THE BEACON

The light at the end of the tunnel

Worcester Area Intergroup . 100 Grove Street . Suite 314 . Worcester, MA 01605









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We talk about sponsorship at lot a meetings, and we should. It is a key element in staying sober. Ironically it isn't even mentioned by "name" in **The Big Book**, at least not in the first 164 pages, the heart of the book that explains the program.

But in the first 88 pages you will find more than 100 references to carrying the message and working with others, others ways of saying *sponsorship*.

In 1940, Br. Bob wrote **A Manual for AA**. Published by the Akron Group, it was a "a practical guide for new members and sponsors of new members."

While Bill didn't use the word in the Big Book, he did in other writings. In **The Language of the Heart**, he wrote: "Every sponsor is necessarily a leader. The



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stakes are huge. A human life, and usually the happiness of a whole family, hangs in the balance."

So this month we offer articles and observations about the topic.

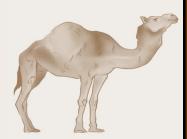
— TCS





HOURS

Mondays 10-2pm
Tuesdays 10-8pm
Wednesdays 10-8pm
Thursdays 10-2pm
Fridays 10-2
Saturdays 9-2pm
Sundays CLOSED



Happy March,

Cold and flu season is here, as is Covid, RSV, and a nasty intestinal bug. If you have any symptoms, please wear a mask, or please consider having another group member come in to the office for your purchases!

Inclement weather season is here, too. If you are planning to come to the office on a snowstorm day, please call first to be sure we are open. It will be posted on our Facebook page and called in to WTAG radio.

Worcester Area Intergroup still needs an Alternate Secretary, Alternate Treasurer, and Correctional Facilities Chair. Please call for more information.

Does YOUR Group have an Intergroup Delegate?

The new Meeting List is in!! PLEASE go through it and let us know of any changes, corrections, or groups no longer meeting.

Please remember that YOUR contributions are what keeps the office open and staffed!

Brandy H.Office Manager

Be Of Service: Be a 12th Step Volunteer

We get frequent requests by people who need someone to talk to, or to get a ride to a meeting. This is a chance to be of service, help a new member, and help ensure your own sobriety.

Intergroup office staff will call you if someone needs help. We NEVER give out members' information! To be of service, please fill out the volunteer form at:

https://form.jotform.com/230523995643058

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Back issues at aaworcester.org/E-Beacon/ebeaconnew.htm

Editors: The Cyber Sot & The Digital Drunk



Looking For a Sponsor? It's NOT that Hard

Looking for a sponsor? (If you don't have one, you should be.)

Look for someone who has maintained their sobriety for a good chunk of time. For me, that would be at least five years.

I feel a good sponsor should have gone through the 12 steps with their own sponsor.

My sponsor should have humility and know their weaknesses and vulnerability to alcohol, drugs and other stressors.

Strict confidentiality is very important to me. I don't want what I shared to be discussed with others. I need someone who is compassionate without being enabling.

I also want someone with good listening skills, and does not feel required to offer undue or unsolicited advice.

This is what I am **not** looking for.

1.A psychiatrist or mental health consoler.

2.A doctor.

3.A marriage consoler.

4.A family therapist.

I want someone who can guide me through the steps at my pace. However, if I am stuck, I may need a good push. I would like a sponsor to read the Big Book with me and discuss each chapter in detail.

A sponsor should also tell me what is expected from me and be clear about setting boundaries When I sponsor others, I first tell them that at any time they feel we aren't a good fit to just let me know. I will also do the same. Not everyone clicks. Then, I will talk about my experience with alcohol. I encourage them to share their experience with alcohol if they feel comfortable doing so.

I ask that they read The Doctor's Opinion and How It Works from the Big Book. I realize this may be more than they will fully understand; it does give some background.



I set boundaries as to when I can be contacted and encourage them to get a list of phone numbers from other AA members. This will be useful if/when I am not available.

Some sponsors require their sponsees to call daily. I play it by ear on a case-by-case basis.

Bringing sponsees through the steps is a priority. I use the Big Book, the 12&12 and other alcohol related readings to do this. They receive homework assignments that we discuss at our weekly meetings with each other.

Do all my sponsees stay sober? Unfortunately, no. But I do. My most important responsibility is to maintain my sobriety and help other alcoholics to do the same.

