

#### <u>Worcester Area</u> <u>Intergroup</u>

100 Grove St., Suite 314 Worcester, MA 01605 (508) 752-9000 (508) 752-0755 (fax)

www.aaworcester.org

#### Office Hours:

Monday 10am-2pm Tuesday 10am-8pm Wednesday 10am-8pm Thursday 10am-2pm Friday 10am-2pm Saturday 9am-2pm Sunday CLOSED The office is CLOSED Christmas Day 12/25 & New Year's

#### The Beacon Staff

1/2018 — 12/2018

- Editor: John McI beacon@aaworcester.org

- Office Manager: Brandy H. officemanager@aaworcester.org.

#### NEVER MISS AN ISSUE

Get a color version of The Beacon emailed to you—send an email to: Beacon@aaworcester.org with SUBSCRIBE as the subject line.

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# The Beacon

Worcester Area Intergroup Newsletter

Volume 20 issue 12

December 2018

### EVENTS! 2018 Alcathons

St. John's Church, 44 Temple St., Worcester 01604

Christmas - Monday December 24 noon thru Tuesday December 25 @ midnight

New Year's - Monday December 31 noon thru Tuesday January 1@ midnight

Food donations accepted from groups or individuals. <u>Complete Group commitment schedule on pages 2 and 3</u>

The Alcathon Committee needs volunteers— see page 2 for info Also see the flyer on **Page 9** of the digital **Beacon** 

## UGLY SWEATER PARTY & YANKEE SWAP?!

- Friday, December 7th, 2018 6:30pm Pizza
- 7pm ÅA OSD Meeting 8pm Yankee Swap and games!
- Trinity Church 23 Main Street, Northborough
- Bring an item valued at \$10 or less to participate in the Yankee swap.\*
- Ugliest sweater wins a prize!
- Contact Emily D. with any questions: (508) 614-8989 or social@aaworcester.org
- \*Extra items will be available for those that are unable to purchase an item.

Also see the flyer on Page 11 of the digital Beacon

#### A.A. Bowling League

- Bowlero, 405 Boston Turnpike, Route 9, Shrewsbury
- SUNDAYS \$12 Per player per week 3 players per team
- More info Emily D. (508) 614-8989 or by email social@aaworcester.org
- See the WAI flyer on Page 10 digital Beacon

#### WAI Elections for 2019 held!

WAI Elections and Committee appointments were held at the November Delegates' Meeting—however we are still seeking an Alternate Treasurer, Secretary and Alternate Secretary. If you are interested, please contact Emily D. (altchair@aaworcester.org) or Brandy H.

(officemanager@aaworcester.org). We MUST fill these positions at the December Delegates' Meeting.

#### December 2018



Volunteers <u>Needed!</u>

The Alcathon Committee is looking for volunteers to be Host/Hostess at our Alcathons! It's a great opportunity for Sponsor/Sponsee activity doing service work. We are looking for 2 people for each shift - at least one must have a year or more sobriety. Duties will include making coffee, putting out food, ensuring food tables are kept clean and , possibly, starting a Pick-Up Meeting if a scheduled group does not show up.

Please contact Brandy for more information or to sign up through FB , call the office to speak to her, or send an email to alcathon@aaworc ester.org.

