

March 2005



The Beacon

Worcester Area Intergroup

Email: Beacon@AAworchester.org

Volume 7, Issue 3



2005 International Convention

JUNE 30 - JULY 3, 2005 - TORONTO, CANADA

70th Anniversary!

For more information: www.aa.org

Dance Schedule

The Second Saturday of each month!

Next Dance is on

March 12

April 9

May 15 (Mother's Day)

Sacred Heart Church

596 Cambridge Street

Worcester, MA

7:00-11:00 pm

\$5.00 donation at the door

Request a Song.....: intergroupdance@aol.com



Group Change

Worcester - **"There is Hope"** group is moving to their new location on *March 6th*.

New Location

12 Queen Street

Community Health Link Building

Sunday's 10:00 - 11:00 am



“The circle stands for the whole world of A.A., and the triangle stands for A.A.’s Three Legacies of Recovery, Unity, and Service.”

Alcoholics Anonymous Comes of Age, page 139

Step Three (Recovery)	Tradition Three (Unity)	Concept Three (Service)
<i>Made a decision to turn our will and our lives over to the care of God as we understood Him.</i>	<i>The only requirement for A.A. membership is a desire to stop drinking.</i>	<i>To insure effective leadership, we should endow each element of A.A. – the Conference, the General Service Board and its service corporations, staffs, committees, and executives – with a traditional "Right of Decision".</i>

Traditions Checklist

These questions were originally published in the AA Grapevine in conjunction with a series on the Twelve Traditions that began in November 1969 and ran through September 1971. While they were originally intended primarily for individual use, many AA groups have since used them as a basis for wider discussion.

~

Each Month the corresponding Tradition checklist will be published.

Tradition Three Checklist

1) In my mind, do I prejudge some new AA members as losers?	4) Do I let language, religion (or lack of it), race, education, age, or other such things interfere with my carrying the message?
2) Is there some kind of alcoholic whom I privately do not want in my AA group?	5) Am I overimpressed by a celebrity? By a doctor, a clergyman, an ex-convict? Or can I just treat this new member simply and naturally as one more sick human, like the rest of us?
3) Do I set myself up as a judge of whether a newcomer is sincere or phony?	6) When someone turns up at AA needing information or help (even if he can't ask for it aloud), does it really matter to me what he does for a living? Where he lives? What his domestic arrangements are? Whether he had been to AA before? What his other problems are?

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On-Line 12 Steps & 12 Traditions, Articles, and Tradition Checklist's

www.aagrapevine.org/stepsTrads/stepsTrads_index.html

Service Meetings Monthly Schedule

InterGroup/District 25 & 26

Public Information	Intergroup Office 100 Grove St. # 309 Worcester	4th Monday	7:00 pm
District 25 (GSR's)	St. Joan of Arc Church 570 Lincoln St. Worcester	1st Tuesday	7:30 pm
Joint Corrections	Intergroup Office 100 Grove St. # 309 Worcester	2nd Tuesday	7:00 pm
District 25 - CPC Committee	Intergroup Office 100 Grove St. # 309 Worcester	2nd Wed.	6:30 pm
District 26 (GSR's)	Local 60 Union Hall Mechanic St. Leominster	1st Thursday	7:00 pm
Steering Committee	St. Joan of Arc Church 570 Lincoln St. Worcester	2nd Thursday	6:15 pm
Intergroup Delegates	St. Joan of Arc Church 570 Lincoln St. Worcester	2nd Thursday	7:00 pm
Social Committee	Sacred Heart Church 595 Cambridge St. Worcester	2nd Saturday	6:00 pm
Joint Treatment	Intergroup Office 100 Grove St. # 309 Worcester	4th Saturday	10:00 am

