

April 2005



The Beacon

Worcester Area Intergroup

Email: Beacon@AAworchester.org

Volume 7, Issue 4

Are you the Someone?

A.A. needs people to get involved in Service work. Currently there are many positions that are unfilled. It's sad to think that there are so many Meetings in our Area but only 20 or so of the 154 groups Listed are represented at the monthly meeting. Is your group Represented? Did you know if you don't attend you don't have a vote?

Elections for new positions are coming up in the next few months if you have experience or would like to learn about the jobs available I invite you to attend the next delegates meeting Thursday April 14th 2005 7:00pm at St. Joan of Arc Church Lincoln Street in Worcester 7:00PM. Or you may email me at Intergroupchair@RCN.Com if you would like to know more about these positions.

No eMail? No Problem - Phone me at [REDACTED] for additional information.

The Committee's Chair's (positions) that are available are:

- Secretary
- Liason to Area 30
- Web Site
- Cooperation with the professional Community
- Alternate Treasurer
- Liaison to District 25
- Editor of the Beacon
- Public Information
- Social Committee
- Halt line
- Corrections
- Treatment
- Alcathon

Help us to carry the message of A.A. to the still sick and suffering alcoholic. Don't sit back and think someone else will do it! Someone else hasn't made it yet. Be someone and attend the next delegates meeting.

Ellen McQ. - Intergroup Chairperson (2004-2005)

Quotes from "The Big Book"

"Practical experience shows that nothing will so much insure immunity from drinking as intensive work with other alcoholics" Page 89

"Helping others is the foundation stone of your recovery" Page 97

"Give freely of what you find, and join us" Page 164

"We have found much of heaven and we have been rocketed into a fourth dimension of existence of which we had not even dreamed" Page 25

"We have seen the truth demonstrated again and again: 'Once an alcoholic, always an alcoholic.'" Page 33





“The circle stands for the whole world of A.A., and the triangle stands for A.A.’s Three Legacies of Recovery, Unity, and Service.”

Alcoholics Anonymous Comes of Age, page 139

| <p><u>Step Four</u> (Recovery)</p> | <p><u>Tradition Four</u> (Unity)</p> | <p><u>Concept Four</u> (Service)</p> |
|---|--|---|
| <p><i>Made a searching and fearless moral inventory of ourselves.</i></p> | <p><i>Each group should be autonomous except in matters affecting other groups or A.A. as a whole.</i></p> | <p><i>At all responsible levels, we ought to maintain a traditional “Right of Participation,” allowing a voting representation in reasonable proportion to the responsibility that each must discharge.</i></p> |

Traditions Checklist

These questions were originally published in the AA Grapevine in conjunction with a series on the Twelve Traditions that began in November 1969 and ran through September 1971. While they were originally intended primarily for individual use, many AA groups have since used them as a basis for wider discussion.

~

Each Month the corresponding Tradition checklist will be published.

Tradition Four Checklist

| | |
|--|--|
| <p>1) Do I insist that there are only a few right ways of doing things in AA?</p> | <p>4) Do I always bear in mind that, to those outsiders who know I am in AA, I may to some extent represent our entire beloved Fellowship?</p> |
| <p>2) Does my group always consider the welfare of the rest of AA? Of nearby groups? Of Loners in Alaska? Of Internationalists miles from port? Of a group in Rome or El Salvador?</p> | <p>5) Am I willing to help a newcomer go to any lengths-his lengths, not mine-to stay sober?</p> |
| <p>3) Do I put down other members' behavior when it is different from mine, or do I learn from it?</p> | <p>6) Do I share my knowledge of AA tools with other members who may not have heard of them?</p> |

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On-Line 12 Steps & 12 Traditions, Articles, and Tradition Checklist's

www.aagrapevine.org/stepsTrads/stepsTrads_index.html

Service Meetings Monthly Schedule

InterGroup/District 25 & 26

| | | | |
|------------------------------------|--|--------------|----------|
| Public Information | Intergroup Office 100 Grove St. # 309 Worcester | 4th Monday | 7:00 pm |
| District 25 (GSR's) | St. Joan of Arc Church 570 Lincoln St. Worcester | 1st Tuesday | 7:30 pm |
| Joint Corrections | Intergroup Office 100 Grove St. # 309 Worcester | 2nd Tuesday | 7:00 pm |
| District 25 - CPC Committee | Intergroup Office 100 Grove St. # 309 Worcester | 2nd Wed. | 6:30 pm |
| District 26 (GSR's) | Local 60 Union Hall Mechanic St. Leominster | 1st Thursday | 7:00 pm |
| Steering Committee | St. Joan of Arc Church 570 Lincoln St. Worcester | 2nd Thursday | 6:15 pm |
| Intergroup Delegates | St. Joan of Arc Church 570 Lincoln St. Worcester | 2nd Thursday | 7:00 pm |
| Social Committee | Sacred Heart Church 595 Cambridge St. Worcester | 2nd Saturday | 6:00 pm |
| Joint Treatment | Intergroup Office 100 Grove St. # 309 Worcester | 4th Saturday | 10:00 am |

