April 2004



# The Beacon

Worcester Area Intergroup

Email: AAbeacon@netscape.net

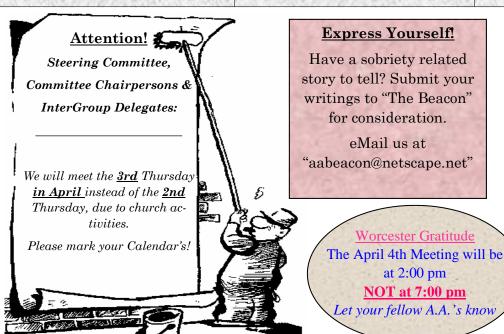
Volume 6, Issue 4



"The circle stands for the whole world of A.A., and the triangle stands for A.A.'s Three Legacies of Recovery, Unity, and Service."

Alcoholics Anonymous Comes of Age, page 139

Step Four	Tradition Four	Concept Four
(Recovery)	(Unity)	(Service)
Made a searching and fearless moral inventory of ourselves.	Each group should be autono- mous except in matters affecting other groups or A.A. as a whole.	At all responsible levels, we ought to maintain a traditional "Right of Participation," allowing a vot- ing representation in reasonable proportion to the responsibility that each must discharge.



# **Be Free**

Inside this Ed	<u>ition</u>
Upcoming Events	2
Group Information	2
Service Meetings	3
Bookie Board	4 - 5
InterGroup Timeline	5
Steering Committee	6
Sponsorship	7
Beacon Subscription	8

	<u>Upcoming Events</u>			
May 16	May 16 Area 30 Post Conference Assembly. Hosted by District 26. Site TBD. All G.S.R.'s, DCM's and Area Officers are responsible to attend. All A.A. members are encouraged to attend. Contact chair@aaemass.org			
June 24 - 27	34th Maryland State Convention of Alcoholics Anonymous - For more info, please email <a href="mailto:stateconvention@marylandaa.org">stateconvention@marylandaa.org</a>			
September 12	Area 30 Workshop Assembly. Hosted by Districts 12 & 13. Site TBD. All G.S.R.'s, DCM's and Area Officers are responsible to attend. All A.A. members are encouraged to attend. Contact <a href="mailto:chair@aaemass.org">chair@aaemass.org</a>			

## Attention!

## Westboro area A.A. Meetings

Spectrum Transitional program (154 Oak Street Westboro, Ma) needs help with getting clients to meetings. These are people who will be released soon and need the hand of A.A. to help them learn about A.A. meetings. (what A.A. can and cannot do)

If you have a car and are willing to help out on any night of the week, Please call....:

Ellen McQ.

(Treatment Facility Chairperson)

(508) 752-9000 (Leave a Message)

This is 12th Step work!

Email: treatment@aaworcester.org

Don't just "hang around" A.A.

Get Involved!

#### **Meeting Locations**

If your group is looking for a new location, or know of a new startup group that needs a place to meet, contact the Intergroup office. We get contacted by organizations who are willing to have A.A. meetings use their locations.

Call the Intergroup Office:

(508) 752-9000

#### Are you the future Beacon Editor?

In about a year my term as editor of "The Beacon" will be up. Do you have an interest in getting involved in service work that's enjoyable, rewarding, and even a bit creative?

#### Get involved now!

I am a committee of one at the moment, but if you, or someone you know has an interest in working on "The Beacon".

at "aabeacon@netscape,net" for further details.

Charlie W.

"...Put your legs to work and give your gums a rest!..."

## **Alcathon Committee**

Have some great Alcathon ideas? Then shout 'em out man!

The Alcathon Committee will meet on **April 22**, **2004** @ **7:00 pm** (at the Intergroup office) to plan the Thanksgiving, Christmas and New Year's Alcathon(s) for 2004!

Here is your chance to be part of the solution!