2018 Christmas Alcathon				
Day/Date	Time	Group		
1 Monday 12/24	12pm-1pm	Worcester - The Way Out		
2 Monday 12/24	1pm-2pm	Webster - Triton		
3 Monday 12/24	2pm-3pm	Spencer - Fellowship		
4 Monday 12/24	3pm-4pm	Worcester - Daily Choice		
5 Monday 12/24	4pm-5pm	Worcester - There Is Hope		
6 Monday 12/24	5pm-6pm	Worcester - High Noon		
7 Monday 12/24	6pm-7pm	Worcester - Greendale		
8 Monday 12/24	7pm-8pm	Rutland - Friday Night		
9 Monday 12/24	8pm-9pm	Shrewsbury - Gratitude		
10 Monday 12/24	9pm-10pm	Worcester - As Bill Sees It		
11 Monday 12/24	10pm-11pm	Worcester - MidDay		
12 Monday 12/24	11pm-12am	Worcester - Seven Hills		
13 Tuesday 12/25	12am-1am	Worcester - Young People		
14 Tuesday 12/25	1am-2am	Worcester - 7 AM		
15 Tuesday 12/25	2am-3am	Shrewsbury - BB Workshop		
16 Tuesday 12/25	3am-4am	Northboro - Saturday Morning		
17 Tuesday 12/25	4am-5am	Grafton - Happy, Joyous and Free		
18 Tuesday 12/25	5am-6am	Worcester - Wed. BBSS		
19 Tuesday 12/25	6am-7am	Worcester - Quinsig Group		
20 Tuesday 12/25	7am-8am	Worcester - Fellowship		
21 Tuesday 12/25	8am-9am	Worcester - Main South Sobriety		
22 Tuesday 12/25	9am-10am	Shrewsbury - Eternal Vigilance		
23 Tuesday 12/25	10am-11am	Millbury - Traditions		
24 Tuesday 12/25	11am-12pm	Worcester - 4 Corners		
25 Tuesday 12/25	12pm-1pm	Worcester - Joy Of Living		
26 Tuesday 12/25	1pm-2pm	Millbury - Center Step		
27 Tuesday 12/25	2pm-3pm	N. Brookfield - Sunset		
28 Tuesday 12/25	3pm-4pm	Dudley - Day At A Time		
29 Tuesday 12/25	4pm-5pm	Worcester - It All Starts Here		
30 Tuesday 12/25	5pm-6pm	Worcester - Way Of Sobriety		
31 Tuesday 12/25	6pm-7pm	Holden - Thursday Night		
32 Tuesday 12/25	7pm-8pm	Worcester - Gratitude		
33 Tuesday 12/25	8pm-9pm	Worcester - Daily Choice		
34 Tuesday 12/25	9pm-10pm	Worcester - People Helping People		
35 Tuesday 12/25	10pm-11pm	Charlton - Daybreaker		
36 Tuesday 12/25	11pm-12am	Rutland - Firewater		

St. John's, 44 Temple St, Worcester - 12/24 at Noon



<u>I am</u> <u>responsible...</u>

When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that, I am responsible.

> The gift of sobriety... It's pretty good.

A.A. has no side effects.

A.A. can do quite well without me, but how well can I do without A.A.?

ay/Date	Time	Group
1 Monday 12/31	12pm-1pm	Worcester - Saturday BBSS
2 Monday 12/31	1pm-2pm	Worcester - 4 Corners
3 Monday 12/31	2pm-3pm	Worcester - There Is Hope
4 Monday 12/31	3pm-4pm	Shrewsbury - Eternal Vigilance
5 Monday 12/31	4pm-5pm	Grafton - Happy, Joyous and Free
6 Monday 12/31	5pm-6pm	Worcester - High Noon
7 Monday 12/31	6pm-7pm	Worcester - Main South Sobriety
8 Monday 12/31	7pm-8pm	Worcester - Wed. BBSS
9 Monday 12/31	8pm-9pm	Worcester - Quinsig Group
10 Monday 12/31	9pm-10pm	Worcester - Way Of Sobriety
11 Monday 12/31	10pm-11pm	Charlton - Daybreaker
12 Monday 12/31	11pm-12am	Northboro - Saturday Morning
13 Tuesday 01/01	12am-1am	Worcester - Joy Of Living
14 Tuesday 01/01	1am-2am	Millbury - Traditions
15 Tuesday 01/01	2am-3am	Spencer - Fellowship
16 Tuesday 01/01	3am-4am	Worcester - As Bill Sees It
17 Tuesday 01/01	4am-5am	Shrewsbury - Gratitude
18 Tuesday 01/01	5am-6am	Worcester - Fellowship
19 Tuesday 01/01	6am-7am	Grafton - Easy Does It
20 Tuesday 01/01	7am-8am	Worcester - People Helping People
21 Tuesday 01/01	8am-9am	Westboro - Forge
22 Tuesday 01/01	9am-10am	Dudley - Day At A Time
23 Tuesday 01/01	10am-11am	Worcester - The Way Out
24 Tuesday 01/01	11am-12pm	Worcester - Daily Choice
25 Tuesday 01/01	12pm-1pm	Webster - Early Risers
26 Tuesday 01/01	1pm-2pm	Worcester - Sunlight of The Spirit
27 Tuesday 01/01	2pm-3pm	Shrewsbury - BB Workshop
28 Tuesday 01/01	3pm-4pm	Worcester - Seven Hills
29 Tuesday 01/01	4pm-5pm	Worcester - Greendale
30 Tuesday 01/01	5pm-6pm	Webster - Triton
31 Tuesday 01/01	6pm-7pm	Worcester - MidDay
32 Tuesday 01/01	7pm-8pm	Westboro - Sunday Morning
33 Tuesday 01/01	8pm-9pm	Worcester - It All Starts Here
34 Tuesday 01/01	9pm-10pm	Worcester - 7 AM
35 Tuesday 01/01	10pm-11pm	Worcester - Young People
36 Tuesday 01/01	11pm-12am	Rutland - Firewater

