to learn from them?

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#### **Are you willing to CARRY THE MESSAGE to an alcoholic in need?**

Are you willing to help an alcoholic in need? The intergroup delegates are working to devise an updated list of people willing to volunteer for "12 Step calls". This information will be kept CONFIDENTIAL and only be used by the HALT line chair and other appropriate individuals. Please complete the "12 Step Volunteer Application" on page 6 and return to your groups Intergroup representative or drop of at the Intergroup office. You may also mail the completed application to: Worcester Area Intergroup 100 Grove St, Suite 314 Worcester, MA 01605

**DAILY REFLECTIONS EXCERPTS****HEALING HEART AND MIND**

*Admitted to God, to ourselves and to another human being the exact nature of our wrongs.*

TWELVE STEPS AND TWELVE TRADITIONS, P. 55

Since it is true that God comes to me through people, I can see that by keeping people at a distance I also keep God at a distance. God is nearer to me than I think and I can experience Him by loving people and allowing people to love me. But I can neither love nor be loved if I allow my secrets to get in the way.

It's the side of myself that I refuse to look at that rules me. I must be willing to look at the dark side in order to heal my mind and heart because that is the road to freedom. I must walk into darkness to find the light and walk into darkness to find the light and walk into fear to find peace.

By revealing my secrets—and thereby ridding myself of guilt—I can actually change my thinking; by altering my thinking. I can change myself. My thoughts create my future. What I will be tomorrow is determined by what I think today.

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**IT'S OKAY TO BE ME**

*Time after time newcomers have tried to keep to themselves certain facts about their lives. . .they have turned to easier methods. . .But they had not learned enough humility. .*

ALCOHOLICS ANONYMOUS, p. 72

Humility sounds so much like humiliation, but it really is the ability to look at myself—honestly accept what I find. I no longer need to be the "smartest" or "dumbest" or any other "est". Finally, it is okay to be me. It is easier for me to accept myself if I share my whole life. If I cannot share in meetings, then I had better have a sponsor—someone with whom I can share those "certain facts" that could lead me back to a drunk, to death. I need to take all the Steps. I need the Fifth Step to learn true humility. Easier methods do not work.

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**MEETING NEWS**

**MEETING CHANGES/MOVES:** The Westborough Sunday morning meeting has changed venue as of April 4th. (It will no longer be held at the National Grid building). The meeting will now be held at MA Veteran's Inc. 59 South Street in Shrewsbury. (The old Calvary Retreat Center). The meeting will now be called THE SHREWSBURY SUNDAY MORNING AA GROUP. It will still meet from 11:00 a.m. until Noon. The meeting is non-smoking and handicap accessible. Open speaker, all are welcome.

**NEW MEETING:** Closed Women's 12 step meeting in Charlton. Will be held on Wednesday nights at the Charlton City Depot Mill, 6 City Depot Rd. Meeting from 6:15—7:15.

**ANNIVERSARIES: Ashburnham Naukeg** meeting is celebrating their **50th Anniversary** on Sunday May 2. Food will be served at 5:00p.m. Meeting is from 6:15-7:30.

**Webster Triton** is celebrating their **44th Anniversary** on May 2. Food will be served at 6:00p.m. Meeting from 7:00-8:30p.m.

**Leominster Original** is celebrating their **57th Anniversary** on Monday May 10th. Coffee at 6:00p.m. and food will be served at 6:30p.m. Meeting is from 7:45-9:00p.m.

**Webster Forge** is celebrating their **Anniversary** on Wednesday 5/19. Food will be served at 7:00p.m. Meeting from 8:00-9:00p.m.

**The Greendale group** will be celebrating their **61st Anniversary** on Friday June 18th! Food will be served at 7:30 p.m., prior to the meeting. The meeting will be held from 8:30p.m.—10:00

### THE GRAPEVINE: AA's meeting in print

The AA Grapevine is the international journal of Alcoholics Anonymous. Written, edited, illustrated and read by AA members and others interested in the AA program of recovery from alcoholism, the Grapevine is a lifeline linking one alcoholic to another. The AA Grapevine communicates the experience strength and hope of its contributors and reflects a broad geographic spectrum of current AA experience with recovery, unity and service. ©GRAPEVINE

**7 Issues = \$17**

**1 year (12 Issues) = \$27**

You may order the Grapevine in one of three ways

1. Call 1 (800) 631-6025
2. Online at: <http://www.aagrapevine.org/catalog/shop/gvsuborder.php>
3. Mail completed subscription form (see below) with payment to: GRAPEVINE; PO Box 422488; Palm Coast, FL 32142-6997

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**Order by phone 1-800-631-6025 (US) 1-386-246-0148 (International)**

AA Grapevine does not accept group contributions. It is self-supporting through the sale of magazine subscriptions and Grapevine items. Grapevine and all Grapevine items are mailed in packaging that protects anonymity.

