THE BEACON

The light at the end of the tunnel

Worcester Area Intergroup . 100 Grove Street . Suite 314 . Worcester, MA 01605







"Christmas is not a time nor a season, but a state of mind."

— Calvin Coolidge



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15 Tips For A Sober Christmas

You can have a sober Christmas no matter what family or other parties or events you attend. Here are 15 tips millions of AAs use and have used for safe, sane, and sober holiday seasons.

- 1. Remember your last drunk... and the day after... and all the messy details.
- 2. Go to more meetings, in person or via Zoom.
- 3. Call your sponsor or another AA.
- 4. Never go to a party without an exit strategy.
- 5. Bring a sober friend.
- 6. Drive yourself. Make sure your car is not blocked so you can leave any time.
- 7. Bookend parties. Call your sponsor before you go. Call again when you leave.
- 8. Show up early. Once serious drinking starts, leave. They'll remember you were there.
- 9. If you are nervous about what they'll serve, bring your own, soda, juice, etc. You may even want your own container with a lid.
- 10. Find new ways to have fun.
- 11. Find new people to have fun with.
- 12. Stay busy.
- 13. Know how to say "No," and mean it. If the people who say they love you and care about you insist that you drink... they don't really love you and care about you.
- 14. Pray.
- 15. Pray more.

Go to <u>AAWorcester.org</u> for the holiday Alcathon schedules.

— TCS





Happy December,

Snow season is coming. If you plan to come to the Office on a snowy day, please call first to be sure we are open, or check our Facebook page.

We will be closed Monday 12/26 and Monday 1/2.

Worcester Area Intergroup still has openings for Secretary, Alternate Secretary, Bookie Exchange Chair, and Correctional Facilities Chair. Please contact me if you have questions about any of these positions.

Brandy H. Office Manager

Bill wrote this Christmas greeting in 1944. WWll would not end until September of 1945. The world was a dark and dangerous place... much like it is now. But the same faith and hope that kept him and the rest of AA going back then keeps us going today.

To all AA members

Greetings on our 10th Christmas, 1944. Yes, it's in the air! The spirit of Christmas once more warms this poor distraught world. Over the whole globe millions are looking forward to that one day when strife can be forgotten, when it will be remembered that all human beings, even the least, are loved by God, when men will hope for the coming of the Prince of Peace as they never hoped before. But there is another world which is not poor. Neither is it distraught. It is the world of Alcoholics Anonymous, where thousands dwell happily and secure. Secure because each of us, in his own way, knows a greater power who is love, who is just, and who can be trusted. Nor can men and women of AA ever forget that only through suffering did they find enough humility to enter the portals of that New World. How privileged we are to understand so well the divine paradox that strength rises from weakness, that humiliation goes before resurrection; that pain is not only the price but the very touchstone of spiritual rebirth. Knowing its full worth and purpose, we can no longer fear adversity, we have found prosperity where there was poverty; peace and joy have sprung out of the very midst of chaos. Great indeed our blessings! And so Merry Christmas to you all – from the Trustees, from Bobbie and from Lois and me.

— Bill W.

The Beacon

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Beacon@aaworcester.org

Editors: The Cyber Sot

The Digital Drunk

* for previous issues - go to

https://aaworcester.org/E-Beacon/ebeaconnew.htm

Worcester AA

Office Hours

Mondays 10-2pm
Tuesdays 10-8pm
Wednesdays 10-8pm
Thursdays 10-2pm
Fridays 10-2pm
Saturdays 9-2pm
Sundays CLOSEE

beacon@aaworcester.org

December 2022



The Teacher Appeared

When the student is ready......the teacher appears, so they say. This is my experience as a student ... and about my teacher. It's best understood through a story. In 1992 at my sister's wedding my other siblings, my cousins, and I drank a lot. Most of the circular table tops were covered with amber colored bottles, short round glasses and flutes with dried traces of champagne. While we celebrated in our typical fashion, loud and sloppy, my teacher's watchful eyes were set in quiet disapproval.