— Beth H.

CALL

YOUR

SPONSOR





Even A Turtle Can Cross the Finish Line

My name is Jen and I am an alcoholic. I have always had a sponsor. But in true alcoholic fashion, even as I write this, I find I am Iying.



"A sponsor is someone who knows you as you are, understands where you have been, accepts what you have become, and allows you to grow."

SPONSOR PROUD

— Anonymous

"Sharing your brokenness helps others heal in their own brokenness."

- Jennifer Ross

"A truly great sponsor is someone hard to find, difficult to part with, and impossible to forget."

— Anonymous

I was first exposed to this program in my 20s. I was in a pickle and, as some of you can probably relate, I was "forced" to attend meetings. Once the "force" was lifted, despite the fact that when I was present at meetings I could relate deeply, I stopped attending meetings.

I did not get a sponsor. I didn't need this help. Ultimately, after white-knuckling it, I picked up again. Fast forward to eight years ago. I hit a bottom. That seed planted from long ago led me to where I needed to go.

I reconnected with AA.

I remember the first meeting that I attended willingly. So many ladies speaking my language! I remember the nervousness of approaching a woman I barely knew to ask for help guiding me through the steps. I walked through my fear, thankfully. We met faithfully each week and she helped me through the first three steps.

I would love to be that drunk who has had the same sponsor since my re-entry into the program. My higher power thought differently, as I have had three sponsors since. Each one helped me stay sober and were placed in my path of recovery at just the right time. Many men have been super-helpful in my recovery; however, I was told it is best to have another woman as a sponsor. I have learned since that this suggestion is nowhere in the Big Book but, for me, some of the items in the 4th step would be best shared with another female.

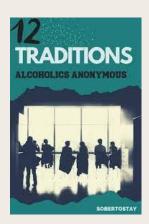
I am a self-identified turtle and each one of my sponsors has shown acceptance of my slowness. I thank my higher power for putting these women in my life because, without them, I do not believe I would be writing this today. I recognize today how important my relationship with my sponsor is in my recovery.

— Jen D.

Tradition Three:



"The only requirement for AA membership is a desire to stop drinking."



The 12 Steps are how individual alcoholics get and stay sober.

The 12 Traditions are how individual AA groups, as well as intergroups, districts, areas, and other AA bodies all around the world continue to function and work together to carry the message.

In continuing the series that Bill W. wrote for the AA Grapevine that ran from November 1969 through September 1971. This month are looking at Tradition Three.

While the checklists were originally intended primarily for individual use, many AA groups now use the traditions as a basis for a group inventory and wider discussion.

Tradition Three Checklist:

- 1. In my mind, do I prejudge some new AA members as losers?
- 2. Is there some kind of alcoholic whom I privately do not want in my AA group?
- 3. Do I set myself up as a judge of whether a newcomer is sincere or phony?
- 4. Do I let language, religion (or lack of it), race, education, age, or other such things interfere with my carrying the message?
- 5. Am I overimpressed by a celebrity? By a doctor, a clergyman, an ex-convict? Or can I just treat this new member simply and naturally as one more sick human, like the rest of us?
- 6. When someone turns up at AA needing information or help (even if he can't ask for it aloud), does it really matter to me what he does for a living? Where he lives? What his domestic arrangements are? Whether he had been to AA before? What his other problems are?



"If you cannot see where you are going, ask someone who has been there before."

— J. Loren Norris

"Sponsors provide a brain to pick, an ear to listen, and a push in the right direction."

— Anonymous



Some hear God's message. She saw it.

The Rose In The Prison Yard

"I hate this!" I said to myself, staring at the bottom of my roommate's bunk just above me in our "room" in MCI (Massachusetts Correctional Institute) Framingham. Here I am again, facing who knows how much time for this bid, but knowing it won't be good. I'm already off to a brutal start. I can't find a comfortable way to lie



down, mostly because of the stab wound in my back, exactly where my lung is. Add to that my detoxing from heroin, amongst other drugs, and I'm hurting. I hit every possible bottom in the same day: my children are under the care of DSS, I've been stabbed, my freedom is gone, my health is messed up. I want to die... right now.