2018 New Year's Alcathon

#### St. John's, 44 Temple St., Worcester - 12/31 at Noon

#### December 2018

#### I am responsible...

<u>Step Twelve:</u> "Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs."

When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there.

#### The Twelfth Tradition

#### "Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities."

Anonymity, as we observe it in A.A., is at root a simple expression of humility. When we use the Twelve Steps to recover from alcoholism, we are each trying to achieve real humility, to put our selfrespect on a solid base of truth, rather than on fantasies about ourselves. When we use the Twelve Traditions to work together in A.A., we are all trying to achieve humility; as individual members, by recognizing our true place in A.A.; as a fellowship, by recognizing A.A.'s true place in the world. Tradition One reminds each of us that we are not recovering on our own, that we should control our personal desires and ambitions in order to guard the unity of our group and our Fellowship. We ought not (Tradition Two) fancy ourselves as big shots in A.A., no matter what office we hold. All of us are just alcoholics together, and in our groups we are not entitled (Tradition Three) to rule on the qualifications of other alcoholics seeking the same help that we've had. Yes, a group needs humility too. It may make its name public, but in the spirit of anonymity it should see the Whatever Group as merely part of a bigger whole (Tradition Four), careful in every enterprise to consider the welfare of all the other groups that make up A.A. In both group and individual activities, we should remember what the full name of our Fellowship is. It does not represent any established religion, nor is it a new religion. We are not evangelists or gurus out to save humanity; we are anonymous alcoholics trying to help other alcoholics (Tradition Five). In the rising battle against alcoholism, we ought not let our pride in A.A. mislead us into linking our Fellowship with other agencies, in order to bid for a share in their power, prestige, and funds. If we keep Traditions Six and Seven in mind, we will instead direct all our efforts toward A.A.'s own unique purpose. When we go on Twelfth Step calls, we should not tell ourselves how noble we are for doing such valuable work without pay. The meaning of Twelfth Step work cannot be measured in money (Tradition Eight), and we have received advance pay for it, in coin of far greater worth—our very lives. In the same Tradition, it's suggested that a service center maintains A.A. humility by paying its employees decent wages—rather than considering A.A. so virtuous an outfit that employment there is a favor. When we are given special responsibilities within A.A., Tradition Nine defines these as opportunities to serve, not titles to flaunt. The humility of the Fellowship itself is safeguarded by Tradition Ten, with the refusal to set ourselves up as general authorities, swinging our collective weight around in the public arena. We do not want to sell our program as a