About a week later, I and the others, received a letter in the mail. Each of the letters were penned in cursive and entitled, *A Word From Grampa*. My steadfast teacher, my loving grandfather, planted a powerful lesson that I could not comprehend for years. Below is the gift I received:







Our family is, beyond doubt, predisposed to alcoholism. It is pretty well established a predisposition to alcoholism is genetically transferred to succeeding generations.

I don't know about my mother's parents, but two of her three brothers were alcoholics. My paternal grandfather and both of his brother's were alcoholics. My father, an only child, was a teetotaler as well as my mother and paternal grandmothers, probably because



they saw the horror brought to the lives of the various family members and all who loved them - from alcoholism.

One of my brothers was an alcoholic. The other four of us and both my sisters were not because we had a healthy respect for and fear of alcohol. Some of my cousins, both male and female, were alcoholics.

I live in fear for my grandchildren and for the descendants of my brothers and sisters. I hope they understand they are very highly predisposed to alcoholism - and take care. The risk is too great to ignore.

Many people can handle alcohol with little fear. WE CANNOT. We must fear it greatly because we are very susceptible.

If you do not already know what to fear, let me know, I can give you first hand information about this insidious, dehumanizing, life ruining, family destroying disease.

Please don't dismiss this paper as ramblings of a pesky old geezer. It is really a matter of life or death.







The day we received this letter, my siblings and cousins phoned one another and mused at Grampy's dramatic letter. It's hard to believe that letter was written over 30 years ago. Long before many "yets" fell upon so many family members. But despite his letter and the plea not to dismiss it, many of his fears have come to fruition. Four of his nine grandchildren are alcoholics and/or addicted to other mind-altering substances. Of those four; one is dead, two are in recovery. I wish that letter sparked the spiritual experience I needed to protect myself from 20 more years of alcoholic drinking but I'm glad I had a teacher that sowed a lesson for me that I was able to reap eight years after his passing. And, I will continue to share his ramblings to future descendants of alcoholics.

— Jill G.

STEP TWELVE

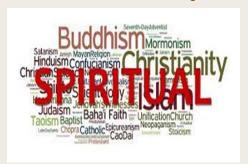


"Having had a spiritual awakening as a result of these steps, we tried to carry the message to alcoholics and to practice these principles in all our affairs."

What is a spiritual awakening?

The 12X12 tells us that a spiritual awakening is when someone has been able to do, feel, and believe that which they could not do before on their unaided strength and resources alone.

WOW! That seems almost to good to be true. But I know that it is true. In early sobriety, when I was just starting on my journey through the steps of the program, a spiritual awakening sounded like something for a Buddhist monk or a born-again Christian. Certainly not for the likes of me.



Step by step I learned and grew in this amazing program. I learned that any experience I had in staying sober could be passed on to others. I learned the importance of attending meetings, of participating by raising my hand and sharing. I learned how to sponsor others to help them reach their goal of a spiritual awakening. By working the program step by step, I have gained much insight into myself and how to become a better person because of it.

Day by day my journey continues as I strive to practice the principles of the steps in all my affairs. Now, that is truly a spiritual awakening for someone who was once a daily black out drinker. There is hope for all of us in Alcoholics Anonymous.

Beth H.

Carrying the Message:

From Dr. Bob's Last Talk...

"And one more thing: None of us would be here today if somebody hadn't taken time to explain things to us, to give us a little pat on the back, to take us to a meeting or two, to do numerous little kind and thoughtful acts in our behalf. So let us never get such a degree of smug complacency that we're not willing to extend, or at-



tempt to extend, to our less fortunate brothers that help which has been so beneficial to us."

From Dr. Bob's brief remarks on Sunday, July 30, 1950 AA's first International Convention in Cleveland, Ohio.

The Christmas Presents Had Fallen Off a Truck

My first sober Christmas was in 1989 which I only vaguely remember. But 1988 was a doozy, I know that I was unable and unwilling to go Christmas shopping, so I ended up with a few items that had "fallen off the back of a truck."

I was barely able to get to my parents' house to exchange gifts, choke down some food my mother had spent days preparing, and leave as soon as humanly possible.

The following month I was treated to "an intervention" and February I was treated to an all-expense-paid trip to a treatment facility, which saved my life: truly a godsend and unmerited gift.



- Fred F.











No Spiked Eggnog? No Rum Cake?