Joey, my youngest daughter's Dad, had knifed me in my back that night because I had said I was leaving him. How messed up is this? The man who claims to love me tried to take me out! We both got arrested: him for stabbing me; me because he had told the cops to check to see if I had any warrants. Of course, I had warrants, I'm the one who got our drugs every day! The kids thought I was at the hospital, they didn't know what was going on.

FAST FORWARD ONE WEEK

I have a visitor. Thank God, I'm able to walk around better. The knife wound in my back is healing although I'm still pretty dope sick. At least I'm sleeping a little at night now.

I walk into the visiting room in the Institution Building where a dark-haired woman points to a chair and mumbles, "Sit there."

I do.

Then she barks at me: "Look, I don't know where we've been while you've been busy running around like you do, but we're here now. We don't care what you do with yourself. Kill yourself, do the right thing. Go away, whatever. Your kids are gone from your life. Don't bother trying to get them back. They're gone forever. Now get out."

I stand up, stumble to the door, open it, walk out. The only thought in my mind is to head to my room and kill myself. I was going to hang myself and stop this so-called life I was living. Why drag it out any longer?

I reach the door at the end of the hallway. It takes me outside, to the compound. I push the door outside open, then stop cold. There had been an ice storm last night, a huge one! It was gorgeous. Ice covered everything: trees, razor-wire fence, the ground, the walls, everything. It was pristine white. Mesmerizing. Suddenly, I felt as though I had been hit by a truck. I saw a bright, scarlet red flower, growing at the bottom of the razor wire fence, twisted into the cyclone fence itself. I felt like God had slammed that truck into me, a very big truck. He got my attention. There was life and growth and beauty all around me. I could survive, too. I could live. I would live. I no longer wanted to kill myself: "If this flower can survive here, then why can't I?"

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I went to my room and started signing up for every positive thing the prison offered: Spectrum's Drug Treatment classes, becoming a tutor at the education department, cutting hair through the gym department. I took the Peer Educator Training so I could help educate new admissions on how to stay safe while using drugs or having unprotected sex.

Every week I'd go around to the

supervisors and Correction Officers I worked for to ask for a letter, a certificate, whatever, to validate what I had done that week. I'd put them in a manila envelope, address it to DSS Main St., Worcester, MA and mail it out. I didn't have anyone's name to add but I could only hope that it would get to the right person.

About a year or so later, I was called up to the Institution for another visit from DSS. I walked into the room and this man, a stranger, stood up, reached out, shook my hand. I was sure he had the wrong person.

He said he was happy to finally meet me. He had received all my those manilla envelopes, the ones that did not have a name on it, just DSS Main St., Worcester. He went further, said he was happy that I had done all the work those letters and certificates and such documented. He promised to work with me to help get my kids back home. Of course, I would I have to agree to do more work, and also waive my parole and go to a halfway house, instead. I did.

After graduating from Faith House in Worcester, I got an apartment and my kids back. They were with me. We were home.

I needed to get a job, so I created a resume using what I learned from doing the Peer Educator job in prison. I used the street address, but did not add the words "MCI Framingham" to it. I got a job at Great Brook Valley Health Center doing HIV Education. I worked there for 10 years and my coworkers took me to Clark University to speak with an advisor to see if I could eventually go to college. I left that meeting with my schedule for September.

I attended night classes at Clark University for nine years, earned a double Bachelor of Arts degree, Sociology and Women's Studies, then went on for a Master's Degree in Public Administration.

All thanks to the saving grace of God, the God who showed me I could survive, like a rose blooming in an ice-covered prison yard.

— Kathy M.





Tips From a "Successful" Sponsor

I have a 100% success rate as a sponsor. No matter what anyone I have ever sponsored has done, I have stayed sober.



Some have died in alcohol-related accidents as well as from alcohol-related and alcohol-aggravated diseases: cirrhosis, strokes, heart attacks, etc. One committed suicide. I also sponsored a man now serving life in prison for attempted murder, his third strike; not his first violent felony, either.

Then there are those who simply decided – ignoring over-whelmingly and obviously conclusive evidence to the contrary – that they weren't really alcoholic after all. They were unlucky (DUI, public drunkenness, falling down while drunk); had uncaring wives, (kicked out of the house, restraining order, divorce papers); bad breaks (broke, in debt); unreasonable bosses, (didn't get that raise or promotion, unemployed); suffered from stress (dealing with several of — or even all — of the above).