Area 30

Grapevine Committee	Boston Central Service 368 Congress St. Lower Level Boston	4th Sunday	1:00pm
Literature Committee	Carter Methodist Church 800 Highland Ave. Needham	1st Monday	7:30pm
Eastern Mass. GSC	St. John's 80 Mt. Auburn Watertown	4th Wed.	8:00pm
Joint Public Information	Boston Central Service 368 Congress St. Lower Level Boston	1st Thursday	7:00pm
CPC Committee	Boston Central Service 368 Congress St. Lower Level Boston	2nd Thursday	7:00pm
Archives Committee	St. John's 80 Mt. Auburn Watertown	3rd Thursday	7:30pm
Corrections Committee	Boston Central Service 368 Congress St. Lower Level Boston	4th Thursday	
Joint Treatment Facilities	St. Paul's 59 Court Street Dedham	3rd Friday	8:00pm

Group Donations

The following shows a **suggested** breakdown of each Group dollar donated and the mailing address for each Service Entity:

Worcester Area Intergroup (50%)	G.S.O. (30%)	District 25 (10%)	General Service Committee (10%)
100 Grove Street Suite 309 Worcester, MA 01605	PO Box 459 Grand Central Station New York, NY 10163	District #25 PO Box 4553 Turnpike Station Shrewsbury, MA 01454	General Service Committee PO Box 51411 Boston, MA 02205

The Bookie Board

	Town	Group	Time	Contact	Phone
Sunday	Ashburnham	Naukeag Group	6:15 pm	John B.	(508) 752-9000
	Brookfield	Sunday Morning	10:00 am	Leon F.	
	Fitchburg	Sunday Morning	10:15 am	Frank G.	
	Shrewsbury	Shrewsbury Gratitude	7:00 pm	TBD	
	Southbridge	Southbridge Originals	7:00 pm	André L.	
	Stow	Stow Sunday	11:00 am	Ed C.	
	Webster	Triton	7:30 pm	Kim W.	
	Worcester	Early Risers	10:00 am	John O.	
		There is Hope	10:00 am	Gene C.	
Monday	Leominster	Original Group	7:45 pm	Dean R.	(508) 752-9000
	Spencer	Spencer Fellowship	7:30 pm	Anna R.	
	Sutton	Sutton Center	7:00 pm	John C.	
	Webster	Joy of Living	8:00 pm	Harry H.	
	Worcester	Crozier	8:00 pm	Marla V.	
Tuesday	Charlton	Courage to Change	7:30 pm	Mike M.	(508) 752-9000
	Groton	Easy Does it	7:30 pm	Joe F.	
	Webster	Fellowship of Webster	7:30 pm	Jack	
	Worcester	Young People	7:30 pm	Updated Steve D.	
Wednesday	Auburn	Auburn Group	7:30 pm	Tony B.	(508) 752-9000
	Westboro	Westboro Forge	8:00 pm	Larry B.	
	Worcester	Four Corners	8:00 pm	Sarah N.	
		Top of the Hill	8:00 pm	Terry	
		We Mean Business	7:00 pm	Happy C.	
Thursday	Douglas	Maintenance & Repair	7:00 pm	Suzanne	(508) 752-9000
	Dudley	Day at a Time	8:30 pm	Jim B.	
	Holden	Holden Group	8:00 pm	Mike K.	
	Whitinsville	GOYA	8:00 pm	Peter L.	
	Worcester	Stay Active	6:45 pm	Nancy Q.	
		Serenity	7:30 pm	Cynthia C.	
		As Bill Sees it	7:30 pm	Pat C.	
Friday	Marlboro	New Life	8:00 pm	Dick C.	(508) 752-9000
	Worcester	Greendale	8:30 pm	Ginny	
Saturday	Millbury	Millbury Traditions	7:30 pm	Mary C.	(508) 752-9000
	Upton	Upton Capertown	1:30 pm	Updated Curt	
	Worcester	How it Works	6:45 pm	Mike S.	

*** Group Updates Needed!! ***

If your group is not listed, please eMail your updates to : Beacon@AAworchester.org

H.A.L.T. Line needs your help!

Contact the H.A.L.T. line chairpeople at haltline@aaworcester.org or call WAI at (508) 752-9000 to volunteer to answer the phone when someone calls looking for a meeting in the Greater Worcester Area.

The following chart shows the available hours that need to be filled on the H.A.L.T. Line.

During the hours listed below there is nobody to answer the phones when someone calls looking for a meeting in the area.

