Volume 4, Issue 2

February 2002

# The Beacon

#### Inside this issue:

All Phone numbers have been All Phone number intergroup changed to the number... Office Phone number...

Meeting Changes	2
Timeline	2
Help Wanted	3
Announcements	4
Korte's Korner	5
Bookie Board	6
Service Meetings	7

### Deadline....

.....for information to go into the March issue of The Beacon is February 15th, 2002.

Information can be sent to :

Worcester Area Intergroup 100 Grove St., Suite 309 Worcester, MA 01605

or e-mailed to:

BRANDYLH1@yahoo.co m (please use the word "beacon" in the subject line)

# <u>Tradition Two</u>

For our group purpose there is but one ultimate authority - a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.

From The traditions Checklist:

1.Do I criticize or do I trust and support my group officers, AA committees, and office workers? Newcomers? Oldtimers?

2. Am I absolutely trustworthy, even in secret, with AA Twelfth Step jobs or other AA responsi-



bility?

3. Do I look for credit in my AA jobs? Praise for my AA ideas?

4. Do I have to save face in

### Plea For Help

The Intergroup Office reports that there is a huge need for 12-Step volunteers.

There just aren't enough to cover the whole area and we need for the hand of AA to be there to welcome newcomers and talk to people who just aren't sure AA is for them.

There is a form in this issue to fill out if you are interested. It could involve anything from visiting a wet drunk, to meeting someone at a meeting. Your level of involvement is completely up to you. Please help us help those who are still sick and suffering.

group discussion, or can I yield in good spirit to the group conscience and work cheerfully along with it?

5. Although I have been sober a few years, am I still willing to serve my turn at AA chores?

6. In group discussions, do I sound off about matters on which I have no experience and little knowledge?

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### Meeting Changes

Is your meeting changing time or location? Closing? New Meeting starting? Let us know!! Send the information to the Intergroup Office and it will go into The Beacon, the next update of the Meeting List and updated on our web site!!

### CHANGE!!

Southbridge Original (Sundays) is changing times to: Beginners Meeting 6-7pm and Speaker meeting 7-8pm.

CHANGE!! Primary Purpose (Spencer) has moved to the South Spencer Community House, South Spencer Road.

**NEW!!** 449 Group 7:00pm-8:30pm Tuesdays at Bethany Church, 1189 Main St. Worcester. This is a closed discussion meeting.

CHANGE!! The Auburn 12 Step Meeting that meets on Thursdays will be moving to St. Thomas Episcopal Church on School St. effective as of December 7th.

NEW!! The Fellowship of Webster will meet from 7:30pm-9:00pm on Tuesdays at Serenity Hall, 275 Main Street in Webster. This is a nonsmoking Open Speaker meeting.

CLOSED!! Sunday ODG Sober Pride meeting in Webster is no longer meeting.

NEW!! Southbridge Park St. Women's Group meets on Wednesdays from 5:30-6:30pm at Elm Street Congregational Church (Park St. entrance). This is a closed womens discussion meeting.

NEW!! The following 3 meetings all meet at Serenity Hall in Webster, 275 Main St.: Mondays 7-8am – Early Risers – Step meeting Wednesdays 7-8am – Early Risers – Big Book meeting Fridays 7-8am – Early Risers – As Bill Sees It meeting

CHANGE!!! Berlin Center Candle Light Step group will change their meeting time to Thursdays from 7:30pm to 9:00pm.

### **June 2001 to May 2002**

**February 14, 2002** – Nominations Committee appointed

March 14, 2002 – Nominations made for all officers and Committee chairpersons

**April 11, 2002** – Elections and appointments

May 9, 2002 – New signature cards for bank account signed; Budgets proposed and voted on

### Step 2:

Came to believe that a Power greater than ourselves could restore us to sanity.

### Group Split

The Gratitude Group has split into two different groups.