I mourn them. I mourn their choices. But no one held a gun to their heads, ordering them to drink. As a sponsor I have never gotten anyone sober, nor have I gotten anyone drunk. I cannot and will not accept credit for the first or blame for the latter. I am the teacher, the mentor, the tour guide, but they are free to leave the safety of the jungle path and go exploring on their own, ignoring the DANGER signs posted along the way.

But I still ask myself what I could have done differently. At times I have beaten myself up over their going back out by repeating the six-word-quilt-trip litany:



Should'a.
Could'a.
Would'a.
Didn't!
Didn't!
Didn't!



If only I had been a "better" sponsor." But what does that mean? What is a "better," or even a "good" sponsor? There are no official AA-approved sponsorship classes, no exams, no certificates, no licenses, no badge. Nor is there just one way to be sponsor. We each do it differently, our relationship with each sponsee is also different, and that relationship shapes how we sponsor them.

If your sponsor helps you understand, and work, and live the program, and actually enjoy your sobriety and life, you have a good sponsor. If yours does not, find a new one. There is no contract, no secret oath, not even a performance bond.

I have had a number of sponsors over the years. Each has played a large role in my sobriety; explaining the program, guiding me through the steps, and helping me learn to face life on life's terms, and do so sober.

AA's journey is the path from isolation to community, from loneliness to friendship, from despair to hope, and the sponsors who have trudged that road with me have made the journey so much better.

When I sponsor someone, I try to return the favor.





Don't Forget Sponsor #2 ... A Service Sponsor

Let's talk, for a moment, about one of the lesser known forms of Sponsorship in AA – the Service Sponsor.

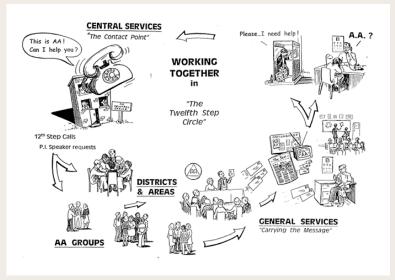
If you have ever found yourself wanting to get more involved in AA but aren't even sure where to start, it is helpful to have someone to help guide you through it. When a gentleman from my home group (many years ago now) passed, I found myself as the Intergroup Delegate and G.S.R. (General Service Representative) for our group. I had no clue what I was supposed to do other than show up at a of couple service meetings. Service Sponsors weren't talked about. When I finally DID hear about them, the light bulb went on.

So, what IS a Service Sponsor?

A Serve Sponsor is an AA member who does service work outside their home group. They are

familiar with the 12 Steps, 12 Traditions and, in some cases, the 12 Concepts. They know how AA General Service works and are even, perhaps, familiar with AA history.

What should you look for in a Service Sponsor besides what has already been mentioned? Preferably, they will have served a term in the Service Position you have just agreed to, or are thinking about. That will be very helpful when you have specific questions about your position. They will have volun-



teered to be a Service Sponsor. They will have a good, solid program of recovery. Notice I didn't mention gender? Gender is not important in a Service Sponsor. You will not be sharing your personal recovery journey with them. If your regular recovery Sponsor also has service experience, you usually need not look further. You need to know that they follow through with their service commitments. You wouldn't want to ask someone who guit their service position partway through their term.

I had the same Service Sponsor for nearly 20 years, up till her passing a couple of years ago. I will never forget the lessons she has taught me or the emphasis she placed on being available to the next person looking to experiencing General Service.

Brandy H.



Avail yourself of a Sponsor and use them.

(They are not fragile)

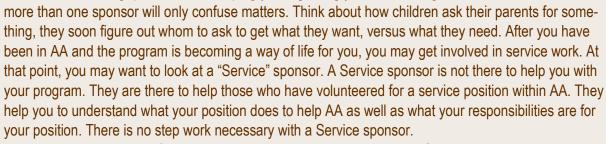
We hear it all the time, usually in the opening statement of a meeting. They ask people who are willing to be a sponsor or temporary sponsor to please raise their hand. People willing to do so will raise their hand. With virtual meetings, they will put something in the chat space, or tile.

We often hear it, but do we go out and make that effort to find a sponsor? Do we need to?

