

#### Worcester Area Intergroup Newsletter

Volume 20 issue 4

April 2018

### EVENTS!

#### WAI Game Night and Pot Luck—April 6

- Friday, April 6th. Pot Luck dinner at 6pm, Meeting at 7pm, Board Games at 8pm.
- Trinity Church, 23 Main St., Northborough.
- Runs the first Friday of every month!
- For more info-contact Emily D. social@aaworcester.org

#### District 26 AA 14th Annual Comedy Night and Dinner

- Sponsored by District 26 Activities Committee
- Saturday, Ápril 14, 2018
- Knights of Columbus, 484 Lancaster St., Leominster, MA
- COFFEE: 6:00 pm / DINNER: 6:30 pm
- Amateur Joke Contest: 7:30 pm
- COMEDIANS: 8:00 9:30 PM
- Ticket Price: \$15.00 (Adult Comedy, No Children please)
- More information: www.aadistrict26.org.
- June S. 717-468-4264 or Karen M. 978-496-0500
- See the flyer on page 7 of the digital Beacon

#### **RECOVERY HIKE**

- Sponsored by District 26 Activities Committee
- Saturday, April 21, 2018, 9:30AM
- Doane's Falls and Tully Lake
- Meet at Tully Dam, Rt. 32, Royalston, MA at 9:30AM.
- $4\frac{1}{2}$  miles moderate hike. Bring water, lunch, snacks, bug spray, and wear weather appropriate clothing including boots.
- Questions— Dan B. 978-895-3979 See flyer on page 8 of the digital Beacon. Heavy rain cancels.

#### We need your help!

The Treatment Facilities Committee needs your help. There are hundreds of open commitment opportunities in Central Mass and we are looking for groups and/or individuals to step up and fill the void. If you or your group are interested please email us at treatment@aaworcester.org to learn more about how you can help.

<u>Worcester Area</u> <u>Intergroup</u>

100 Grove St., Suite 314 Worcester, MA 01605 (508) 752-9000 (508) 752-0755 (fax)

<u>www.aaworcester.org</u>

#### Office Hours:

Monday 10am-2pm Tuesday 10am-8pm Wednesday 10am-2pm Thursday 10am-8pm Friday 10am-2pm Saturday 9am-2pm Sunday CLOSED

#### The Beacon Staff

1/2018 — 12/2018

- Editor: John McI beacon@aaworcester.org

- Office Manager: Brandy H. officemanager@aaworcester.org.

The opinions expressed herein are not to be attributed to A.A. as a whole, nor does the publication of any article imply an endorsement by either A.A., General Services nor Intergroup. Comments, questions and articles may be directed to The Beacon.

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April 2018

Step Four:

I am responsible...

"Made a searching and fearless moral inventory of ourselves."

When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there.

#### The Fourth Tradition

"Each group should be autonomous except in matters affecting other groups or A.A. as a whole.."

A member who does any amount of traveling finds the A.A. spirit much the same everywhere. But apart from this inward kinship, there are vast differences among groups. Here, the traveler finds three members discussing the Steps in somebody's living room; there, 300 listening to speakers in a church auditorium. In one part of the U.S., respectful silence greets the speaker who begins, "My name is Ann, and I am an alcoholic." In another, everybody happily shouts, "Hi, Ann!" And in many other places, she may introduce herself with her full name—at a one-hour meeting or a 90minute meeting. In each neighborhood in every part of the world reached by A.A., the local group is free to work out its own customs.

As always, freedom brings responsibility. Because each group is autonomous, it's up to each group to avoid any action that might harm A.A. And there have been such actions—or this Tradition would be unnecessary. "Implicit throughout A.A.'s

Traditions," Bill W. wrote, "is the confession that our Fellowship has its sins. We admit that we have character defects as a society and these defects threatens us

continually."

Blown up to multiple size, the Big Ego may inspire one group to take over all the public information work for its area, without consulting any of the other local groups. Once the group has decided, "We have all the answers," the lid's off. The

group may then decide that, let's say, the Eleventh Tradition is an outdated technicality: "This is a competitive age! We're going to come right out and give A.A. some good, vigorous promoting!" To the general public, this one conspicuous group is A.A. Its antics reflect, not only on the ignored neighboring groups, but on the entire Fellowship.

In a way, the Fourth Tradition is like the Fourth Step: It suggests that the A.A. group should take honest inventory of itself, asking about each of its independently planned actions, "Would this break any Tradition?" Like the individual member who chooses to make the Steps his or her guide toward happy sobriety, the wise group recognizes that the Traditions are not hindering technicalities—they are proved guides toward the chief objective of all A.A. groups...."

