



# The Beacon

Volume 13 Issue 5

May 2011

## Worcester Area Intergroup

100 Grove St., Suite 314

Worcester, MA 01605

(508) 752-9000

(508) 752-0755 (fax)

[www.aaworcester.org](http://www.aaworcester.org)

### Office Hours:

Monday 10am-2pm

Tuesday 10am-8pm

Wednesday 10am-2pm

Thursday 10am-8pm

Friday 10am-2pm

Saturday 9am-2pm

Sunday CLOSED

*The Beacon Staff:* January 2011 to December 2011

**Editor:** Michelle G.

**Committee:** Gale P.

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## H.A.L.T.LINE NEWS

**Thank you to all the new H.A.L.T. line Volunteers!** We still have hours available that need to be covered on the H.A.L.T. line.

### WE NEED YOUR HELP!!!

What is the HALT line? One alcoholic talking to another alcoholic. Isn't that what AA is all about?

*"Talk to a drunk", you may be the link in the chain that could save their life.*

### What volunteers do:

- Give out current meeting list information.
- Talk and/or listen to a sober alcoholic in danger of picking up a drink.
- Talk to those seeking help with their drinking problem.

### What do you need to volunteer?

A phone

One year of sobriety is recommended.

Meeting list

A phone (touch tone or cell phone)

An hour of your time.

**Great way to do service without leaving your home.**

If you would like information please email [haltline@aaworcester.org](mailto:haltline@aaworcester.org).

Will train the right candidate - great pay - HUGE REWARDS! **From time to time the HALT Line will be rewarding volunteers for their time and dedication by awarding someone with a subscription to the GRAPEVINE.**

## Local Service Meetings

**Intergroup Steering Committee\*** - Veterans, Inc., 59 South St.  
Shrewsbury, MA —6:00pm

**Intergroup Delegates\*** - Veterans, Inc., 59 South St. Shrewsbury, MA  
—7:00pm

*\*The Intergroup meetings occur the second Thursday of month.*



On-Line 12 Steps & 12 Traditions, Articles, and Tradition Checklists

[www.aagrapevine.org](http://www.aagrapevine.org)

#### Traditions Checklist

These questions were originally published in the AA Grapevine in conjunction with a series on the Twelve Traditions that began in November 1969 and ran through October 1971. While they were originally intended primarily for individual use, many AA groups have since used them as a basis for wider discussion.

### STEP FIVE:

Admitted to God, to ourselves and to another human being the exact nature of our wrongs.

### TRADITION FIVE:

Each group has but one primary purpose - to carry its message to the alcoholic who still suffers.

### TRADITIONS CHECKLIST:

- Do I ever cop out by saying, "I'm not a group, so this or that Tradition doesn't apply to me"?
- Am I willing to explain firmly to a newcomer the limitations of AA help, even if he gets mad at me for not giving him a loan?
- Have I today imposed on any AA member for a special favor or consideration simply because I am a fellow alcoholic?
- Am I willing to twelfth-step the next newcomer without regard to who or what is in it for me?
- Do I help my group in every way I can to fulfill our primary purpose?
- Do I remember that AA old-timers, too, can be alcoholics who still suffer? Do I try both to help them and to learn from them?

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### **Are you willing to carry the message to an alcoholic in need?**

Are you willing to help an alcoholic in need? The intergroup delegates are working to devise an updated list of people willing to volunteer for "12 Step calls". This information will be kept **CONFIDENTIAL** and only be used by the HALT line chair and other appropriate individuals. Please complete the "**12 Step Volunteer Application**" on page 6 and return to your groups Intergroup representative or drop of at the Intergroup office. You may also mail the completed application to: Worcester Area Intergroup 100 Grove St, Suite 314 Worcester, MA 01605

## 2011 Northeast Regional Forum

### With our U.S./Canada General Service Board Of Alcoholics Anonymous

**May 20-22, 2011**

**7pm to 10pm Friday**

**9am to 9:45pm Saturday**

**9am to noon on Sunday**

**Sturbridge Host Hotel and**

**Conference Center**

**366 Main Street**

**Sturbridge, MA 01566**

**1-508-347-7393**

### Hotel Information:

Sturbridge Host Hotel and Conference Center

366 Main Street

Sturbridge, MA 01566

Reservations by phone: 508-347-7393

Fax: 508-347-3944

Single/Double: \$106.00 plus tax

Triple: \$116.00 plus tax

Quad: \$126.00 plus tax

**Please mention Group Code: 1105NEREGI**

Link to Hotel Reservation Online:

[www.aa.org/northeast2011](http://www.aa.org/northeast2011)

### Purpose of this Forum

This Forum is put on by the A.A. General Service Board and is "open" to A.A. members or to anyone interested in A.A. Forums originated in 1975 at the suggestion of the late Chairman of the General Service Board of Trustees, Dr. Jack Norris.