In the Big Book it states, "Each day, somewhere in the world, recovery begins when one alcoholic talks with another alcoholic, sharing experience, strength, and hope". And for the Sponsor, their reward is that "life will take on new meaning. To watch people, grow, to see them help others, to watch loneliness vanish, to see a fellowship grow about you, and to have a host of friends. This is an experience you must not miss."

Should I get a Sponsor? If you are new to AA, you are going to have questions about how the program works. The longer you stay sober, you may go through different stages. It may be as simple as being on a pink cloud, becoming complacent, becoming overwhelmed with life when it becomes real, or having that first argument with a close friend. The most important they do is to help us to get through the steps. A sponsor also helps you to keep things real and to get through your life, sober.

Can I have more than one sponsor? It is not a good idea. A sponsor will be answering questions and helping you regarding your life. Having



The hardest part of getting a sponsor, is to go up and ask them. Some people become anxious prior to asking a person to become your sponsor. Usually, it is the first time. After the first time, fear usually disappears. We need to get out of our comfort zone. This is our life that we are talking about. Are you willing to go to any length to become and stay sober?

When you decide which person you are going to ask, it will not hurt to have coffee with them first. Watch how they talk with the waitstaff or counter person. If they talk about others while having coffee may be an indicator of how they speak about you with others. You want to know some of their story and what brought them to AA.

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What happens if I do not like my sponsor? Simply find another one. But before you do that, first ask yourself why? More than once in your time with a sponsor, they are going to tell you something that you do not want to hear. Not to hurt you, rather it most likely will be to calling you out on your bulls***, or tell you that something your are about to do, is not a good idea.

During my time in and out of AA, I have had three sponsors. All of which I have deep respect for. Each of these men have taught me not just about AA, but how to be humble, begin to trust my gut feeling and be a better person then who I brought into AA. That my friends is priceless.

AA works when one alcoholic works with another sharing their experience, strength, and hope. When this happens, both individuals profit from it. The alcoholic that receives the help and for the alcoholic giving the help. Both are winners.

I am just one drunk talking with another (you). Having a sponsor is the way to go. Good luck with your journey!

~ The Digital Drunk



January 31, 2023

"Every sponsor is necessarily a leader. The stakes are huge. A human life, and usually the happiness of a whole family, hangs in the balance. What the sponsor does and says, how well he estimates the reactions of his prospects, how well he times and makes his presentation, how well he handles criticisms and how well he leads his prospect on by personal spiritual example -- well, these attributes of leadership can make all the difference, often the difference between life and death."

AA Co-Founder, Bill W., April 1959, "Leadership in AA: Ever a Vital Need,

The Language of the Heart



The Experience of having a Sponsor

I have had three sponsors during my time in AA (14 years). As I look back at my time with them, I can see that each of these men were placed in my life for a reason. I learned from each of them. Even in my relapses, I learned. Let me share my journey.

When I first came into AA, I would hear at my beginner's meeting to get a sponsor. Now you do not have to, but it is nice to have a co-pilot who can help you as you become and hopefully stay sober. Things in your life change in early sobriety. It can be difficult adjusting to living life soberly and taking ownership of our past. They are there to help you along the way, do not be afraid to ask questions.

My first sponsor was well versed with the Big Book and what it had to offer. He was also a deeply spiritual man, something I admired. It was when I began to discover that the relationship I had with my God was about to change. He helped with the first three steps of the program. We completed my third step in a beautiful chapel at a local hospital. It was an incredible spiritual experience. It laid the foundation for my journey into AA.

As I began my fourth step, I struggled to get through it. I also started to have those discussions in my head (stinking thinking). That I should be able to control my drinking. I began to change; it was when I needed to avail myself of a sponsor and had not. I was soon on my way to my first relapse.

When I came back to AA, I searched for a new sponsor. He did not take long to find. We began the steps again. This time my third step was at St. Joseph's Abby. Another spiritual experience. This time I was able to get through the fourth step inventory. Sharing your Fifth Step can be a humbling experience. My sponsor was there the whole way, listening and being supportive. With our relationship, I began to learn about friendship. We became close during the years of our work together, whether it was attending AA events or meetings to going on small trips together. I was learning how to live sober. I also learned about friendship and trust.

But complacency is a dangerous thing. I close friend of mine says "if you are not working on your recovery, then you are working on your relapse." I became complacent and relapsed again. This time it was in an opioid and alcohol induced overdose (not a good mix). I often refer to this time as my bottom. It still feels raw when I think about it, and I have no desire to repeat it. Any time I might want a

drink, all I need to do is play the tape through.