Page: 2 April 2004

Service Meetings				
InterGroup/D	istrict 25 & 26	<u>Area 30</u>		
Steering Committee	Intergroup Delegates	Eastern Mass. General	Grapevine Committee	
St. Joan of Arc Church	St. Joan of Arc Church	Service Committee	Boston Central Service	
570 Lincoln St.	570 Lincoln St.	St. John's	368 Congress St. Lower Level	
Worcester	Worcester	80 Mt. Auburn	Boston	
2nd Thursday	2nd Thursday	Watertown	4th Sunday	
6:15pm	7:00pm	4th Wednesday	1:00pm-3:00pm	
		8:00pm		
Public Information	Joint Treatment	CPC Committee	Joint Treatment Facilities	
Intergroup Office	Intergroup Office	Boston Central Service	St. Luke's	
100 Grove St. # 309	100 Grove St. # 309	368 Congress St. Lower Leve	l 950 East St.	
Worcester	worcester Worcester	Boston	Dedham	
2nd Monday	Worcester  4th Saturday	2nd Thursday	3rd Friday	
7:00pm	10am	7:00pm	8:00pm	
		l i	•	
Joint Corrections	Social Committee	Archives Committee	<u>Literature Committee</u>	
Intergroup Office	Intergroup Office	St. John's	Carter Methodist Church	
100 Grove St. # 309	100 Grove St. # 309	80 Mt. Auburn	800 Highland Ave.	
Worcester	Worcester	Watertown	Needham	
TBA	TBA	3rd Thursday	1st Monday	
		7:30pm	7:30pm	
District 25 - CPC Committee	District 25 (GSR's)	Corrections Committee	Joint Public	
Intergroup Office	St. Joan of Arc Church	Boston Central Service	<u>Information</u>	
100 Grove St. # 309	570 Lincoln St.	368 Congress St. Lower Leve	l Boston Central Service	
Worcester	Worcester	Boston	368 Congress St. Lower Level	
2nd Wed.	1st Tuesday	4th Thursday	Boston	
6:30 - 8:00 pm	7:30pm		1st Thursday 7:00 pm	
District 26 (GSR's)		Sobriety	One-Liners	
Local 60 Union Hall	( <b>2</b> )	"it works best	if you don't drink"	
Mechanic St.	To the second		nvolved"	
Leominster			t's been laid before us"	
1st Thursday	\$ S.		ething new"	
7-9pm	and the		choices - learn from them"	
	"Rarely have we	seen a person fail"		

Page: 3 April 2004

Intergroup Office Phone # listed. intergroup office for Please contact the office for Bookie Phone Number(s).

# The Bookie Board

## \*\*\* Group Updates Needed!! \*\*\*

If your group is not listed, or your group has "TBD" (To be Determined) as part of it's bookie information, please get your updates to the Beacon staff by emailing them to AABeacon@netscape.net, or calling the Intergroup office at (508) 752-9000 and let them know you have a Bookie Board update.

	Brookfield	"Sunday Morning"	10:00 am	Leon F.	(508) 752-9000
	Fitchburg	"Sunday Morning"	10:15 am	Frank G.	(508) 752-9000
	Shrewsbury	"Shrewsbury Gratitude"	7:00 pm	TBD	(508) 752-9000
AY	Southbridge	"Southbridge Originals"	7:00 pm	André L.	(508) 752-9000
SUNDAY	Stow	"Stow Sunday"	11:00 am	Tom S.	(508) 752-9000
	Webster	"Triton"	7:30 pm	Kim W.	(508) 752-9000
		"Early Risers"	10:00 am	John O.	(508) 752-9000
	Worcester	"Gratitude"	7:00 pm	Christine T.	(508) 752-9000

	Leominster	"Original Group"	7:45 pm	Dean R.	(508) 752-9000
X	Spencer	"Spencer Fellowship"	7:30 pm	Anna R.	(508) 752-9000
MONDAY	Sutton	"Sutton Center" Outgoing	7:00 pm	John C.	(508) 752-9000
M	Webster	"Joy of Living"	8:00 pm	Harry H.	(508) 752-9000
	Worcester	"Crozier"	8:00 pm	Marla V.	(508) 752-9000

Z	Groton	"Easy Does it"	7:30 pm	Joe F.	(508) 752-9000
TUESDA	Webster	"The Fellowship of Webster"	7:30 pm	Jack	(508) 752-9000
TT	Worcester	"Young People"	7:30 pm	TBD	(508) 752-9000