How could I possibly have a good Christmas without holiday parties with spiked eggnog, or Grandpa's rum cake?

It's a lot easier than I thought it could be. My sobriety date is November 27th. My first sober Christmas is a fuzzy memory. I guess I just hadn't enough sober time under my belt to clear the alcoholic fog. Somehow I was able to stay sober and make it through. I spent the holiday at my brother's house and for the first time in years I behaved myself.

A miracle in itself.

I do remember all the Christmases since that first one. What I remember the most is that I remember! I used to be a daily black out drinker and didn't remember many occasions or holidays spent with my family, or years later, alone. What a difference sobriety makes. I now have the tools to help me stay sober tucked away in my handy tool box.

Always have a plan to leave if you begin to feel uncomfortable when alcohol is around. Drive your-self. If that is not possible give a trusted friend or family member a signal you can use to let them know its time to go. Hold a glass of soda or juice or cup of coffee so your hands are "busy" holding something besides alcohol. Maybe gravitate to people who aren't drinking. Usually, they don't get louder the more ginger ale they consume. Hold your Higher Power close. He/she/it will help keep you sober. Talk to AA friends before and after the Holidays for additional ideas and support.

If I, a daily black out drinker, can stay sober on holidays and everyday, it's possible for anyone who wants it.

Have a Merry Christmas and a blessed New Year.

One of Us Ruined Christmas

It was a day or so before Christmas. I was playing by the Christmas tree, trying to guess what the boxes with my name on them had inside. The tree was gorgeous, the most beautiful thing my 9-year-old eyes had ever seen, and the Christmas angel looked like he had come straight from heaven.

I thought I was playing quietly, but apparently not quietly enough. My dad worked nights, and I had woken him up. He came out of the bedroom screaming in several of the different languages he spoke. I didn't know what most of the words he used meant, but I know how I felt.

Before my mom could come into the living room and calm him down, my dad had kicked over the Christmas tree and stomped some of the packages.

"See what you made me do?!" he screamed at me. "You made me do that! You ruined Christmas!" He said a lot more to me and to my mom before going back to bed.

I had ruined Christmas. My dad had told me so, so it had to be true.

It took a long time and years of sobriety before I realized I was not the one who had ruined that Christmas, and that I could celebrate Christmas without that memory – the shock, the horror, the guilt – being part of my own Christmas story.

- TCS











At a Meeting... With A Bottle In the Car

It was a typical Christmas Eve. Everybody but me got to drink. Of course I didn't think about any of the people in AA who weren't drinking, just the ones who could. I had been sober or alcohol- and drug-free since July 29, 1980. I had admitted I was an alcoholic but I sure as hell hadn't accepted it. I was pissed off and full of self pity... at the age of 22 I felt condemned to the halls of AA. It certainly felt like a punishment.

On Christmas Eve 1982 I decided the hell with it. I'm going to drink. So I went to the store and bought a bottle of wine. On the way home I got a phone call from another AA who said she desperately needed a meeting. I didn't tell her I had a bottle in the car, but I knew I had to do my AA duty so I picked her up in Northborough and we went to the Marlborough Hospital Friday night meeting. I recognized the chairperson from Worcester, John K.

He opened the meeting by saying no matter what's going on in your life tonight you don't have to drink. I won't tell you what my first thought was, but it wasn't pleasant. He introduced the first speaker, and they had quite a few speakers that night. Before he introduced the second speaker he said no matter what's going on in your life tonight, you don't have to drink.

By now I had started listening to the meeting. John continued to repeat those words as he introduced each speaker. Nothing else. I can't tell you what any other speaker said that night but when I was done with the meeting I had a brainstorm. I didn't need to drink that night. And I didn't.

John saved my life that night. I remember like it was yesterday. I was pretty shy and quiet back then, so it took about six months before I ran into John at a meeting and finally had the guts to go up and tell him what he had done for me that night. We maintained a special bond until he passed away, sober, and I have remained sober as well.

We never ever know who will be used to carry the message. My job is to keep listening.

— Donna H.



A Drunk Thanksgiving... But A Sober Christmas

I came into AA in February, 2009. My first year was touch and go. The first three holidays (Memorial, 4th of July, and Labor Day) went great. I did not have any issues, nor did I want to pick up a drink. I did well even on the 4th of July, the family's big get together during the summer. It was a fun time.