Area 30

| | | | |
|-----------------------------------|--|--------------|--------|
| Grapevine Committee | Boston Central Service 368 Congress St. Lower Level Boston | 4th Sunday | 1:00pm |
| Literature Committee | Carter Methodist Church 800 Highland Ave. Needham | 1st Monday | 7:30pm |
| Eastern Mass. GSC | St. John's 80 Mt. Auburn Watertown | 4th Wed. | 8:00pm |
| Joint Public Information | Boston Central Service 368 Congress St. Lower Level Boston | 1st Thursday | 7:00pm |
| CPC Committee | Boston Central Service 368 Congress St. Lower Level Boston | 2nd Thursday | 7:00pm |
| Archives Committee | St. John's 80 Mt. Auburn Watertown | 3rd Thursday | 7:30pm |
| Corrections Committee | Boston Central Service 368 Congress St. Lower Level Boston | 4th Thursday | |
| Joint Treatment Facilities | St. Paul's 59 Court Street Dedham | 3rd Friday | 8:00pm |

Group Donations

The following shows a **suggested** breakdown of each Group dollar donated and the mailing address for each Service Entity:

| Worcester Area Intergroup (50%) | G.S.O. (30%) | District 25 (10%) | General Service Committee (10%) |
|--|---|---|---|
| 100 Grove Street Suite 309 Worcester, MA 01605 | PO Box 459 Grand Central Station New York, NY 10163 | District #25 PO Box 4553 Turnpike Station Shrewsbury, MA 01454 | General Service Committee PO Box 51411 Boston, MA 02205 |

The Bookie Board

| | Town | Group | Time | Contact | Phone |
|------------------|--------------|-----------------------|----------|---------------|----------------|
| Sunday | Ashburnham | Naukeag Group | 6:15 pm | John B. | (508) 752-9000 |
| | Brookfield | Sunday Morning | 10:00 am | Leon F. | |
| | Fitchburg | Sunday Morning | 10:15 am | Frank G. | |
| | Shrewsbury | Shrewsbury Gratitude | 7:00 pm | TBD | |
| | Southbridge | Southbridge Originals | 7:00 pm | André L. | |
| | Stow | Stow Sunday | 11:00 am | Ed C. | |
| | Webster | Triton | 7:30 pm | Kim W. | |
| | Worcester | Early Risers | 10:00 am | John O. | |
| | | There is Hope | 10:00 am | Gene C. | |
| Monday | Leominster | Original Group | 7:45 pm | Dean R. | (508) 752-9000 |
| | Spencer | Spencer Fellowship | 7:30 pm | Anna R. | |
| | Sutton | Sutton Center | 7:00 pm | John C. | |
| | Webster | Joy of Living | 8:00 pm | Harry H. | |
| | Worcester | Crozier | 8:00 pm | Marla V. | |
| Tuesday | Charlton | Courage to Change | 7:30 pm | Darryl | (508) 752-9000 |
| | Groton | Easy Does it | 7:30 pm | Joe F. | |
| | Webster | Fellowship of Webster | 7:30 pm | Jack | |
| | Worcester | Young People | 7:30 pm | Steve D. | |
| Wednesday | Auburn | Auburn Group | 7:30 pm | Tony B. | (508) 752-9000 |
| | Westboro | Westboro Forge | 8:00 pm | Larry B. | |
| | Worcester | Four Corners | 8:00 pm | Sarah N. | |
| | | Top of the Hill | 8:00 pm | Bonnie | |
| | | We Mean Business | 7:00 pm | Happy C. | |
| Thursday | Douglas | Maintenance & Repair | 7:00 pm | Suzanne | (508) 752-9000 |
| | Dudley | Day at a Time | 8:30 pm | Jim B. | |
| | Holden | Holden Group | 8:00 pm | Mike K. | |
| | Whitinsville | GOYA | 8:00 pm | Peter L. | |
| | Worcester | Stay Active | 6:45 pm | Nancy Q. | |
| | | Serenity | 7:30 pm | Cynthia C. | |
| Friday | Marlboro | New Life | 8:00 pm | Dick C. | (508) 752-9000 |
| | Worcester | Greendale | 8:30 pm | Ginny | |
| Saturday | Millbury | Millbury Traditions | 7:30 pm | Mary C. | (508) 752-9000 |
| | Upton | Upton Capertown | 1:30 pm | Curt | |
| | Worcester | How it Works | 6:45 pm | Mike S. | |

*** Group Updates Needed!! ***

If your group is not listed, please eMail your updates to : Beacon@AAworchester.org

H.A.L.T. Line needs your help!