From The TWELVE TRADITIONS Illustrated—Copyright© 1971 A.A. World Services.

#### The Root of the Problem

"Nearly every serious emotional problem can be seen as a case of misdirected instinct. When that happens, our great natural assets, the instincts, have turned into physical and mental liabilities." -Twelve Steps and Twelve Traditions, P. 42

"The sponsor probably points out that the newcomer has some assets which can be noted along with his liabilities." *-Twelve Steps and Twelve Traditions*, P. 46

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#### Deadline....

.....for information to go into the May issue of The Beacon is April 15, 2018. Please send to:

Worcester Area Interaroup 100 Grove St. Suite 314 Worcester, MA 01605 or e-mail to: **Beacon@aaworcest** er.org

Planning a special event? Let us know about it! The Beacon publishes notices for A.A. events in the area. E-mail event information or flyers (PDF) to: Beacon@aaworces ter.org

"Here, of course, we have lost all perspective. and therefore all genuine humility"

Step 4 - Twelve Steps and Twelve Traditions, P. 45

#### Meeting List Changes

New Worcester Area Intergroup Meeting Lists in PDF are available for download at www.aaworcester.org.

#### FORMAT CHANGE

NORTHBORO TUESDAY NOON STEP-now BEGINNERS 123 Marlboro Saturday Helping Hand has changed from an Open Speaker Meeting to an Open Speaker/Discussion Meeting.

#### MOVED

WOMEN'S 12 STEP Worcester - Wednesday, has MOVED to St. Stephen's Church, 16 Hamilton St. - no time change.

WESTBORO SUNDAY MORNING — at the Senior Center at 4 Rogers Rd. 10-11 AM Oxford – No Rules BBSS Thurs 7pm has moved to First Congregational Church - 355 Main St. 2nd floor.

ANOTHER DAY SOBER (Not DAY OF HOPE!) Quinebaug. CT - Wednesday - - same address but moved to Rectory basement. Same time

#### TIME CHANGE

WORCESTER GAY GROUP-695 Southbridge St., Worcester - Mondays 7:00-8:00pm; Open 12 Step Gay BROOKFIELD SUNDAY MORNING — Was 10:00 - 11:30 am; Now 10:00 - 11:00 am HUDSON THURSDAY NUGHT STRAIGHT SHOOTERS - OSp - Riverside Gun Club. 16 Wilkins St. - 7:30-8:30 PM

#### NEW

SPIRITUAL SISTERS — Monday, First Parish of Bolton, 673 Main St. Bolton; 7-8:30pm -NEW GROUP Women's OBB12 WOMEN'S WISDOM IN RECOVERY—Barre Senior Center, 557 South Barre Rd., Barre—Sundays 10-11am—<u>NEW GROUP</u> Women's Open Discussion CLINTON BB WORKSHOP—169 Chestnut St.—Wednesdays 7-8pm—NEW GROUP Open Big Book THURSDAY OBB—44 Vernon St., Worcester—Thursdays 6:30-7:45pm—NEW GROUP **Open Big Book** AA BEGINNERS Q&A — St. Stephen's Church, 16 Hamilton St. Worcester — Saturdays 9:00-9:30am—NEW GROUP (Open Beginners) DROP THE ROCK -6 Depot City Rd. Charlton - Mondays 6:15-7:30pm-NEW GROUP (Closed Discussion, Non-smoking) SUNLIGHT OF THE SPIRIT—114 Main St., Worcester, MA—<u>NEW GROUP</u>—to Thursday Nights - 7:30-8:30pm (Steps 1-2-3) THANK GOD IT'S HERE—Chaffin Congregational Church 155 Shrewsbury St., Holden —<u>ADDITIONAL GROUP</u>—to Saturdays - 10:30-noon Open 12 Step Beg., Steps 1-2-3 THERE IS A SOLUTION—17 East Main St., Webster — Tuesdays - 7:00-8:00pm Open Speaker Discussion TOUGH DIVAS DON'T DRINK - Philadelphia Baptist Church, 259 Concord St., Framingham, MA - Fridays 6:60-7:30pm OSpDW DAY OF HOPE—St. Stephan's Church, 130 Old Turnpike Rd, Quinebaug, CT— Wednesdays - 6-7pm Open Discussion

#### Can you spare an hour? HELP the HALTline!

Find out how you can help - One alcoholic talking to another alcoholic ---Isn't that what A.A. is all about? See Page 4 for details!

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<u>NEVER MISS AN</u> <u>ISSUE</u> Get a color version of The Beacon emailed to you—send an email to: Beacon@aaworceste r.org with SUBSCRIBE as the subject line.

#### <u>The Faithful</u>

Fivers Club— AA members who donate \$5 or more a month on a regular basis to Worcester Area Intergroup!