But then came Thanksgiving. I had not picked up a drink in over six months by then. Thanksgiving dinner was at my in-laws. I fondly call them *the outlaws*. They knew I had joined AA. Out of their love and compassion, they had decided to purchase non-alcoholic beer for me. They gave it to me in one of those nice, frosted mugs, pouring it nice and slow, so it ends up looking nice and pretty. It had been a long time since I had a beer (a whole six months), and it tasted good. They told me if I wanted another, all I needed to do was to head downstairs and grab it out of the refrigerator that was in their bar, a fully stocked bar with all its fix-



ings. Me, an alcoholic in early sobriety with no one around to see me. Not a good situation to be in. And I was not prepared.

I soon found myself mixing a drink and finishing it before heading back upstairs to rejoin the family. Before I picked up that first drink, my stinking thinking had crept in and taken over. I began to rationalize six-month sobriety against a thirty-year run of hard-core drinking, I thought I had control. I remembered feeling that I since had quit for six whole months, I could stop and start when I want. Right?

What went wrong?

First, I didn't know there is alcohol in non-alcoholic beer, about a quarter of one percent, not enough to catch a buzz. But it is enough to trigger the craving. The obsession follows. Then I rationalized my actions and romanced the next drink.

I lost my battle with alcohol that day. I lost my sobriety.

I went back to my home group, got another 24-hour chip, and, more importantly, I got a sponsor and started to work they program. I needed to be honest with myself. I drank more than a quart of hard liquor a day. Of course I was addicted. Alcohol is an addictive substance and I was an alcoholic.

When Christmas came, my sponsor suggested that I go to more meetings and that I needed to contact him daily. He helped me stay safe. I needed that. I was not sure of what I was doing.

A sponsor helps you to navigate the steps and is not afraid to call you out on your s***.

Christmas was better than Thanksgiving. I did not need to drink. That answer to my alcohol problem was, is, and will continue to be the Twelve Steps. These are the steps I take on my journey through life. Now I just have to continue the journey.

— The Digital Drunk



Short Form

Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.

Long Form

And finally, we of Alcoholics Anonymous believe that the principle of anonymity has an immense spiritual significance. It reminds us that we are to place principles before personalities; that we are actually to practice a genuine humility. This to the end that our great blessings may never spoil us; that we shall forever live in thankful contemplation of Him who presides over us all.

Understanding Anonymity

Anonymity is often referred to as the greatest single protection the Fellowship has to assure its continued existence and growth. In stressing the equality of all A.A. members — and unity in the common bond of their recovery from alcoholism — anonymity serves as the spiritual foundation of A.A.

If we look at the history of A.A., from its beginning in 1935 until now, it is clear that anonymity serves two different yet equally vital functions:

Anonymity at the Personal level

- At the personal level, anonymity provides protection for all members from identification as alcoholics, a safeguard often of special importance to newcomers.
- As valuable as privacy is to new members, most of them are eager to share the good news of their A.A. affiliation with their families. Such a disclosure, however, is always their own choice.

Anonymity at the Public level

- At the level of press, radio, TV, films, and on the internet practicing anonymity stresses the equality of all A.A. members. Maintaining anonymity at this level puts the brakes on those who might otherwise exploit their A.A. affiliation to achieve recognition, power, or personal gain.
- When using social media and other online platforms, A.A. members are responsible for their own anonymity and that of others. When we break our anonymity in online forums, we may inadvertently break the anonymity of others. Protecting anonymity is a major consideration for A.A. members who are moving online in ever-growing numbers.

— AA.org

Pronouncing that tongue twisting "A" word: an-o-nym-i-ty

The first step to understanding anonymity is learning how to pronounce it.

For some reason thousands of newcomers regularly get tongue tied and mush mouthed when they say it. Here's a simple trick.

Mr. and Mrs. Nimity have a daughter. Her name is Anna... Anna Nimity.

That Dirty "D" Word... Drugs



We are Alcoholics Anonymous. Narcotics Anonymous is a separate program.

If you are an alcoholic go to AA.

If you are an addict, go to NA.