Forums are designed to enhance communication and participation among A.A. members, the General Service Board, and staff and directors from the General Service Office Staff and the A.A. Grapevine. Forums offer a meeting place to ask questions and spark new ideas to help carry the A.A. message of hope to the still-suffering alcoholic.

This Forum provides unique opportunities for A.A. members throughout the Northeast Region to share their experience, strength and hope.

***For more information please contact G.S.O. @ 212-870-3400, see G.S.O.'s A.A. Web Site at [www.aa.org](http://www.aa.org)  
Hosted by 18 areas of the Northeast Region***

**Registration Information:** ❖ ***Registration is free.*** ❖ You can register online at [www.aa.org](http://www.aa.org). Go to "Services for Members" and click on "Regional Forums" link. ❖ You do not have to register to attend, but, please register early to help us plan for setup. ❖ You are on your own for meals. ❖ All who register will receive a final report of all discussions at the Forum. ❖ All registration information is confidential and will not be used for anything except sending the final report!

### Schedule of Events

#### Friday

2:00—till closing Registration

6:30—7:00 p.m. Forum First Timer Orientation

7:00—8:30 p.m. Welcoming and introductory remarks by Board and Staff

8:30—8:45 p.m. Break

8:45—9:15 p.m. Video

9:15—10:00 p.m. General Sharing/Questions for Board and Staff

#### Saturday

9:00 a.m.—till closing Registration

9:00—10:00 a.m. A.A. Grapevine/LaViña

Presentations

10:00—10:15 a.m. Break

10:15—10:45 a.m. General Sharing/Ask-It Basket

10:45—11:45 a.m. Delegates' Presentations

11:45—12:00 noon Skit

12:00—1:30 p.m. Lunch

#### Saturday (Continued)

1:30—2:30 p.m. A.A.W.S. and Finance Presentations

2:30—3:30 p.m. General Sharing Session

3:30—3:45 p.m. Break

3:45—4:00 p.m. Presentation

4:00—5:00 p.m. General Sharing Session/Ask-It Basket

5:00—7:00 p.m. Dinner

7:00—8:15 p.m. Workshops

8:15—8:30 p.m. Break

8:30—9:45 p.m. Workshops

#### Sunday

9:30—10:30 a.m. General Sharing Session/Ask-It Basket

10:30—10:45 a.m. Break

10:45—11:30 a.m. Past Trustees' Talks

11:30—12:00 p.m. Closing Remarks

**DANCE DANCE DANCE DANCE DANCE**  
**BRING IT ON BACK DANCE PARTY!!!**

Music from the 50s, 60s, & 70s

Cash prizes for Best Costumes will be awarded!!

Saturday May 21st

7 p.m—11 p.m.

Frohsinn Club

25 North Quinsigamond Ave Shrewsbury, MA

Tickets \$5 in advance, \$8 at the door. Available through your GSR and at 100 Grove St., Suite 309.

**DAILY REFLECTIONS EXCERPTS**

**WALKING THROUGH FEAR**

*If we still cling to something we will not let go, we ask God to help us be willing.* ALCOHOLICS ANONYMOUS, p. 76

When I had taken my 5th Step. I became aware that all my defects of character stemmed from my need to feel secure and loved. To use *my* will alone to work on them would have been trying obsessively to solve the problem. In the 6th Step I intensified the action I had taken in the first three Steps—meditating on the Step by saying it over and over, going to meetings, following my sponsor's suggestions, reading and searching within myself. During the first three years of sobriety I had a fear of entering an elevator alone. One day I decided I must walk through this fear. I asked for God's help, entered the elevator, and there in the corner was a lady crying. She said that since her husband had died she was deathly afraid of elevators, I forgot my fear and comforted her. This spiritual experience helped me to see how willingness was the key to working the rest of the Twelve Steps to recovery. God helps those who help themselves. Copyright © Daily Reflections. p. 138

**RESPECT FOR OTHERS**

*Such parts of our story we tell to someone who will understand, yet be unaffected. The rule is we must be hard on ourselves, but always considerate of others.* ALCOHOLICS ANONYMOUS, p. 74

**KNOW GOD; KNOW PEACE**

*It is plain that a life which includes deep resentment leads only to futility and unhappiness . . . But with the alcoholic, whose hope is the maintenance and growth of a spiritual experience, this business of resentment is infinitely grave.* ALCOHOLICS ANONYMOUS, p. 66

Know God;

Know peace.