#### A.A. Wisdom for Surviving the Holidays

These A.A. links offer helpful suggestions for a happier and more serene holiday season. <u>https://www.aacleve.org/stay-sober-holidays/</u>

https://www.aa.org/pages/en\_US/holiday-gift-set-aa-history-shelf-4-volumes

https://www.aa.org/newsletters/en\_US/en\_box459\_holiday67.pdf

https://www.aa.org/newsletters/en\_US/en\_box459\_holiday70.pdf

http://www.aagrapevine.org/node/30879

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and Twelve Traditions p. 32

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#### Worcester Area Intergroup is digital -

The WAI website contains online meeting lists, an online bookie exchange, flyers for local A.A. events, digital issues of **The Beacon**, a WAI Calendar of events, and more. See for yourself!

#### aaworcester.org

#### WAI'S ONLINE BOOKIE EXCHANGE

The new Bookie Exchange portal enables Bookies from local towns to quickly find groups seeking commitments and/or post a request. Open slots are listed by town -

CHECK IT OUT! - see flyer, page 14, digital Beacon

#### http://aaworcester.org/aaBookieX.aspx?GRP=WAI



#### Log on and find a meeting http://www.aaworcester.org/GroupNews.aspx? News=Resource&GRP=WAI&ID=498&NONAV=Y&Title=WAI%

#### Proposed Changes to Worcester Area Intergroup Guidelines

A summary of proposed changes to the WAI Guidelines is available from the WAI office 100 Grove St., Worcester or by sending an email to: officemanager@aaworcester.org. <u>aaworcester.org</u>

#### <u>Service Meeting Schedule</u>

Intergroup Steering Committee\* - 100 Grove St. 2nd Floor, Room 206 Worcester, 6:00pm

Intergroup Delegates\* - 100 Grove St. 2nd Floor, Room 206, Worcester, MA 7:00 pm

\*The Intergroup meetings occur the second THURSDAY of each month.

\*\*<u>Until further notice, Steering Committee and Intergroup Delegates Meetings will be held in</u> room 206 (2nd floor) at 100 Grove St. instead of room 401 \*\*

District 25 General Service Committee—St. Joan of Arc Church, Lincoln Street Worcester, MA—meets first Tuesday of the month 7:30 pm

**District 26 General Service Committee**—Madonna of the Holy Rosary Church Hall, 118 Theresa St., Fitchburg, MA meets first Thursday of the month 7:00pm AA members welcome—please come join us!

AREA 30 Eastern Mass. General Service Committee — Belmont / Watertown United Methodist Church 421 Common St., Belmont—4th Wednesday 8:00pm

Position	Name	<u>email address</u> <u>Bold = new</u>
Chairperson Alt. Chair Secretary Alt. Secretary Treasurer Alt. Treasurer Trustee Trustee Trustee Office Manager Alcathon (WAI) Beacon Editor Treatment Facilities Corrections HALTline Liaison to District 25 Liaison to District 26	Nicole L. Emily D. Wendy S. OPEN Lisa R. Jim B. Fred F. Sean K. Bill S. Steve O. Brandy H. John McI Robert M. Steve O. Brandy H. Steve O. Fred F.	chair@aaworcester.org altchair@aaworcester.org secretary@aaworcester.org altsecretary@aaworcester.org alttreasurer@aaworcester.org trustee1@aaworcester.org trustee2@aaworcester.org trustee3@aaworcester.org officemanager@aaworcester.org alcathon@aaworcester.org treatment@aaworcester.org treatment@aaworcester.org corrections@aaworcester.org haltline@aaworcester.org
Liaison to Area 30 Public Information Social Committee Webmaster Bookie Exchange	Ellen McQ. Bill S. Emily D. John H. Bill S. & <b>Fred F</b> .	pichair@aaworcester.org social@aaworcester.org webmaster@aaworcester.org bookiexchange@aaworcester.org