Thanks to new members Bill S., Ferne S. and Kevin K.

See form on the right to join...

WAI also accepts <u>Anniversary</u> <u>Donations!</u> It is suggested \$1 or \$2 for each year of Sobriety! See Page 2 for submission form or pick up donation envelopes at the WAI Office.

You are a member of A.A. if you say you are.

#### Can you spare an hour?

#### HELP the HALTline!

What the HALTline is:

One alcoholic talking to another alcoholic --- Isn't that what A.A. is all about? You Might:

Give meeting time and location information. Talk and/or listen to a sober alcoholic in danger of picking up a drink. Talk and/or listen to a sober alcoholic who is visiting the area. Talk to a "drunk". You may be the link in a chain that could save their life. Refer callers to the Intergroup Office—inform them of the office hours.

#### What the HALTline is not:

The Halt Line is not a taxi service... It is not a referral service...We are not a counseling service... We do not give medical advice or opinions.

#### What you need to be a volunteer:

One year of sobriety is suggested because the first year needs focus on recovery before such service; Touch-tone phone service; Meeting lists (we suggest District 26 and Worcester Area). These are available free of charge from Worcester Area Intergroup and are available on the Website "www.aaworcester.org," and 3 or more hours of time during the week that you will be available to answer calls. You need not have to answer as A.A.—you can simply answer and when asked say you are "Answering for Worcester Area Intergroup, How can I help you?"

#### What will happen:

For your scheduled time, calls are forwarded from the Intergroup Office to the phone number you provide. This is done at no expense to you.

Contact haltline@aaworcester.org if you have time available and are willing to volunteer -preferably in 3 hour or longer shifts .

#### Worcester Area Intergroup Faithful Fiver Form

The Faith Fiver idea came about when we remembered that we wasted much more than five dollars each month during our drinking days.

"When we meet and defeat the temptation to take large gifts we are only being prudent. But when we are generous with the hat, we give a token that we are grateful for our blessing and evidence that we are eager to share what we have found with all those who still suffer." Bill W, Language of the Heart

YES, I want to help continue to carry our life-saving message of hope.

I will pay \_Annually(\$60) \_Quarterly(\$15) \_Monthly(\$5)

Here is my contribution of \$\_\_\_\_\_

Name:\_\_\_\_\_

Address:\_\_\_\_\_

City, State, Zip:\_\_\_\_\_

Phone number (in case of questions):\_\_\_\_\_ Make check payable to: Worcester Area Intergroup, 100 Grove St., Suite 314, Worcester, MA 01605 (508) 752-9000

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#### <u>Service Meeting Schedule</u>

Intergroup Steering Committee\* - 100 Grove St. 4th Floor, Worcester, MA 6:00pm

Intergroup Delegates\* - 100 Grove St. 4th Floor, Worcester, MA 7:00 pm

\*The Intergroup meetings occur the second THURSDAY of each month.

District 25 General Service Committee—St. Joan of Arc Church, Lincoln Street Worcester, MA meets first Tuesday of the month 7:30 pm

**District 26 General Service Committee**—Madonna of the Holy Rosary Church Hall, 118 Theresa St., Fitchburg, MA meets first Thursday of the month 7:00pm AA members welcome—please come join us!

AREA 30 Eastern Mass. General Service Committee — Grace Vision Church 80 Mt. Auburn Watertown 4th Wednesday 8:00pm

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Position	Name	<u>email address</u>	<u>Bold = new</u>	
Chairperson	Nicole L.	chair@aaworcester.org		
Alt. Chair	Emily D.	altchair@aaworcester.org		
Secretary	Erin <sup>°</sup> M.	secretary@aaworcester.org		
Alt. Secretary	Wendy S.	•	2	
Treasurer	Lisa R.	treasurer@aaworcester.org		
Alt. Treasurer	Jim B.	alttreasurer@aaworcester.org		
Trustees	Fred F., Sean K., Bill S; Open (1)			
Office Manager	Brandy H.	officemanager@ad	aworcester.org	
Treatment Facilities	Robert M.	treatment@aawor	rcester.org	
Correctional Facilities	OPEN	corrections@aawo	orcester.org	
HALTIIne	John H.	haltline@aaworce		
Social Committee	Emily D.	social@aaworcest	er.org	
Public Information	Bill S.	pichair@aaworces		
Webmaster	John H. Tanni (an M. Tim D	webmaster@aawo		
Joint Alcathon Committee	Jennifer W., Jim B.			
Beacon Editor	John McI	beacon@aaworces	ster.org	
Liaison to District 25	Chris Mac.			
Liaison to District 26 Liaison to Area 30	Fred F. Fllen McO			
-	Ellen McQ. Bill S. & <b>Fred F</b> .	haakiayahanaa@a	woncoston one	
Bookie Exchange	διί 3. α <b>Γιέα Γ</b> .	bookiexchange@ad	aworcester.org	

#### Intergroup Officers & Committee Chairpersons (as of 1/1/18)

#### Get Involved!! WAI Intergroup Open Positions

The Worcester Area Intergroup Committee has open positions—these are great opportunities for service work and to get involved:

• Correctional Facilities, and, one Trustee

If you are interested in volunteering for a position, call the Intergroup office during business hours for more information.