My wife reached out to my sponsor that night at my request. He came up and was there for me. No judgements, just words of encouragement, that I will get through this and tomorrow will be another day. I needed both my wife and my sponsor to help me get through that night.

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As my sponsor and I grew, our view on a higher power changed, we parted ways as a sponsor and sponsee relationship but not as a friendship. We still get together for a meal every now and then. His friendship taught me how to get back into life sober. It is a benefit not written about in the big book.

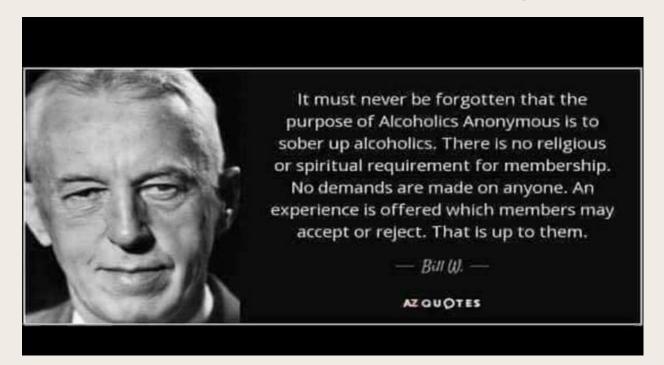
I knew from experience how important it is to have a sponsor. I also have experienced what happens when I do not. I began a search for a new sponsor.

I was able to find my third sponsor at a virtual meeting. A man with over 35 years of sobriety. It was my first time with a sponsor who had that much time. My current sponsor pushes me to improve myself. He often reminds me to think of others and has taught me how to address and face my problems. He is also not afraid to call me out on my bulls***. I need that. As a recovering alcoholic, my thinking is different from non-alcoholic people. I need someone in AA who knows the program, has been through it and someone I could trust.

In AA, I have found that I need to accept the fact that I am an alcoholic. I need to keep my recovery first. Staying sober, addressing, and taking ownership of my past helps me to do so. Having a sponsor has helped me with that journey.

I have just finished getting my 5-year coin. It is not really a long time except that it is the longest time I have had being sober. Feelings come back and sometimes it can be difficult to deal with, especially if anger is involved. As an alcoholic I cannot afford to hold in anger. Talking with my sponsor helps me get through these moments.

~ The Digital Drunk



are hot a Glum Lot

ALCOHOLICS ANONYMOUS



-AND NOW, GENTLEMEN, RAISE YOUR GLASSES







I HAVE CHARACTER **DEFECTS AND I'M NOT AFRAID TO USE THEM**

Your AA sponsor is watching you!



When your sponsor sees through your bullshit



SPONSOR YOU, I WILL.