60DHHH

## Intergroup Officers & Committee Chairpersons

| <b>Position</b>               | <b>Name</b>                             | <b>email address</b>        |
|-------------------------------|---|-----------------------------|
| Chairperson                   | Billy B.                                | chair@aaworcester.org       |
| Alt. Chair                    | Maura R.                                |                             |
| Secretary                     | Marc B.                                 | secretary@aaworcester.org   |
| Treasurer                     | Dot B.                                  | treasurer@aaworcester.org   |
| Alt. Treasurer                | Ginny S.                                |                             |
| Trustees                      | Bob L., Joe N.,<br>Michelle N., Mike B. |                             |
| Office Manager                | John H.                                 | steps@aaworcester.org       |
| Joint Treatment Facilities    | <b><u>VACANT</u></b>                    | treatment@aaworcester.org   |
| Joint Correctional Facilities | Joe N.                                  | corrections@aaworcester.org |
| Halt Line                     | Ferne S.                                | haltline@aaworcester.org    |
| Social Committee              | Maura R.                                | social@aaworcester.org      |
| Joint Public Information      | Hermis Y. (Junior)                      | pichair@aaworcester.org     |
| Webmaster                     | John H.                                 | webmaster@aaworcester.org   |
| Joint Alcathon Committee      | Michelle N.                             |                             |
| Beacon Editor                 | Michelle G.                             | beacon@aaworcester.org      |
| Liaison to District 25        | Jane P.                                 |                             |
| Liaison to District 26        | Richard M.                              |                             |
| Liaison to Area 30            | Richard M.                              |                             |

### From the Office Manager

Worcester Area Intergroup (WAI) will be printing a new meeting list soon. Please submit any changes to your meeting schedule, location, etc. to the WAI office at (508) 752-9000 or [steps@aaworcester.org](mailto:steps@aaworcester.org). The list will be printed early May. Also, don't forget the WAI office now accepts credit cards.

### UPCOMING AA EVENTS

Recover, Unite, Serve...A Way Out Workshop  
Sponsored by The Way Out Group  
Sat. May 22nd at Burncoat Baptist Church  
475 Burncoat Street  
Worcester, MA 01606-1420  
Doors open at 8:30am  
Meetings 9am-3:30pm  
Light Breakfast and Lunch to be Served  
\$5 Dollar "Suggested" Donation  
Contact Person Kristi C. 508-304-8568



## Subscription

Form

Please fill out form, enclose your payment, and mail to  
**The Beacon**  
 100 Grove Street Suite 314  
 Worcester Mass. 01605

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY/STATE \_\_\_\_\_ ZIP \_\_\_\_\_

COUNTRY (If other than USA) \_\_\_\_\_ E

-MAIL ADDRESS \_\_\_\_\_

Subscriptions to The Beacon are \$5.00 per year to defray the cost of production and postage. Additional donations from members are gratefully accepted. Worcester Area Intergroup is a non-profit organization, dependent on members' contributions. Please make checks payable to Worcester Area Intergroup.

### 12 Step Volunteer Application

Name (First name and last initial): \_\_\_\_\_

Telephone Number: \_\_\_\_\_

Towns you will accept calls from: \_\_\_\_\_

Hours that you are available: \_\_\_\_\_

I wish to help: Males Only Females Only BothAges I am willing to work with: Teens 20 to 30 30 to 40 40 to 50 50 to 60 Over 60

Other (Please specify) \_\_\_\_\_

**MAIL TO: Worcester Area Intergroup**  
**100 Grove St., Suite 314**  
**Worcester, MA 01605**

I am willing to: (please circle all that apply)

Talk to a person on the phone Go to a persons home to talk \*Give rides to AA Meetings Give rides to Detox \*Meet someone at a meeting Other (please specify) \_\_\_\_\_

\*It is suggested that a person NOT go on a twelfth step call alone to help an alcoholic who is still suffering. Also you should NOT drive a wet drunk to a treatment facility (detox) without having another A.A. member with you. If you circled either of these items, please be sure that you have another member of A.A. that is willing to go along with you.