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#### The Beacon—Subscription Form

Please fill out form, enclose your payment, and mail to: Worcester Area Intergroup

NAME\_\_\_\_\_

ADRESS\_\_\_\_\_

CITY

\_\_\_\_\_STATE\_\_\_\_\_ZIP\_\_\_\_\_

E-MAIL ADDRESS

Subscriptions to The Beacon are \$10.00 per year to defray the cost of production and postage. Additional donations from members are gratefully accepted.

Worcester Area Intergroup is a non-profit organization, dependent on members' contributions.

#### Mail All completed forms and payments to:

Worcester Area Intergroup 100 Grove St., Suite 314 Worcester, MA 01605 Attn: The Beacon

#### 12 Step Volunteer Application

Name (First name and last initial):\_\_\_\_\_

Telephone Number:

Towns you will accept calls from:\_\_\_\_\_

Hours that you are available:\_\_\_\_\_

I wish to help (please circle all that apply):	<u>Males Only</u>	<u>Females Only</u>	<u>Both</u>
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Ages I am willing to work with: <u>Teens</u> <u>20 to 30</u> <u>30 to 40</u> <u>40 to 50</u> <u>50 to 60</u> <u>Over 60</u>

I am willing to (please circle):

<u>Talk to a person on</u>	<u>the phone</u>	<u>Go to a pe</u>	<u>rsons home to talk *</u>
Give rides to AA Meetings	<u>Give rides</u>	s to Detox *	<u>Meet someone at a meeting</u>

Other (please specify)

\*It is suggested that a person NOT make a Twelfth Step call alone to help an alcoholic who is still suffering. Also you should NOT drive a wet drunk to a treatment facility (detox) without having another A.A. member with you. If you circled either of these items, please be sure that you have another member of A.A. that is available and willing to go along with you.

NIAMA	٠	
Name	٠	

Anniversary Donation

City/Home Group:\_\_\_\_\_

Sobriety Date:\_\_\_\_\_ Amt. Enclosed:\_\_\_\_\_

Mail to: Worcester Area Intergroup. All Anniversaries submitted will be published the month following submission. Please contact the newsletter Editor at beacon@aaworcester.org if an Anniversary has not been published for two months following submission.



# COMEDY NIGHT AND DINNER

Sponsored by District 26 Activities Committee

Saturday, April 14, 2018 Knights of Columbus, 484 Lancaster St. Leominster, MA

<u>COFFEE</u>: 6:00 pm / <u>DINNER</u>: 6:30 pm Amateur Joke Contest: 7:30 pm <u>COMEDIANS</u>: 8:00 – 9:30 PM (Adult Comedy, <u>No Children please</u>) Ticket Price: \$15.00 (Available in March)

<u>More information:</u> June S. 717-468-4264 or Karen M. 978-496-0500



Visit our website at <u>www.aadistrict26.org</u>

# District 26 Activities Committee RECOVERY HIKE



### Saturday, April 21, 2018, 9:30AM Doane's Falls and Tully Lake

Meet at Tully Dam, Rt. 32, Royalston, MA at 9:30AM. 4 ½ miles moderate hike. Bring water, lunch, snacks, bug spray, and wear weather appropriate clothing including boots. Heavy rain cancels.



www.aadistrict26.org

## Service, gladly rendered....



Looking to find some inner peace in your life, express the love you have for both the AA program and the people in it and to give back to your community? There's no better way than to get more involved with service work than doing commitments to Treatment Facilities.

The InterGroup Treatment Facilities Committee continues to discover more and more open spots for groups and/or individuals to conduct Standing Commitments. In just one month we have learned of hundreds of open spots that dozens of facilities are hoping to fill. This is just the tip of the iceberg in terms of the need to carry the message of AA to those in early recovery.

So, if you and/or your group are interested in learning more about which facilities have open needs and the times and dates available please email the committee at <u>treatment@aaworcester.org</u>.

"When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible."

Sincerely,

Robert M.

Matthew H.

Tim J.

\* Step 12 -Twelve Steps and Twelve Traditions, p.124