March Monthly meeting and events

			1 March 2023 - 31 March 2023		
Mar 1	Wed	7:00 PM - 8:00 PM Service Study Zoom	Study of A.A. Service Concepts, via Zoom. See attached flyer for details & Zoom info.		
	Thu	7:00 PM - 8:30 PM District 24 GSR Meeting	Still meeting via Zoom only? Normally held on the 1st Thursday at 7 pm at Trinity Church on Elm Street in Concord. Zoom link: us04web.zoom.us/j/9296006039?pwd=VUx2STJSdxRVZDFVS0pTY0ttVWSUT09		
Mar 2		7:00 PM - 8:30 PM District 26 GSR Meeting	Currently meeting in-person and on Zoom. Emmanuel Lutheran 1200 John Fitch Hwy Fitchburg MA		
Mar 7	Tue	7.30 PM - 8.30 PM District 25 GSR Meeting	See attached PDF for Zoom information. Hybrid meeting (Zoom+in-person) Salem Covenent Church 215 Mountain St East Worester MA Web link: zoom.usi/311969752 Password: Sober2020 District 25 GSR meeting in-person & Zoom.		
Mar 9	Thu	7:00 PM - 8:00 PM Worcester Area Intergroup Delegates Meeting	In-Person: Salem Covenant Church 215 Mountain St E. Worcester [stoogleMaps] Online Zoom Link: zoomus//912007/235 Passcode Sober/2020 Dial in 1 646 558 8656 Conf# 912 007 235 # Passcode 055337 #		
Mar 11	Sat	6:00 PM - 9:30 PM Comedy Dinner Night (Soldout)	Comedy & dinner night hosted by District 26 Activities Committee, adult only, \$15pp. Salad, spaghetti & bread, dessert. See attached flyer or visit aaDistrict26.org for details.		
Mar 14	Tue	7:30 PM - 8:30 PM District 23 GSR Meeting	District 23 GSR meetings the 2nd Tuesday, 7:30 pm at Faith Community Church, 146 E. Main St in Hopkinton and on Zoom.		
Mar 15	Wed	7:00 PM - 8:00 PM Service Study Zoom	Study of A.A. Service Concepts, via Zoom. See attached flyer for details & Zoom info.		
Mar 16	Thu	7.15 PM - 8:00 PM Alcathon Planning Meeting via Zoom	7:00 pm Alcathon Committee Meeting Zoom ID: 867 9652 7922 Password: Alcathon See attached flyer.		
Mar 21	Tue	6:15 PM - 8:30 PM Clinton Shamrock 61st	Food at 6:15, meeting 7:30-8:30		
Mar 26	Sun	10:00 AM - 4:00 PM Preconference Assembly	Area 30 assembly hosted by District 21. For details see attached flyer.		
Mar 27	Mon	11:00 AM - 1:00 PM Maynard NOW 43rd	Food & fellowship at 11 amfollowed by AA meeting at noon. Polluck buffet style, dishes & book raffle donations welcome.		
		AA Events in V	Vorcester and Metrowest Mass. Email: webmaster@aaWorcester.org		





7TH TRADITION



WORCESTER AREA INTERGROUP

WAI Group Contributions Group Name	Jan	Feb	Total 2023
Athol Back To Basics		0.50	0.50
Charlton Courage To Change		3.50	3.50
Charlton Daybreaker	579.87	491.33	1,071.20
East Brookfield Friday Night Big Book		75.00	75.00
East Brookfield Noon	150.00		150.00
Fitchburg Newman	50.00		50.00
Foxboro Young Peoples		164.20	164.20
Grafton Common Bond	60.00		60.00
Gratitude Gang		29.00	29.00
Holden Open Äir	50.00		50.00
Hudson Second Chance	600.00		600.00
Leicester Road to Recovery	110.50		110.50
Leominster Original	200.00		200.00
Living Sober (online)		200.00	200.00
Milford Eye Opener	15.00	20.00	35.00
Millbury Traditions	150.00		150.00
North Oxford One Day at a Time		100.00	100.00
Northboro Friday Big Book	30.00		30.00
Northboro Saturday Morning	5.00		5.00
Northboro Women of Courage and Dignity		120.00	120.00
Paxton (both groups)		275.00	275.00
Shrewsbury Eternal Vigilance	300.00	356.00	656.00
Southbridge Noon Recovery Group		75.00	75.00
Sturbridge Key To Freedom		205.00	205.00
Sturbridge Lighthouse 12x12		25.00	25.00
Sturbridge Women's Destiny		25.00	25.00
Warren New Beginnings	300.00		300.00
Webster Early Risers	60.50	73.00	133.50
Webster Triton	71.00		71.00
Westboro Forge		150.00	150.00
Worcester Acceptance & Attitudes	100.00		100.00
Worcester BBSS		200.00	200.00
Worcester Come As You Are	229.00		229.00
Worcester Daily Choice	275.00	280.00	555.00
Worcester Friday Night 12 Step Discussion		50.00	50.00
Worcester Gratitude	100.00		100.00
Worcester Green Hill Park Noontime	125.00		125.00
Worcester Greendale		100.20	100.20
Worcester Hadwen Happy Hour		60.00	60.00
Worcester Joy Of Living		50.00	50.00
Worcester Mid-Day	100.00	200.00	300.00
Worcester Saturday Morning Step	25.00		25.00
Column Totals	3,685.87	3 327 73	7,013.60

Worcester Area Intergroup

100 Grove St. Suite 314 Worcester, MA 01605





Worcester Area Intergroup

Office hours:

Monday 10-2 pm

Tuesday 10-8 pm

Wednesday 10-8 pm

Thursday 10-2 pm

Friday 10-2 pm

Saturday 9-2 pm

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