Contact the H.A.L.T. line chairpeople at haltline@aaworcester.org or call WAI at (508) 752-9000 to volunteer to answer the phone when someone calls looking for a meeting in the Greater Worcester Area.

The following chart shows the available hours that need to be filled on the H.A.L.T. Line.
 During the hours listed below there is nobody to answer the phones when someone calls looking for a meeting in the area.
“...We can't keep it unless we give it away...”

| Day | <u>Available Hours</u> | | |
|------------------|--------------------------|---|--|
| Sunday | <i>All slots filled!</i> | | |
| Monday | <i>All slots filled!</i> | | |
| Tuesday | 8:00 - 9:00 am | 9:00 - 10:00 am | <i>All other Tuesday slots are filled!</i> |
| Wednesday | <i>All slots filled!</i> | | |
| Thursday | 7:00 - 8:00 am | <i>All other Thursday slots are filled!</i> | |
| Friday | 8:00 - 9:00 am | 9:00 - 10:00 am | <i>All other Friday slots are filled!</i> |
| Saturday | <i>All slots filled!</i> | | |

| <u>Upcoming Events</u> | |
|------------------------|---|
| April 10 | Area 30 Pre-Conference Assembly Hosted by District 8 - Weymouth High School, Pleasant St, Weymouth MA |
| April 30 | Area 30 Roadshow - Upton Capertown Group Upton Senior Center - 1 Centennial Ct (off rt. 140), Upton, MA |
| May 20-22 | NERF - North East Regional Forum Hosted by Area 28 - Maine, Inn by the Bay, Portland, ME |
| June 30 - July 3 | 2005 International Convention - 70th Anniversary of AA Toronto, Canada |

Worcester Area Intergroup

100 Grove St., Suite 309
 Worcester, MA 01605
 (508) 752-9000
 (508) 752-0755 (fax)

www.aaworcester.org

Office Hours:

Monday 10am-2pm
Tuesday 10am-8pm
Wednesday 10am-8pm
Thursday 10am-8pm
Friday 10am-2pm
Saturday 9am-2pm
Sunday CLOSED

**2005
 Intergroup Timeline**



| | |
|---------------------------------|--|
| April 14 | Elections and appointments |
| May 12 | New signature cards for bank account signed; Budgets proposed and voted on |
| June 9 | New Officers and Committee chairs begin term of office; Meeting times for the year established. |
| Monthly Meeting Schedule | April 14, May 12, June 9, July 14, August 11, September 8, October 13, November 10, December 8. |

Steering Committee & Committee Chairpersons

| Position | Name | eMail Address |
|---------------------------|--|--|
| Chairperson | Ellen McQ. | Intergroupchair@rcn.com |
| Alternate Chair | Bob Mc. | |
| Secretary | DonnaMae B. | Intergroupsecretary@rcn.com |
| Treasurer | Harry H. | Intergrouptreasurer@rcn.com |
| Alternate Treasurer | Sandy A. | |
| Trustees | Bob D. , Kristi C. , Jeanne L., Bruce W. | |
| Office Manager | John H. | steps@rcn.com |
| Treatment Facilities | Sue N. | treatment@rcn.com |
| Correctional Facilities | OPEN | Corrections@rcn.com |
| H.A.L.T. Line Chairperson | Janet L. | haltline@rcn.com |
| Co-Chairperson | Scott L. | |
| Social Committee | Mark J. | Social@rcn.com |
| Public Information | Bruce W. | PIChair@rcn.com |
| Webmaster | Bruce W. | webmaster@rcn.com |
| Liaison to District 25 | Mary M. | |
| Liaison to Area 30 | Open | |
| Alcathon Committee | Billy S. | |
| Beacon Editor | Charlie W. | beacon@rcn.com or (860) 235-4974 |

NERAASA (North East Regional Alcoholics Anonymous Service Assembly)

I am grateful to Worcester Area Intergroup for supporting attendance at NERAASA. I was able to attend again this year and had a wonderful experience. NERAASA is like a giant pep rally for service work. I have met some wonderful people who have shared their experience strength and hope with me about service work.