If you are both...

As tens of thousands of AAs around the world say every day as they open their meeting: **The only requirement for membership is a desire to stop drinking.** The fact that they may also want to stop drugging, overeating, gambling, being co-dependent, or anything else, doesn't matter as long as they also want to stop drinking.

Some say that the Dirty "D" word – drugs – should never be talked about, or even mentioned, in an AA meeting or in AA or AA-related publications, such as The Beacon. But it shows up everywhere, including in the Big Book. If we exclude any alcoholic who used drugs from our program, we would have to exclude one of our founders.

The world has changed since AA started in 1935. When was the last time you met a newcomer who did not have at least some drugs as well as drinks in their story? And if you ignore drugs and pretend they are not part of AA, how do you define sobriety? My sobriety date is also my clean date.

BILL W. and Dr. BOB

I had a friend who had been drink-free in AA for more than 13 years,

and had kept his "sobriety" date by smoking non-habit-forming marijuana for most of, if not all of, his 4,600 -plus "sober" days. This was not a matter of using medically justified marijuana because of a condition, like glaucoma, or an illness or pain, but because he liked to get "serene."

When I found out about his marijuana-maintenance program... it explained so much.

I've been sober for a bunch of 24 hours. Aside from emptying several tanker trucks of scotch, beer, and bourbon in my drinking years I also smoked a little dope, and took a lot of pills before AA. I could milk a root canal, or any other dental surgery, for months of insurance-company-paid-for pain killers.

They are part of my story, so, I mention them. My former drug use does not make me less of an alcoholic. I introduce myself as an alcoholic at AA meetings, not an alcoholic-addict. And I cringe when people identify as an alcoholic-addict. If they identify as an addict only, I think they should go to NA. When I go to NA meetings I identified as an addict, When I go to Al-Anon I identify as an Al-Anon. I respect the 12 Steps of whatever program I am attending.

I love the way the cofounders of AA represent so many of us. Those who have never had a drink since starting can look at Bill, a "pure" alcoholic who never drank again after his "white light" experience. For those who have slipped and/or are also addicts we have Dr. Bob, who got drunk at a medical convention after his first try at getting sober and letting Bill move in with him, his wife Anne, and their two children, Bob Jr., and Sue.

Page 149 of "Pass It On" talks about Dr. Bob, a proctologist, coming back from that infamous medical convention drunk, and what happened the following day, and how Bill gave him what turned out to be

his is last drink... and drug... before he performed rectal surgery:

"Doctor Bob said not another word that morning. He was shaking miserably as he got into his clothes. Bill and Anne drove him to the hospital, and just before stopping the car, Bill handed him 'one goofball' and a single bottle of beer, to curb the shakes. Doctor Bob got out of the car and walked into the hospital. Bill and Anne went home to wait."

(Continued next page)



(Continued from previous page)

You can find another alcoholic-addict, and a doctor, in the Big Book, Dr. Paul O, who wrote:



"Acceptance is the answer to all my problems today. When I am disturbed, it is because I find some person, place, thing, or situation—some fact of my life—unacceptable to me, and I can find no serenity until I accept that person, place, thing, or situation as being exactly the way it is supposed to be at this moment. Nothing, absolutely nothing, happens in God's world by mistake. Until I could accept my alcoholism, I could not stay sober; unless I accept life completely on life's terms, I cannot be happy. I need to concentrate not so much on what needs to be changed in the world as on what needs to be changed in me and my attitudes."

It is on page 417 of the 4th edition of the Big Book in the story **Acceptance Was the Answer**. In the intro we learn that: "The physician wasn't hooked, he thought – he just prescribed drugs medically indicated for his many ailments." In the 3rd edition the story is entitled **Doctor**, **Alcoholic**, **Addict**.

Some people wanted the story dropped from the 4th edition because Dr. Paul was an *alcoholic-addict*. Luckily more people wanted it kept in because the power of his words: "*Acceptance is the answer…*"

Changing the title so the offensive word "addict" disappeared was a compromise with those who interpret the 5th Tradition to mean that we should not bring drugs into any aspect of AA. The 5th Tradition states:

Each Alcoholics Anonymous group ought to be a spiritual entity having but one primary purpose – that of carrying its message to the alcoholic who still suffers.