Shrewsbury Gratitude will remain at Lakeview Congregational Church, 115 Coburn Ave., Worcester and Worces-

ter Gratitude has moved

to 1070 Pleasant St., Worcester.

> Both still meet on Sunday nights at 7pm.

### Help Wanted

*H.A.L.T.line* is looking for volunteers to answer the phone from their homes when the office is closed. If you can give, even an hour a week, please call Paul P. at (508) 752-9000

*Treatment Facilities* needs groups to fill the new commitments that are coming up. If you can help, please call at the Intergroup Office.

Worcester Area Intergroup

10am-2pm

10am-8pm

10am-8pm

10am-8pm

10am-2pm

9am-2pm

CLOSED

100 Grove St., Suite 309 Worcester, MA 01605

www.aaworcester.org

(508) 752-9000

Office Hours:

Monday

Tuesday

Wednesday

Thursday

Saturday

Sunday

Friday

*Corrections Facilities* is looking for people to get involved. Please contact the Intergroup Office for more details.

Several of our Intergroup and District Committees are in need of help. If you have one day a month you could devote to helping out on a Committee, please ask your Intergroup Delegate, GSR or call the Intergroup Office for more information. We are currently looking for active Chairpersons for CPC and Archives committees.

Page 3

### UPCOMING EVENTS

February 22-24, 2002 – NERAASA 2002 will be held at the Pittsburgh Airport Marriott in Pittsburgh, PA. For more info call: Arlene H. (508) 752-9000, Dave B. (508) 752-9000, Lois C. (508) 752-9000

October 4-6, 2002 – Northeast Regional Convention will be held at the Sheraton South Portland Hotel in Portland Maine. More details to come.

## **Group Anniversaries**

If your Group would like to announce their Anniversary in The Beacon, please call the Intergroup Office during their normal business hours. **Upton Capertown** will celebrate their Anniversary on February 16<sup>th</sup>, 2002 at the Upton Senior Center on Centennial Ct. (off 140). Speakers start at 1:30 followed by food and fellowship.

# Special Needs

Deaf AA members requiring interpreters for AA meetings can call Paul Hostovsky at (TTY #) (508) 752-9000 or e-mail at Paul.Hostovsky@state. ma.us There is also a number to call for an update of meeting in the Boston Area that are interpreted, the number is (508) 752-9000 and this list of meetings is updated every Friday.

Large print Meeting Lists are now available for those with vision problems. Call the Intergroup Office to find out how to get a copy for yourself or someone you know!!

### Area 30 Treatment

<u>Day</u>	<u>Time</u>	Facility & Location	
Sunday	7:30-8:30pm	Spaulding Rehab, 125 Nashua St., Boston	
Sunday	8:00-9:00pm	Women's Hope, 10 Chamblet St., Bldg. 10, Dorchester	
Monday	7:30-8:30pm	Somerville Hospital, 230 Highland Av., Unit 5-C, Somerville	
Tuesday	8:00-9:00pm	Women's Hope, 10 Chamblet St., Bldg. 10, Dorchester	
Wednesday	7:00-8:00pm	Medfield State Hospital., 45 Hospital Rd., Medfield	
Wednesday	7:30-8:30pm	Arbour Hospital, 49 Robinwood Av., Jamaica Plain	
Saturday	1:00-2:00pm	Somerville Hospital, 230 Highland Av., Unit 5-C, Somerville	
Saturday	7:30-8:30pm	Somerville Hospital, 230 Highland Av., Unit 5-C, Somerville	

The Area 30 Joint Treatment Facilities Committee has the above Commitments open. If you group is interested in taking any of them, please call Tracey M. (Calendar Coordinator for the Committee) at (508) 752-9000

### ONLINE....

### Worcester Area Intergroup

NEW!!! www.aaworcester.org

Alcoholics Anonymous General Service Office http://www.alcoholicsanonymous.org

Grapevine http://www.aagrapevine.org

### Announcements

Addresses needed!! We still have several groups in this area that we do not have contact information for. The contact person would receive The Beacon to bring to their groups. To find out if we have your group contact, please call Brandy at (508) 752-9000

Need more copies of The Beacon? Visit Worcester Area Intergroup or come to the Intergroup Delegates Meeting and pick up more. You can have the convenience of having The Beacon delivered to you!! Just \$5 will give you a one year subscription mailed to your home. Don't wait to rely on your group to have extras in stock!! See back page for subscription form or pick up forms at the Intergroup Office.