How it all began for Me; I was just over a year sober and a member of the Upton Caper town meeting. John H. and Brandy H. were very active in the group and thought I should become the groups GSR (General Service Representative) not knowing what it was all about I started to ask around and heard things like OHHH don't get involved, it's a giant business meeting, It's all politics, they fight all the time at THOSE meetings, the list went on... needless to say, I attended the meeting to find out for myself. I was very confused and didn't know what was going on or even what Area 30 was (never mind District 25). I went 4 times and quit! (That's what I did back then rather than ask questions) it was 2 ½ years later before I got involved again. I become the Alt. Intergroup Representative for my home group (Shrewsbury Gratitude) all that was required was for me to attend the meeting when the Intergroup Rep. couldn't make the meeting (easy enough). I started to attend the meetings, I knew many people from the different meetings that I attended so I felt comfortable enough to ask questions. Today when new delegates come to the meeting I try to make the effort to share my Experience, Strength & Hope, and encourage them to ask questions so they won't have to quit before giving it a try. We When I moved I had to find a new Home group. At the first Business meeting they were in need of an Alt. Intergroup Representative (Webster Triton) I volunteered. It was by attending the Delegates meeting and being involved that I knew in my heart this is where I needed and wanted to be. I love being a part of Alcoholics Anonymous as a whole! I found out for me, that A.A. was bigger than just the meetings I attended, where, I complain that I DO service work, setting up the hall, making the coffee, greeting people, selling tickets... isn't that enough? But A.A. needs our help! There is so much 12th step work that needs to be done behind the scenes to keep A.A. growing.

I have held many positions within the service structure of A.A. Alcathon Chair, Trustee on the Steering Committee, Treatment Facilities Chair, Chair of Intergroup, in the next few months I rotate into Trustee again. All of which I felt I was not qualified for but I learned as I went from those who came before me. During the past 5 years of Service work I have learned a lot about myself, and my defects. I am better able to just be another bozo on the bus rather than trying to force my ideas onto others (because you know, I'm always right!) I am honored to be the Current Intergroup Rep. to my newest Home group (Way of Sobriety) Now I know it's an honor and a responsibility to my group and to A.A. to do my part to carry the message and keep A.A. alive and thriving within our district.

I have been told we don't rotate out we rotate over. While sitting in as Trustee I'm already considering which position I will fill to help out. I know the God of my understanding will guide me in the right direction it won't be what I think is right that's for sure! But again I will grow and learn.

Thank you for the opportunity you have given me to serve and to learn as your Chairperson at Worcester Area Intergroup.

Ellen McQ.

Do you have a story to tell?

Sobriety based stories are always welcomed at *The Beacon*.

There are only a few suggested guidelines when submitting something for consideration:

- This publication is provided by Worcester Area Intergroup, and therefore stories are limited to experience, strength and hope as it relates to alcoholism.
- No personal information will be printed (i.e. Phone numbers, email addresses, etc). You may submit your writings as "Anonymous" if you wish, however contact information is required in case the editor has any questions/concerns.
- The editor has final say as to what does and does not get published.
- The publication goes to the printer on the 15th of the month, so writings must be submitted by the 10th for enough time for review and any revisions that may be needed.

eMail your stories to: Beacon@AAworchester.org

12 Step Volunteer Application

| | | |
|-----------------------------------|---|--------------|
| Name: (last initial only) | _____ | Phone: _____ |
| Towns you will accept calls from: | _____ | |
| Available Hours: | _____ | |
| I wish to help: | <input type="checkbox"/> Males only <input type="checkbox"/> Females only <input type="checkbox"/> Both | |
| Age Groups I prefer: | <input type="checkbox"/> Teens <input type="checkbox"/> 20-30 <input type="checkbox"/> 30-40 <input type="checkbox"/> 40-50 <input type="checkbox"/> 50-60 <input type="checkbox"/> Over 60 Other: _____ | |
| I am willing to: | <input type="checkbox"/> Talk to a person on the phone <input type="checkbox"/> Go to a persons home to talk <input type="checkbox"/> Give rides to A.A. Meetings <input type="checkbox"/> Give rides to Detox/Rehab <input type="checkbox"/> Meet someone at a meeting <input type="checkbox"/> Other: _____ | |

Note. It is strongly suggested that a person NOT go on a Twelfth Step call alone!



"I Am Responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that:
I AM RESPONSIBLE."

Slogans that Work

Don't Drink and go to Meetings!

~

Be Different - Stay Sober

The Beacon Subscription Form

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