It does NOT exclude any alcoholic who is also an addict, an overeater, codependent, a gambler, etc.

If drugs are part of your story, tell it. Share it, but mainly focus on your alcoholism. Other alcoholic-addicts – especially newly clean and sober ones – just may need to hear it to stay both clean and sober.



Concept XII

General Warranties of the Conference: in all its proceedings, the General Service Conference shall observe the spirit of the A.A. Tradition, taking great care that the conference never becomes the seat of perilous wealth or power; that sufficient operating funds, plus an ample reserve, be its prudent financial principle; that none of the Conference Members shall ever be placed in a position of unqualified authority over any of the others; that all important decisions be reached by discussion, vote, and whenever possible, by substantial unanimity; that no Conference action ever be personally punitive or an incitement to public controversy; that though the Conference may act for the service of Alcoholics Anonymous, it shall never perform any acts of government; and that, like the Society of Alcoholics Anonymous which it serves, the Conference itself will always remain democratic in thought and action.

— The Twelve Concepts Illustrated



Worcester Area Intergroup, Inc.

1 December 2022 - 31 December 2022

12/1	Thu	7:00 PM - 8:30 PM <u>District 26 Meeting</u>	Currently meeting in-person and on Zoom. Emmanuel Lutheran 1200 John Fitch Hwy Fitchburg MA Zoom information. Available @ aaworcester.org		
		7:30 PM - 8:30 PM <u>District 24 GSR</u> Meeting	Normally held on the 1st Thursday at 7 pm at Trinity Church on Elm Street in Concord. Zoom link: us04web.zoom.us/j/9296006039?pwd ANBPBF		
12/6	Tue	7:30 PM - 8:30 PM <u>District 25 GSR</u> Meeting	Hybrid meeting (Zoom+in-person) Salem Covenent Church 215 Mountain St East Worester MA Web link: zoom.us/j/311969752 Password: Sober2020 District 25 GSR meeting in-person & Zoom.		
12/8	Thu	In-Person: Salem Covenant Church 215 Mountain St E. Worcester Online Zoom Link: zoom.us/j/912007235 Passcode Sober2020			
12/11	Sun	2:00 PM - 6:00 PM <u>Holiday Party</u>	Hosted by WAI's social committee at Salem Covenent Church,		
12/13	Tue	7:30 PM - 8:30 PM <u>District 23 GSR</u> Meeting	District 23 GSR meetings the 2nd Tuesday, 7:30 pm at Faith Community Church, 146 E. Main St in Hopkinton and on Zoom.		
12/24	Sat	12:00 PM - 9:00 PM <u>Christmas Alca-</u> thon	Hosted by WAI & District 25 Alcathon Committee. Visit <u>WorcesterAlcathon.com</u> . to view alcathon schedule:		
		12:00 PM - 3:00 PM <u>District 23 Alca-thon</u>	For details see: <u>Flyer</u> on Intergroup website.		
	Sun	12:00 PM - 3:00 PM <u>District 23 Alca- thon</u>	For details see: <u>Flyer</u> on Intergroup website		
12/25		8:00 AM - 9:00 PM <u>Christmas Alcathon</u>	Hosted by WAI & District 25 Alcathon Committee. Visit WorcesterAlcathon.com To view the Alcathon schedule.		
		10:00 AM - 9:00 PM <u>Maynard NOW</u> <u>Alcathon</u>	For details see: <u>Flyer</u> on Intergroup website.		
12/31	Sat	12:00 PM - 9:00 PM <u>New Years Alca-</u> thon	Hosted by WAI & District 25 Alcathon Committee. Visit WorcesterAlcathon.com. to view the groups schedule.		

A _____ walks into a bar....

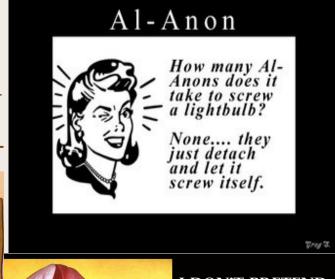
A cable installer walks into a bar and orders a beer. The bartender says, "You'll be served sometime between 7am and 2pm."