Save your Grapevines:: Please set up a box at YOUR meetings. Worcester Area Intergroup will take you donations of old Grapevine issues to send out to Treatment and Correctional Facilities. There will be a Bookie Exchange Meeting on Wednesday, March 6th, 2002 at the Intergroup Office, 100 Grove St., Suite 309, Worcester. The exchange will begin at 6:30pm and will be available until 7:45pm. Coffee and Munchies will be served. Come and fill up those blank spots!!!

### **Bookie Meeting**

As a rule, I find it a good idea to never give advice, as a friend of mine once said, "I drank mad dog 20-20 and (blanked) in my pants...here, let me set up your retirement account."

But, in this case, I think I have some solid advice based on personal experience, so I'll share. If you're enjoying being "right" in a resentment, for the love of Pete, DON'T read about the third step at the beginning of "How it Works" in the book <u>Alcoholic's Anonymous</u>.

This is the second time I've been wrenched from a resentment by that dastardly reading. I've been battling my feelings with regard to some goings on at a meeting in my new stomping ground of North Carolina. (I seem to have forgotten that "we've stopped fighting anything or anyone")

While I have been greatly enjoying Asheville and my friends there, I have been troubled by one aspect of the area. What's been standing in the way of freedom from the stress of the situation has not been my recent relocation to Asheville, but to "rightland". One of those resentments that doesn't exist (one that is justified) has popped up. I feel as right as rain, and it's been killing me.

I disagree with some basic philosophies and actions of some group members and have been doing everything possible to stay out of the situation. What I've *also* been doing is subtly self-seeking here and there, putting in my opinions occasionally, tipping my attitude and hoping others will agree with me.

Now I don't want to dramatize the situation, because the truth is that I'm human, I have opinions, and I have been healthier with regard to this stuff than I've ever been before. That being said, after countless tenth steps on this topic, the resentment against these folks has come back, again, and again. I have been unable to get completely free of the resentment. What seems to periodically escape me is that it is impossible, *completely impossible* to be "right" while being *in* a resentment. Every I conjure up resentment has dishonesty as a principle ingredient, so I am absolutely unable to be *right* when *in resentment*.

My tenth steps on this matter *seemed* to cover the essentials-where was I being selfish, dishonest, self-seeking and afraid, but something was missing. There had to be something wrong-the resentment kept *returning*. Was I not getting deep enough into the truth? What the hell was going on this time?

As I sat down last Friday night, the truth introduced itself me once again. When the reading is step three, and I'm holding on to being right about something, the truth is sometimes as gentle as an ice pick entering my eye socket. I felt the reality of my wrongness coming to me even as early as the reading of the group conscience. Al winced as the chairperson read the following, "when we stopped blaming people, places, and things for our problems and looked at *ourselves* as the root cause of our alcoholism-we got better". It was beginning to come to me that (yet again) I alone was fueling my discomfort.

Terror started to spread through me as I realized I was the speaker and was going to have to tell the truth about this stuff. The fact that the people I had my private conflict with were present at the meeting wasn't helping my resolve.

"God, why do I have to be the speaker tonight?" I whined.

As the reading progressed, I felt as though it were written for me, just as I have felt so many times before. When the reading got to page 61, after illustrating the many ways I can self-seek to get my way, it goes on to nail me right between the eyes- "Admitting he may be somewhat at fault, he is sure that other people are more to blame. He becomes angry, indignant, self-pitying."