No God;

No peace

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## Intergroup Officers & Committee Chairpersons

Position	Name	email address
Chairperson	Maura J.	chair@aaworcester.org
Alt. Chair	Ferne S.	
Secretary	Marc B.	secretary@aaworcester.org
Treasurer	Ginny S	treasurer@aaworcester.org
Alt. Treasurer	Jody E.	
Trustees	Dot B., Joe N., Bill B., Bob L.	
Office Manager	John H.	steps@aaworcester.org
Joint Treatment Facilities	VACANT	treatment@aaworcester.org
Joint Correctional Facilities	Sylvia T., Joe N.	corrections@aaworcester.org
Halt Line	Ferne S.	haltline@aaworcester.org
Social Committee	Pat M.	social@aaworcester.org
Joint Public Information	VACANT	pichair@aaworcester.org
Webmaster	John H.	webmaster@aaworcester.org
Joint Alcathon Committee	Joe N.	
Beacon Editor	Michelle G.	beacon@aaworcester.org
Liaison to District 25	Sylvia T.	
Liaison to District 26	Richard M.	
Liaison to Area 30	Richard M.	

### MEETING NEWS

**MEETING ANNIVERSARIES:** Millbury Traditions 37th anniversary, June 4th at the Federated church in Millbury; food at 6p.m., speakers to follow.

**MEETING SPACE AVAILABLE:** Meeting space is now available for AA meetings at Veterans Inc., 59 South St., Shrewsbury, MA. For more information please contact: Susan Boucher at 508-791-1213, x132.

### **MSCYPAA: RESTORED TO SANITY JULY 22-24, 2011**

(The 15th Annual MA State Convention of Young People in Alcoholics Anonymous)

**Visit [www.msypaahost.org](http://www.msypaahost.org) for details**

Hotel Information: Cambridge Hyatt ([www.cambridge.hyatt.com](http://www.cambridge.hyatt.com))

575 Memorial Drive Cambridge, MA 02210 617-492-1234. (rates start at \$125/night)

**Pre-register now for \$20**

Contacts: [registration@msypaahost.org](mailto:registration@msypaahost.org) Conference chair: Kristin C. 617-610-2986

Conference co-chair: Kuj 508-769-7993 Registration chair: Devin D. 339-293-7480



## Subscription

Form

Please fill out form, enclose your payment, and mail to  
**The Beacon**  
 100 Grove Street Suite 314  
 Worcester Mass. 01605

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY/STATE \_\_\_\_\_ ZIP \_\_\_\_\_

COUNTRY (If other than USA) \_\_\_\_\_ E

-MAIL ADDRESS \_\_\_\_\_

Subscriptions to The Beacon are \$5.00 per year to defray the cost of production and postage. Additional donations from members are gratefully accepted. Worcester Area Intergroup is a non-profit organization, dependent on members' contributions. Please make checks payable to Worcester Area Intergroup.

### 12 Step Volunteer Application

Name (First name and last initial): \_\_\_\_\_

Telephone Number: \_\_\_\_\_

Towns you will accept calls from: \_\_\_\_\_

Hours that you are available: \_\_\_\_\_

I wish to help: Males Only Females Only BothAges I am willing to work with: Teens 20 to 30 30 to 40 40 to 50 50 to 60 Over 60

Other (Please specify) \_\_\_\_\_

**MAIL TO: Worcester Area Intergroup**  
**100 Grove St., Suite 314**  
**Worcester, MA 01605**

I am willing to: (please circle all that apply)

Talk to a person on the phone Go to a persons home to talk \*Give rides to AA Meetings Give rides to Detox \*Meet someone at a meeting Other (please specify) \_\_\_\_\_

\*It is suggested that a person NOT go on a twelfth step call alone to help an alcoholic who is still suffering. Also you should NOT drive a wet drunk to a treatment facility (detox) without having another A.A. member with you. If you circled either of these items, please be sure that you have another member of A.A. that is willing to go along with you.