Page: 4 **April 2004** 

The	Beacon one#	listed.		Volun	ne 6 Issue 4
_ In	Beacon  Office Phone #  tergroup Office Phone #  please contact the office Phone Number (  Phone	The Book	ie Board		
P	Bookie Phone	"Auburn Group"	7:30 pm	Tony B.	(508) 752-9000
			-		
DAY	Westboro	"Westboro Forge"	8:00 pm	Sue N.	(508) 752-9000
WEDNESDAY		"Four Corners"	8:00 pm	Terry A.	(508) 752-9000
WEL	Worcester	"Top of the Hill"	8:00 pm	Bonnie	(508) 752-9000
		"We Mean Business"	7:00 pm	Нарру С.	(508) 752-9000
	Douglas	"Maintenance & Repair"	7:00 pm	Paul P.	(508) 752-9000
AY	Dudley	"Day at a Time"	8:30 pm	TBD	(508) 752-9000
THURSDAY	Holden	"Holden Group"	8:00 pm	Mike K.	(508) 752-9000
THU		"Stay Active"	6:45 pm	Rose	(508) 752-9000

(						
	day	Westboro	"As Bill Sees it"	7:30 pm	Pat C.	(508) 752-9000
	Fri	Worcester	"Greendale"	8:30 pm	Ginny	(508) 752-9000
l				1	1	

7:30 pm

Maureen B.

(508) 752-9000

"Serenity"

Worcester

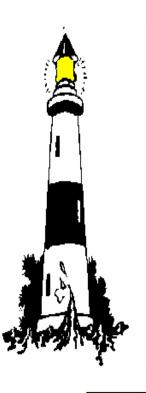
AY	Millbury	"Millbury Traditions"	7:30 pm	Donna H.	(508) 752-9000
LURD	Upton	"Upton Capertown"	1:30 pm	Fred S.	(508) 752-9000
SAT	Worcester	"How it Works"	6:45 pm	Нарру С.	(508) 752-9000

2004 InterGroup Timeline		
Updated! April 15	Elections and appointments	
May 13	New signature cards for bank account signed; Budgets proposed and voted on	
June 10	New Officers and Committee chairs begin term of office; Meeting times for the year established	

Page: 5 April 2004

Steering Committee & Committee  Chairpersons			
Alternate Chair	Ellen Mc.		
Secretary	Sherry F.		
Treasurer	Jeanne L.		
Alternate Treasurer	Harry H.		
Trustees	Brandy H., Janet L.,Bob Mc., Tom W.		
Office Manager	John H.		
Treatment Facilities	Ellen Mc.		
Correctional Facilities	Enzo H.		
H.A.L.T. Line	Enzo H.		
Social Committee	Brandy H.		
Public Information	Bruce W.		
Beacon Editor	Charlie W.		
Liaison to District 25	Janet L.		
Liaison to Area 30	Open		
Alcathon Committee	Billy S.		

If you need to speak to any of these people, you can leave a message at the Intergroup Office, 752-9000, and the staff will be happy to ask them to return your call.



## Worcester Area Intergroup

100 Grove St., Suite 309 Worcester, MA 01605 (508) 752-9000 (508) 752-0755 (fax)

#### www.aaworcester.org

#### Office Hours:

Monday	10am-2pm
Tuesday	10am-8pm
Wednesday	10am-8pm
Thursday	10am-8pm
Friday	10am-2pm
Saturday	9am-2pm
Sunday	CLOSED

### Deadline!

For Information to go into the

May issue, submissions

Must be received by

April 16, 2004

Email "The Beacon" at:

AABeacon@netscape.net

# H.A.L.T. Line (Available Hours)

Updated!

When anyone calls the Intergroup office after business hours, WAI provides a service known as the H.A.L.T. line. This free service is to provide 24/7 access to meetings information for everyone.