It dawned on me finally that I was still playing the "I'm right" game. I was doing lame tenth steps, admitting I was wrong on some level, but reserving my right to judge others as being "misguided" or some other such nonsense, while deeming myself as "right". Annoyed and unhappy, but right nonetheless.

I know a guy that says, "I can be right, or I can be happy." I was preparing to be happy again. All I had to do was tell the truth about myself and leave my judgments out of it, keeping the focus on where I had come up short.

When the reading hit the bottom of the page, and went into the examples of the whiners that never accomplish a thing, but bemoan the state of affairs, I felt about ready to explode. I couldn't wait for the reading to end so I could unload the nonsense and justification I had been carrying. The deepest understanding I have of the situation so far is this: the opinions of the people involved (including myself) are inconsequential. The fact that I'm wrong doesn't mean someone else is right. Beside that, someone else being wrong doesn't make me right.

What makes me wrong here is my judgment of others, my lack of a useful reaction to the situation, my insistence that I am *right*. There are many positive things I could have done here, and I've done none of them. I was exactly like the guys griping on the bottom of page 61 while helping no one. I was far from maximizing my usefulness to God, these people, or others, for that matter. That, my friends, is why I was in pain. The biggest dishonesty was telling myself that the discomfort I was feeling was due to the actions and attitudes of these folks, when it was because my own actions and my own self-centered behavior.

I was wrong, and I feel great.

If you are the bookie for

your home group and wish to

have your number posted

here, please call or write to

the Intergroup Office. This is

a great way to learn who the

Bookies are for other groups

and to get your number out

to others!!

### Bookie Board

Upton Capertown: (Sat. 1:30pm) Cindy S. (508) 752-9000

How It Works (Worcester):(*Sat 6:45pm*) Tom B. (508) 752-9000

How It Works (Northboro): (Wed 8:00pm) David C. (508) 752-9000

Hopedale Ray Of Hope: (Sun Repair (Thurs. 7-8pm) 10:30am) Carol Y. or Ricky B. (508) 752-9000

4 Corners (Worcester): (Wed. 8:00pm) John Y. (508) 752-9000

Way Of Sobriety (Worcester) (Sun 10:00 am) Debbie P. (508) 752-9000

Stow Sunday: (Sun. 11:00 am) Tom S. (508) 752-9000

Holden Thursday Night (*Thurs.* 8:30pm)

Gill B. (508) 752-9000

Starting Anew (Holliston) (Wed. 8:00pm) Elaine K. (508) 752-9000

GOYA (Whitinsville) (Thurs. Janet (508) 752-9000 8:00pmMike P. (508) 752-9000

Worcester Young People (Tues. 7:30pm) Jamie F. (508) 752-9000

Hudson Straight Shooters (Thurs. 8:00pm) Brian B. (508) 752-9000

Hudson Sunday Best (Sunday Leominster Original (Mon 7:30pm) David B. (508) 752-9000

Millis Fellowship (Thurs. 8:00pm) Bill G. (508) 752-9000

Douglas Maintenance and Paul P. (508) 752-9000

Top Of The Hill (Wed. 8:00pmJeanne M. (508) 752-9000

Webster Joy of Living (Mon. 8:00pmHarry (508) 752-9000

Hudson Townline (Sat. 8:00pm) Bob G. (508) 752-9000

Greendale Group (Worcester Fri. 8:30pm) Paul H. (508) 752-9000

Putnam Young People's (Putnam, CT Fri. 8:00pm) Glenn R. (508) 752-9000

Westboro Sunday Morning (Sunday 11-noon)