“...We can't keep it unless we give it away...”

Day	Available Hours						
Sunday	2:00 - 3:00 pm	3:00 - 4:00 pm	4:00 - 5:00 pm	5:00 - 6:00 pm	6:00 - 7:00 pm		
Monday	1:00 - 2:00 am	2:00 - 3:00 am	3:00 - 4:00 am	4:00 - 5:00 am	5:00 - 6:00 am	6:00 - 7:00 am	
Tuesday	Midnite - 1:00 am	1:00 - 2:00 am	2:00 - 3:00 am				
Wednesday	<i>All slots filled!</i>						
Thursday	Midnite - 1:00 am	1:00 - 2:00 am	2:00 - 3:00 am	4:00 - 5:00 am	5:00 - 6:00 am	6:00 - 7:00 am	
Friday	8:00 - 9:00 am	9:00 - 10:00 am	7:00 - 8:00 pm	8:00 - 9:00 pm			
Saturday	2:00 - 3:00 pm	3:00 - 4:00 pm	4:00 - 5:00 pm	5:00 - 6:00 pm	6:00 - 7:00 pm	7:00 - 8:00 pm	8:00 - 9:00 pm

Upcoming Events

March 12	District 25 & Worcester Area Intergroup Seminar "The Home Group: Carrying the Message into Treatment Facilities" UU Church of Worcester, 90 Holden St., Worcester, MA
April 10	Area 30 Pre-Conference Assembly Hosted by District 8 - Weymouth High School, Pleasant St, Weymouth MA
April 30	Area 30 Roadshow - Upton Capertown Group Upton Senior Center - 1 Centennial Ct (off rt. 140), Upton, MA
May 20-22	NERF - North East Regional Forum Hosted by Area 28 - Maine, Inn by the Bay, Portland, ME
June 30 - July 3	2005 International Convention - 70th Anniversary of AA Toronto, Canada

Worcester Area Intergroup

100 Grove St., Suite 309
 Worcester, MA 01605
 (508) 752-9000
 (508) 752-0755 (fax)

www.aaworcester.org

Office Hours:

Monday 10am-2pm
Tuesday 10am-8pm
Wednesday 10am-8pm
Thursday 10am-8pm
Friday 10am-2pm
Saturday 9am-2pm
Sunday CLOSED

**2005
 Intergroup Timeline**



March 10	Nominations made for all officers and Committee chairpersons
April 14	Elections and appointments
May 12	New signature cards for bank account signed; Budgets proposed and voted on
June 9	New Officers and Committee chairs begin term of office; Meeting times for the year established.
Monthly Meeting Schedule	March 10 , April 14, May 12, June 9, July 14, August 11, September 8, October 13, November 10, December 8.

Steering Committee & Committee Chairpersons

<u>Position</u>	<u>Name</u>	<u>eMail Address</u>
Chairperson	Ellen McQ.	Intergroupchair@rcn.com
Alternate Chair	Bob Mc.	
Secretary	DonnaMae B.	Intergroupsecretary@rcn.com
Treasurer	Harry H.	Intergrouptreasurer@rcn.com
Alternate Treasurer	Sandy A.	
Trustees	Bob D. , Kristi C. , Jeanne L., Bruce W.	
Office Manager	John H.	steps@rcn.com
Treatment Facilities	Sue N.	treatment@rcn.com
Correctional Facilities	OPEN	Corrections@rcn.com
H.A.L.T. Line Chairperson	Janet L.	haltline@rcn.com
Co-Chairperson	Scott L.	
Social Committee	Mark J.	Social@rcn.com
Public Information	Bruce W.	PIChair@rcn.com
Webmaster	Bruce W.	webmaster@rcn.com
Liaison to District 25	Mary M.	
Liaison to Area 30	Open	
Alcathon Committee	Billy S.	
Beacon Editor	Charlie W.	beacon@rcn.com

Keeping it Green

Of all the bumper stickers and slogans I've seen over the years, these two always bring a smile to my face:



The first tells me where to find the answers I need to learn about this disease, and as with most effective A.A. slogans, it's straight and to the point. As a newcomer, and over the years in sobriety, if I faltered in my spiritual program, and became weak in my approach to life, a sponsor, or trusted A.A.'er would invariably tell me where to find some answers. "*It's in the Book*", some old-timer would bark at me. When alone, for whatever reason, it's always good to have a copy of the 'Big Book' handy. We never know when we may actually get off our butt's and start studying the path as it's been laid before us, instead of using it as a coaster for our coffee cups.