A neutron walks into a bar and asks, "How much for a Beer?" The bartender replies, "For you? No charge."

Thomas Edison walks into a bar and orders a beer. The bartender says, "Okay, I'll serve you a beer. Just don't get any ideas."

A gang of default computer fonts walks into a bar. "Get out of my establishment!" Shouts the bartender. "We don't serve your type in here."







I DON'T PRETEND TO BE ANYTHING I AM NOT...

> EXCEPT FOR SOBER, I'VE PRETENDED TO BE SOBER A FEW TIMES.

What's going on

Position	Name	Email
Office Manager	Brandy H.	officemanager@aaworcester.org
Chair	Jane P.	chair@aaworcester.org
Alt-Chair	Ted K.	altchair@aaworcester.org
Secretary	OPEN	secretary@aaworcester.org
Alt-Sectretary	OPEN	altsecretary@aaworcester.org
Treasurer	Katie M	treasurer@aaworcester.org
Alt-Treasurer	OPEN	alttreasurer@aaworcester.org
Trustees	Lynne S.	trustees@aaworcester.org
	Bill S.	
	Ray M.	
	Naomi D.	
Committees/Liasons		
Alcathon	Jeff W	alcathon@aaworcester.org
Beacon	Rich D./ Stef D.	beacon@aaworcester.org
Bookie Exchange	OPEN	bookieexchange@aaworcester.org
Corrections	OPEN	corrections@aaworcester.org
District 25	Matt S.	Currently no email
District 26	Richard M.	WAI@aaDistrict 26.org
HALTLINE	Sue W.	haltline@aaworcester.org
Public Information	Bill G.	pi@aaworcester.org
Social	Dante Q.	social@aaworcester.org
Freatment	Jean O.	treatment@aaworcester.org
Website	Fred F.	webchair@aaworcester.org
Zoom	Brandy H.	zoom@aaworcester.org

NEWS FROM
OUR GENERAL
SERVICE OFFICE

REMINDER: Contributions Address for GSO Has Changed

A separate post office box has been established for Seventh Tradition contributions only.

Please send contribution checks to:

Post Office Box 2407
James A Farley Station
New York, NY 101162407

This dedicated PO box

enables GSO to process contributions much more efficiently and at a significant savings to the Fellowship. You also can continue to make contributions online at **contribution.aa.org** using a major credit card or PayPal.

The Alcathon Committee would like to thank all those who participated in the THANKSGIVING ALCATHON! The event was a roaring success...inspiring messages of experience, strength and hope from the Commitment Groups, fabulous food from the numerous contributions by participants and the food/beverage committee, and most of all love, support, and fellowship from all during a challenging time of year for alcoholics. We look forward to seeing everyone at the Christmas and New Year's Alcathons! Check out www.worcesteralcathon.org, aaemassd25.org, or www.aaworcester.org for further information and the food sign up link!

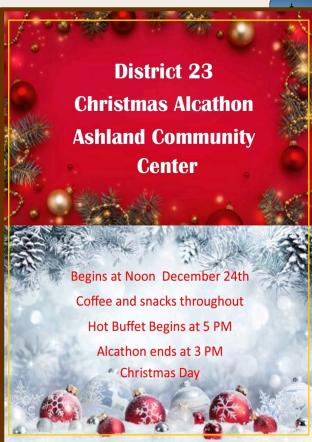


What's going on



What's going on













Thanksgiving Christmas

New Vears

EVE OF HOLIDAYS 12PM - 9PM DAY OF HOLIDAYS 8AM - 9PM

Hosted by District 25 & Worcester Area Intergroup

www.aaworcester.org www.worcesteralcathon.com



SPEAKER MEETINGS STARTING ON THE HOUR EVERY HOUR!