Upton Spirit (*Wednesday*) Amy L. (508) 752-9000

Groton Easy Duz It (*Tuesday* 7:30pm) Joe F. (508) 752-9000

Early Risers (Worcester Sun 10am) Dayle (508) 752-9000

7:45-9:00pm) James S. (508) 752-9000

Clinton Shamrocks (Tues. 7:15p-8:30pm) Cheryl D. (508) 752-9000

Aurora Group (6:45pm-8pm) Joanne K. (508) 752-9000leave message

New Way Of Life ( Mon. 7pm-8pm) Audrey M. (508) 752-9000

Sherborn Wednesday Night (Wed 8pm-9:15pm) Debbie C. (508) 752-9000

7AM Group (daily) Alan S. (508) 752-9000

Southbridge Sunday Night John B. (508) 752-9000

Millbury Traditions (Saturdays 7:30pm-8:30pm) Donna (508) 752-9000

Webster Triton (Sundays 7:30-9:00pm) Ellen McQ (508) 752-9000

Area 30 Joint Treatment **Facilities Committee Calendar Coordinator** Tracev M. (508) 752-9000

### Service Meetings

INTERGROUP / DISTRICT 25 Steering Committee St. Joan of Arc Church 570 Lincoln St. Worcester 2nd Thursday 6:15pm

### Intergroup Delegates

St. Joan of Arc Church 570 Lincoln St. Worcester 2nd Thursday 7:00pm

### **Public Information**

Intergroup Office 100 Grove St. # 309 Worcester 2nd Monday 7:00pm

### Joint Treatment

Intergroup Office 100 Grove St. # 309 Worcester TBA

### **Responsibility Declaration**

I am responsible. When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that: I am responsible.

### Joint Corrections

Intergroup Office 100 Grove St. # 309 Worcester TBA

### Social Committee

Intergroup Office 100 Grove St. # 309 Worcester 2nd Wednesday 7:00pm

### Beacon Committee

Intergroup Office 100 Grove St. # 309 Worcester TBA

#### District 25 (GSR's)

St. Joan of Arc Church 570 Lincoln St. Worcester 1st Tuesday 7:30pm

### AREA 30

Eastern Mass. General Service Committee St. John's 80 Mt. Auburn Watertown 4th Wednesday 8:00pm

### **Grapevine Committee**

Boston Central Service 368 Congress St. Lower Level Boston 4th Sunday 1:00pm-3:00pm

#### **CPC** Committee

Boston Central Service 368 Congress St. Lower Level Boston 2nd Thursday 7:00pm

#### Joint Treatment Facilities

St. Luke's 950 East St. Dedham 3rd Friday 8:00pm

#### **Archives Committee**

St. John's 80 Mt. Auburn Watertown 3rd Thursday 7:30pm

### Literature Committee

Carter Methodist Church 800 Highland Ave. Needham 1st Monday 7:30pm

#### **Corrections Committee**

Boston Central Service 368 Congress St. Lower Level Boston 4th Thursday 7:00pm

#### **Public Information**

Boston Central Service 368 Congress St. Lower Level Boston 1st Thursday 7:00pm

	The Beacon Subscription Form Get The Beacon delivered right to your home!! Please print neatly!
Name	
Address	
City/Town	State Zip Code
Please bring this form, along w	ith \$5.00 for a one year subscription to the Intergroup Office, or mail to: Worcester Area Intergroup 100 Grove Street Suite 309 Worcester, MA 01605 ATTN: Beacon
	12 Step Volunteer Application
ame (First name and last initial):	
elephone Number:	
owns you will accept calls from:	
lours that you are available:	
I wish to help: <u>Males Only</u>	
ges I am willing to work with: <u>Teens</u> 20 to 30	<u>30 to 40 40 to 50 50 to 60 Over 60</u>
Other (Please specify)	
am willing to: (please circle all that apply)	
Talk to a person on the phone	Go to a persons home to talk *
Give rides to AA Meetings	<u>Give rides to Detox *</u>
Meet someone at a meeting	Other (please specify)
	welfth step call alone to help an alcoholic who is still suffering. Also you should NOT drive a wet drunk to a treatment fac r with you. If you circled either of these items, please be sure that you have another member of A.A. that is willing to go a