The other slogan reminds me of that point in time when I asked for help from the insanity that had become my life. I couldn't live with alcohol, and I could not seem to live without it. Each time I drank I did not know what would happen. Too many times my intentions were to drink a few beers and then the next day I would be wondering what I had done the day before. Or even, the day before that. Blackouts and confusion were my companions during the worst of my drinking. Followed by a patchwork of memories as to where I had been, what I had done, and why had I done it again. I may not have known it at the time I asked for help, but I believe firmly today that I surrendered to alcohol, and did not merely quit a bad habit.

Earth people's reaction to this alcoholic have varied over the years. Sometimes, from people who witnessed my drinking, I get a "Thank God" response after telling them I no longer drink. Others, not familiar with my active drinking years, give responses that range from an odd look, to a sympathetic *I'm-weaker-than-them* response, to a "get away from me" attitude. I try not and get wrapped up in the positive responses, and I try not to let the negative ones ruin my day. I am cautious in whom I break my anonymity with, and even sometimes when I'm sure it will be okay to share that I am an alcoholic, it does not always get received well. But that's okay. I'm not here for sympathy or to pump my ego up. I'm here to stay sober, and to carry the message.

I need to remain vigilante in being as willing today to *do anything to stay sober* as I was when I first came around. In that way, I keep my sobriety fresh, or green as they say. Once I become complacent, and live on yesterday's sobriety, I start to venture out onto thin ice. To keep what I have been so freely given, I must give it away every day.

Charlie W.

Do you have a story to tell?

Sobriety based stories are always welcomed at *The Beacon*.

There are only a few suggested guidelines when submitting something for consideration:

- This publication is provided by Worcester Area Intergroup, and therefore stories are limited to experience, strength and hope as it relates to alcoholism.
- No personal information will be printed (i.e. Phone numbers, email addresses, etc). You may submit your writings as "Anonymous" if you wish, however contact information is required in case the editor has any questions/concerns.
- The editor has final say as to what does and does not get published.
- The publication goes to the printer on the 15th of the month, so writings must be submitted by the 10th for enough time for review and any revisions that may be needed.

eMail your stories to: Beacon@AAworchester.org

12 Step Volunteer Application

Name: (last initial only)	_____	Phone: _____
Towns you will accept calls from:	_____	
Available Hours:	_____	
I wish to help:	<input type="checkbox"/> Males only <input type="checkbox"/> Females only <input type="checkbox"/> Both	
Age Groups I prefer:	<input type="checkbox"/> Teens <input type="checkbox"/> 20-30 <input type="checkbox"/> 30-40 <input type="checkbox"/> 40-50 <input type="checkbox"/> 50-60 <input type="checkbox"/> Over 60 Other: _____	
I am willing to:	<input type="checkbox"/> Talk to a person on the phone <input type="checkbox"/> Go to a persons home to talk <input type="checkbox"/> Give rides to A.A. Meetings <input type="checkbox"/> Give rides to Detox/Rehab <input type="checkbox"/> Meet someone at a meeting <input type="checkbox"/> Other: _____	

Note. It is strongly suggested that a person NOT go on a Twelfth Step call alone!



"I Am Responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that:
I AM RESPONSIBLE."

Slogans that Work

PASS IT ON..	Expect a Miracle
Live And Let Live	This too..shall pass
K.I.S.S. <small>(Keep It Simple Stupid)</small>	IF IT WORKS DON'T FIX IT!
SCREW GUILT!	Easy Does It

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Cost? \$5.00 per year (12 issues) - Mail to : **Worcester Area Intergroup 100 Grove Street Suite 309 Worcester, MA 01605**