#### Intergroup Officers & Committee Chairpersons (as of 11/15/18)

#### WAI'S ONLINE BOOKIE EXCHANGE

The new Bookie Exchange portal enables Bookies from local towns to quickly find groups seeking commitments and/or post a request. Open slots are listed by town -CHECK IT OUT! - see flyer, page 14, digital Beacon

#### http://aaworcester.org/aaBookieX.aspx?GRP=WAI

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The Beacon

### The Beacon—Subscription Form

Please fill out form, enclose your payment, and mail to: Worcester Area Intergroup

NAME				
ADRESS				
CITYSTATEZIP				
E-MAIL ADDRESS				
Subscriptions to The Beacon are \$10.00 per year to defray the cost of production and postage. Addi- tional donations from members are gratefully accepted. Worcester Area Intergroup is a non-profit organization, dependent on members' contributions. Please				
Mail All completed forms and payments to: Worcester Area Intergroup 100 Grove St., Suite 314 Worcester, MA 01605 Attn: The Beacon				
12 Step Volunteer Application				
Name (First name and last initial):				
Telephone Number:				
Towns you will accept calls from:				
Hours that you are available:				
I wish to help (please circle all that apply): <u>Males Only</u> <u>Females Only</u> <u>Both</u>				
Ages I am willing to work with: <u>Teens</u> <u>20 to 30</u> <u>30 to 40</u> <u>40 to 50</u> <u>50 to 60</u> <u>Over 60</u>				
I am willing to (please circle):				
Talk to a person on the phone <u>Go to a persons home to talk *</u>				
<u>Give rides to AA Meetings</u> <u>Give rides to Detox *</u> <u>Meet someone at a meeting</u>				
Other (please specify)				
*It is suggested that a person NOT make a Twelfth Step call alone to help an alcoholic who is still suf- fering. Also you should NOT drive a wet drunk to a treatment facility (detox) without having another A.A. member with you. If you circled either of these items, please be sure that you have another member of A.A. that is available and willing to go along with you.				
Anniversary Donation Name:				
City/Home Group:				
Sobriety Date: Amt. Enclosed:				
Mail to: <b>Worcester Area Intergroup</b> . All Anniversaries submitted will be published the month following submission. Please contact the newsletter Editor at beacon@aaworcester.org if an Anniversary has not been published for two months following submission.				



The AA Responsibility Statement: I AM RESPONSIBLE WHEN ANYONE ANY WHERE REACHES OUT FOR HELP, I WANT THE HAND OF AA TO ALWAYS BE THERE; AND FOR THAT I AM RESPONSIBLE.

# 2018 Alcathons

# St. John's Church

44 Temple Street, Worcester, MA 01604

## Christmas



Starting: Monday, December 24 at NOON Ending: Tuesday, December 25 at MIDNIGHT

## New Years Eve



Starting: Monday, December 31 at NOON Ending: Tuesday, January 1 at MIDNIGHT

## <u>We need your help!!</u>

The Alcathon Committee needs volunteers to be Host/Hostess at our Alcathons! It's a great opportunity for Sponsor/Sponsee activity doing service work. We are looking for 2 people for each shift - at least one must have a year or more sobriety. Duties will include making coffee, putting out food, ensuring food tables are kept clean and , possibly, starting a Pick-Up Meeting if a scheduled group does not show up. See pages 2 & 3 for Alcathon schedules.

Please contact Brandy for more information or to sign up through FB , call the office to speak to her, or send an email to alcathon@aaworcester.org.

Food Donations Appreciated by Groups and Individuals

## ALCOHOLICS ANONYMOUS SOCIAL COMMITTEE PRESENTS



Bowlero Shrewsbury | 405 Boston Turnpike, Route 9, Shrewsbury

SUNDAYS @ 2pm for 8 Weeks Starting October 21st, 2018

## \$12 Per player per week League discounts @ Bowlero

## 3 players per team | Pizza party at the end of 8 weeks!

Show up on the first day or register: https://goo.gl/forms/D85HzjLxQ3fASYAC2

For more information please contact Emily D. by phone (508) 614-8989 or by email social@aaworcester.org

This bowling league will be "Lights Out" and all bowling will take place under the black lights. Patriots games will be on the big screen at the end of each alley. Alcoholics Anonymous Social Committee of Worcester Area Intergroup invites you to:



# JGLY SWEATER PARTY

Friday, December 7th, 2018 6:30pm Pizza | 7pm AA OSD Meeting 8pm Yankee Swap and games!