Monday	1:00 am - 3:00 am	2:00 pm - 4:00 pm	10:00 pm - Midnight	
Tuesday	3:00 am - 8:00 am	10:00 pm - Midnight		
Wednesday	10:00 pm - 8:00 am			
Thursday	All slots currently filled!			
Friday	All slots currently filled!			
Saturday	6:00 pm - 11:00 pm			
Sunday		All slots currently filled!		

 $To\ volunteer,\ call\ the\ Hotline\ Chairperson,\ Enzo,\ at\ (508)\ 752-9000\ or\ email\ @\ \underline{worchaltline@aol.com}.$ 

Page: 6 April 2004

### Has Sponsorship changed?

Probably! All things that remain the same, and do not evolve with the times, typically whither and fade away. I've spoken many times about how my first sponsor would say things to me like "sit down, shut-up, and we'll let you know when you have something to say". I rarely see this kind of raw instruction given to a newcomer these days. Even from me.

In some ways it's become a kindler gentler process when newcomers start attending meetings. Had I been treated in a more friendly manner, I may not have stayed sober. What I got, and how it was delivered to me, stays with me to this day, and is the foundation of my recovery. It was <u>exactly what I needed</u> at the time. If my first sponsor had said, "*There, there big guy, it'll be ok*", I would have felt in control, and stopped listening pretty early on. As it was, I was always on edge when we were together, because he held me to my word. If I said I was going to do something, he followed up, and made sure I was being truthful. Being truthful was not a personality trait I practiced often before getting sober.

All of us have needed re-programming when we got to A.A. I have yet to meet anyone in the program who was mentally and spiritually stable when they entered the halls, and was truthful about it. Some people have claimed to me that drinking was their only issue, everything else was fine. Fine? Yeah right! As I've heard over the years, "My best thinking and my worst drinking got me to the halls of A.A.". In time, I learned, that I thought different, and reacted different than non-alcoholic "Earth" people.

Over the years I've sponsored a number of people, and some have gotten it, and followed the path, as it's laid before us, and others have faded away, or in a few cases, have died. In sponsorship, sometimes it's easy to feel a failure when a pigeon relapses. In these times I find that it's not a bad thing to feel that way, because at least I'm feeling something, instead of stuffing it. And if in their failings at staying sober, I have remained sober, then a total failure, it was not. I use these times as a learning tool, so I may become a better sponsor the next time I'm asked.

So has sponsorship changed? Or have I changed over the years in sobriety? Could be either. The principles of sponsorship are to help the newcomer to get an understanding of the program, and even more basic than that, get them to meetings, so maybe they can "get it". Sometimes sponsoring people with longer sobriety is less rewarding than those just starting out. When you see someone new, begin to see the light in living a clean and sober life, it makes it all worth while. It even makes those crazy phone calls at 3:00 am an acceptable part of the process.

I've experienced pigeons who have found this new path to be the most rewarding experience of their lives, and typically I'm asked "How can I ever thank you?". My response, as I learned it from others, has always been to say, "Pass it on!".

Charlie W.

## **On Anonymity**

"...there were two ways to break the anonymity Tradition: (1) by giving your name at the public level of press or radio; (2) by being so anonymous that you can't be reached by other drunks..."

Dr. Bob

Page: 7 April 2004

# 12 Step Volunteer Application

Геlephone Number					
Fowns You will accept calls from					
Hours you are available					
I wish to help		Males Only	□ Fe	males Only	Both
Ages I am willing to work with		C Teens	C 20-30	O 30-40	
		C 40-50	C 50-60	C Over 60	
		C Other (Please sp	ecify):		
I am willing to :		Talk to a person on the phone		Go to a person's home to talk *	
		Give rides to A.A. Meetings		Give rides to a Detox/Rehab*	
		Meet someone a	t A.A. Meetings	Other:	

# **The Beacon Subscription Form**

Get The Beacon delivered right to your home!!				
(Please print neatly!)				
Name				
Address				
City/Town State Zip Code				
Please bring this form, along with \$5.00 for a one year subscription to				
the Intergroup Office, or mail to:				
Worcester Area Intergroup				
100 Grove Street Suite 309				
Worcester, MA 01605				
ATTN: Beacon				

"I Am Responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that:

I AM RESPONSIBLE."



Page: 8 April 2004