2022 ALCATHON

TIME SLOTS

Day/Date	Time	Group	Day/Date	Time	Group
Saturday 12/24	NOON - 1pm	Holden Thurs Night	Saturday 1/31	NOON - 1pm	Worcester Sat Morn BBSS
Saturday 12/24	1 pm- 2 pm	Hadwen Park	Saturday 1/31	1 pm- 2 pm	Dudley Day at a Time
Saturday 12/24	2 pm - 3 pm	Stronger Together	Saturday 1/31	2 pm - 3 pm	Way of Sobriety
Saturday 12/24	3 pm - 4 pm	Way of Sobriety	Saturday 1/31	3 pm - 4 pm	Eternal Vigilance
Saturday 12/24	4 pm - 5 pm	Webster Triton	Saturday 1/31	4 pm - 5 pm	Path to Recovery
Saturday 12/24	5 pm - 6 pm	As Bill Sees It Worcester	Saturday 1/31	5 pm - 6 pm	Northboro sat Morn
Saturday 12/24	6 pm - 7 pm	Dudley Day at a Time	Saturday 1/31	6 pm - 7 pm	Green Hill Park Noon Time
Saturday 12/24	7 pm - 8 pm	Looney Nooney	Saturday 1/31	7 pm - 8 pm	The Way Out
Saturday 12/24	8 pm - 9 pm	GOYA	Saturday 1/31	8 pm - 9 pm	Shrewsbury BB Workshop
Sunday 12/25	8 am - 9 am	The Way Out	Sunday 1/1	8 am - 9 am	Friends of Bill
Sunday 12/25	9 am - 10 am	Main South Sobriety	Sunday 1/1	9 am - 10 am	As Bill Sees It Whitinsville
Sunday 12/25	10 am - 11 am	It All Starts Here	Sunday 1/1	10 am - 11 am	Crozier
Sunday 12/25	11 am - NOON	Worcester Sat Morn BBSS	Sunday 1/1	11 am - NOON	Mid Day
Sunday 12/25	NOON -1 pm	Shrewsbury BBSS	Sunday 1/1	NOON -1 pm	Hadwen Park
Sunday 12/25	1 pm- 2 pm	Mid Day	Sunday 1/1	1 pm- 2 pm	Westboro Forge
Sunday 12/25	2 pm - 3 pm	Eternal Vigilance	Sunday 1/1	2 pm - 3 pm	As Bill Sees It Worcester
Sunday 12/25	3 pm - 4 pm	Sunset Group	Sunday 1/1	3 pm - 4 pm	Millbury Traditions
Sunday 12/25	4 pm - 5 pm	Northboro Sat Morn	Sunday 1/1	4 pm - 5 pm	Looney Nooney
Sunday 12/25	5 pm - 6 pm	Green Hill Park noontime	Sunday 1/1	5 pm - 6 pm	Webster Triton
Sunday 12/25	6 pm - 7 pm	Millbury Traditions	Sunday 1/1	6 pm - 7 pm	Main South Sobriety
Sunday 12/25	7 pm - 8 pm	People Helping People	Sunday 1/1	7 pm - 8 pm	Reflections
Sunday 12/25	8 pm - 9 pm	Upton Spirit	Sunday 1/1	8 pm - 9 pm	Upton Spirit











Volume 1 Issue 12

Worcester Area Intergroup As of 11/30/2022

Group Name	Amount
Charlton Daybreaker	421.02
Charlton Life Second To None	150.00
Douglas Tuesday Night Step	50.00
Grafton Reflections Group	197.50
Holden Tuesday	100.00
Member	4.00
N. Brookfield Sunset	50.00
Northborough Thursday Mid-Morning	50.00
Putnam Ct-Unity	100.00
Shrewsbury Eternal Vigilance Group # 702689	135.00
South Grafton Thurs. Night Step	80.00
Southbridge Noon Recovery	60.00
Webster Early Risers	57.00
West Boylston Choices	100.00
Worcester Come As You Are # 000355594	20.00
Worcester Crozier Group	20.00
Worcester Daily Choice # 713317	250.00
Worcester Friday Night 12 Step Discussion	50.00
Worcester Mid-Day	200.00
Worcester There Is Hope	50.00
Total	\$ 2,144.52









Worcester Area Intergroup

Office hours:

Monday 10-2 pm
Tuesday 10-8 pm
Wednesday 10-8 pm
Thursday 10-2 pm
Friday 10-2 pm
Saturday 9-2 pm
Sunday Closed



Fill out and mail to Worcester Area Intergroup, Suite 314, 100 Grove St, Worcester, MA 01605. For a printed copy, please enclose \$25.00.00 payment for a one year subscription

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