Trinity Church 23 Main Street, Northborough

Please bring an item valued at \$10 or less to participate in the Yankee swap.\*

• Ugliest sweater wins a prize!

Please contact Emily D. with any questions: (508) 614-8989 or social@aaworcester.org
\*Extra items will be available for those that are unable to purchase an item.



Join Worcester Area Intergroup Social Committee for a night of fun and games!

#### 6:30pm Potluck | 7pm AA Open Speaker Discussion meeting | 8pm GAME ON!!

Trinity Church: 23 Main Street, Northborough MA

We provide games and pizza! If you are able please bring a food item to share and a game to play or email if you are you interested in organizing a game.

Dates: 2018: 11/2, 12/7 2019: 1/4, 2/1, 3/1 For more information please contact Emily D. Social@aaworcester.org

## OPEN COMMITMENTS TO TREATMENT FACILITIES ANNOUNCEMENT

#### INTERGROUP TREATMENT FACILITIES COMMITTEE

#### "When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that: I am responsible."

Remember that the <u>primary purpose</u> of Alcoholics Anonymous is to stay sober and to help other alcoholics to achieve sobriety. There are far too many people in very early sobriety at Treatment Facilities that are not hearing the message that we are responsible for carrying. With that said the WAI Treatment Facilities Committee is pleased to announce some changes to help fill Open Commitment spots but we need your help.

Please visit the WAI website at <u>www.aaworcester.org</u> and click on the Treatment Facilities Committee link in the lower right corner of the home page. There you will find calendars by facility to view open dates that we need your help filling. Once you find a date that you can help fill please contact the facility's Team Leader. Their emails are as follows:

- 1) Adcare@aaworcester.org for all commitments to Adcare Hospital
- 2) <u>CHL@aaworcester.org</u> for all commitments to Community Healthlink
- 3) Spectrum@aaworcester.org for all male units at Spectrum Health Systems
- 4) MYRCHL@aaworcester.org for all commitments to the youth program of CHL
- 5) Washburn@aaworcester.org for all commitments to Washburn House
- 6) Willows@aaworcester.org for all female units at Spectrum Health Systems

There are hundreds of open spots for just these 6 facilities we are working with. We need help and you can provide that for us in the following ways:

- 1) Having your Group take a Standing Commitment
- 2) Having a group of friends take a Standing Commitment
- Having you and some friends fill an open spot until a Standing Commitment can be found

So please do what you can and if you have general questions you can always contact us at <u>Treatment@aaworcester.org</u>.

Thank you for your service, WAI Treatment Facilities Committee

## orcester Area Intergroup

# BookieXchange

SEEKING COMMITMENT		Expanded View Add New
Town	Group   Meeting	Posts 🔶
Maynard	Baloney Sandwiches	4
New Bedford	MIRACLES HAPPEN	28
B NORTH ATTLEBORG	) FAITHWORKS	1
Northboro	How It Works	3
Northboro	Northboro Saturday AM	3
Westboro	Westboro Forge	9
⊞ Worcester	SERENITY	1
Worcester	Worcester Gratitude	6

Add New to list your meeting Rsvp to take a commitment Post anonymously, get email alerts from web site



## at aaWorcester.org

When, therefore, we were approached by those in whom the problem had been solved, there was nothing left for us but to pick up the simple kit of spiritual tools laid at our feet. We have found much of heaven and we have been rocketed into a fourth dimension of existence of which we had not even dreamed.

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Email Stoney - bookieXchange@aaWorcester.org - for bookie help!